LIFE GROUP STUDY

For Life Groups or Personal Study - For the week of July 12

WHAT DOES IT SAY?

Read Nehemiah 2.1-8 What is the mood of Nehemiah?

What is the mood of the King?

Why is the King curious about the sadness of Nehemiah?

Read verse 4 again. Why does Nehemiah offer a prayer?

WHAT IS GOD SAYING TO YOU?

Where are you "sad" today? What are you grieving?

What is the attitude of their interaction?

If God, our King, were to ask you what you need, what would you say?

WHAT DOES IT MEAN?

Why is Nehemiah "sad"?

Maybe take time to share your heart and soul to God, what it is that you are "sad" about, grieving over, or whatever is heavy on your heart. Ask the Lord to give you what you sense you need, or even ask Him what it is you need from today.

> As you continue in prayer, who is it that God puts on your heart, who perhaps is "sad" or grieving? Pray for them as you discern what they need.

Seize The Moment Nehemiah 2.1-10

As we continue in Nehemiah, the King recognizes that Nehemiah is "sad" in his presence. Nehemiah has never been "sad" before. The King inquires as to why Nehemiah is "sad". However the King came to that discernment, it appears that he is empathetic. The King then inquires as to what he could do to help.

As we gather for worship, perhaps you are "sad", and your heart is heavy. You can put on a good front, but God, the true King, knows your spirit. He also is the one who has what you need. Allow the heaviness in your heart, the confusion in your soul, the weariness of your Spirit to be fully surrendered to the One who sits on the throne and can heal your deepest wound.

Because of Christ, and in His Grace, Pastor Bill

CONNECT THROUGH LIFE GROUPS

THE PURPOSE OF LIFE GROUPS

Life Groups can be short, 10-week, sermon-based groups that promote spiritual growth through building meaningful Christian relationships and the study of God's Word (Colossians 1.28).

Here's how it happens:

SHARE: We share what is happening in our lives.

STUDY: We study and discuss the questions on this sermon notes page in relation to Sunday's sermon. Our goal is to apply what we learn.

SUPPORT: We do this by: praying for one another, encouragement, listening, challenging one another and meeting needs.

SERVE: We do a service project during each quarter we meet. Our desire is to share God's love with others by meeting real needs.

GO ONLINE to learn more about Life Groups: find an open group or sign up for a group online: yakimagrace.com/life. Or, stop by the Welcome Center in the Garden Room or call the office at 248-7940