

The Pathway to Soul Peace!

The world will call this “inner peace.”

****Philippians 4:6-9 (NLT)** *Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done. Then you will experience God's peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus.*

I. Two Types of Peace

1.) Peace with others

Romans 12:18 (NASB 2020) *If possible, so far as it depends on you, be at peace with all people.*

Matthew 5:9 (NASB 2020) *“Blessed are the peacemakers, for they will be called sons of God.”*

2.) Soul Peace

Philippians 4:6 (NKJV) *Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God; **and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus.***

John 14:27 *“I am leaving you with a gift--peace of mind and heart! And the peace I give isn't fragile like the peace the world gives. So don't be troubled or afraid.”*

II. Soul Peace

1.) God desires for you to have soul Peace

Psalms 35:27 *Let them shout for joy and be glad, Who favor My righteous cause; And let them say continually, "Let the Lord be magnified, Who has pleasure in the **prosperity** of His servant."*

Prosperity: *Shalom*; Peace: Completeness, wholeness, peace, health, welfare, safety, soundness, tranquility, prosperity, perfectness, fullness, rest, harmony.

This peace is mentioned over 250 times in the OT alone.

Psalms 29:11 *The Lord will give [unyielding and impenetrable] strength to His people; the Lord will bless His people with peace.*

2.) True soul / inner peace is the result of a relationship with God

Romans 5:1 (TPT) *Our faith in Jesus transfers God's righteousness to us and He now declares us flawless in His eyes. This means we can now enjoy true and lasting peace with God, all because of what our Lord Jesus, the Anointed One, has done for us.*

Psalms 23:1-3 (NKJV) *The LORD is my shepherd: I shall not want. He makes me to lie down in green pastures: He leads me beside the still waters. **He restores my soul**; He leads me in the paths of righteousness For His name's sake.*

John 16:33 (AMP) *I have told you these things, so that in Me you may have [perfect] peace and confidence. **In the world you have tribulation and trials and distress and frustration; but be of good cheer [take courage; be confident, certain, undaunted]!***

3.) Peace is not the absence of trouble

Philippians 4:7 (NKJV) *and the peace of God, **which surpasses all understanding**, will guard your hearts and minds through Christ Jesus.*

Psalms 23:4 (NKJV) *Yea, though I walk through the valley of the shadow of death, I will fear no evil: For You are with me; Your rod and Your staff, they comfort me.*

Matthew 10:34 (NLT) *“Don't imagine that I came to bring peace to the earth! I came not to bring peace, but a sword.”*

There are times in our lives when it seems all of hell is against us! Maybe you stepped out in faith on something, and it did come out the way you anticipated. Maybe you're believing God for something, and it hasn't happened yet...! All of this can create anxiety, stress, tension...

Faith isn't built in the absence of trouble. It's forged in the middle of the fire!

1 Peter 1:6-7 (ESV) In this you rejoice, though now for a little while, if necessary, you have been grieved by various trials, so that the tested genuineness of your faith—more precious than gold that perishes though it is tested by fire—may be found to result in praise and glory and honor at the revelation of Jesus Christ.

These fiery trials that we face are meant to develop our trust in God, not just for good outcomes, but so that we can know Him better.

III. Soul Peace is trusting God and keeping your thoughts on Him!

Philippians 4:4-7 (NASB 2020) **Rejoice in the Lord always**; again I will say, rejoice! Let your gentle spirit be known to all people. The Lord is near. Do not be anxious about anything, but in everything by prayer and pleading with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all comprehension, will guard your hearts and minds in Christ Jesus.

Philippians 4:8 (NLT) And now, dear brothers and sisters, one final thing. **Fix your thoughts on what is true**, and honorable, and right, and pure, and lovely, and admirable. Think about things that are excellent and worthy of praise.

Isaiah 26:3 (NKJV) You will keep him in perfect peace, **whose mind is stayed on You**...

Soul peace is the result of trusting God

Psalms 42:5 (NASB 2020) **Why are you in despair, my soul?** And why are you restless within me? Wait for God, for I will again praise Him For the help of His presence, my God.

Colossians 3:15 (NLT) **And let the peace** that comes from Christ rule in your hearts. For as members of one body you are called to live in peace. And always be thankful.

You have to fight for it!

2 Corinthians 10:5 (NLT) We destroy every proud obstacle that keeps people from knowing God. We capture their rebellious thoughts and teach them to obey Christ.

Hebrews 12:2 (TPT) We look away from the natural realm and we focus our attention and expectation onto Jesus who birthed faith within us and who leads us forward into faith's perfection. His example is this: Because his heart was focused on the joy of knowing that you would be his, he endured the agony of the cross and conquered its humiliation, and now sits exalted at the right hand of the throne of God!