

# Breaking the Silence!

## Praying in the Holy Spirit

**\*Jude 1:20 (NASB 2020)** But you, beloved, building yourselves up on your most holy faith, praying in the Holy Spirit,

### I. Let love be your Highest Goal

**1 Corinthians 14:1 (NLT)** Let love be your highest goal! But you should also desire the special abilities the Spirit gives—especially the ability to prophesy.

**1 Corinthians 13:1 (NLT)** If I could speak all the languages of earth and of angels, but didn't love others, I would only be a noisy gong or a clanging cymbal.

**Praying in the Holy Spirit is a Spiritual Gift with a purpose**

**1 Corinthians 12:7 (NLT)** A spiritual gift is given to each of us so we can help each other.

**1 Corinthians 12:25-26 (NLT)** This makes for harmony among the members, so that all the members care for each other. If one part suffers, all the parts suffer with it, and if one part is honored, all the parts are glad.

### II. The Word directs us to pray in the Holy Spirit

#### 1. We are directed

**Ephesians 6:18 (NLT)** Pray in the Spirit at all times and on every occasion. Stay alert and be persistent in your prayers for all believers everywhere.

**1 Corinthians 14:5 (NASB 2020)** Now I wish that you all spoke in tongues...

**1 Corinthians 14:15 (NLT)** Well then, what shall I do? I will pray in the spirit, and I will also pray in words I understand. I will sing in the spirit, and I will also sing in words I understand.

#### 2. What does it look like

**1 Corinthians 14:2 (NLT)** For if you have the ability to speak in tongues, you will be talking only to God, since people won't be able to understand you. You will be speaking by the power of the Spirit, but it will all be mysterious.

**1 Corinthians 14:2 (MSG)** If you praise Him in the private language of tongues, God understands you but no one else does...

**1 Corinthians 14:2 (TPT)** When someone speaks in tongues, no one understands a word he says.

**1 Corinthians 13:1 (NLT)** If I could speak all the languages of earth and of angels...

### III. The Purpose of Praying in the Holy Spirit

#### 1. Spiritual Growth

**1 Corinthians 14:2-4 (TPT)** When someone speaks in tongues, no one understands a word he says, because he's not speaking to people, but to God—he is speaking intimate mysteries in the Spirit. Vs. 4. The one who speaks in tongues advances his own spiritual progress...

**1 Corinthians 14:2-4 (NASB 2020)** For the one who speaks in a tongue does not speak to people, but to God... Vs. 4. A person who speaks in tongues is strengthened personally...

**Matthew 26:41 (NLT)** Keep watch and pray, so that you will not give in to temptation. For the spirit is willing, but the body is weak!"

**\*Jude 1:20 (NASB 2020)** But you, beloved, building yourselves up on your most holy faith, praying in the Holy Spirit,

**John 16:7 (NASB 2020)** But I tell you the truth: it is to your advantage that I am leaving; for if I do not leave, the Helper will not come to you; but if I go, I will send Him to you.

**Romans 8:2 (TLB)** For the power of the life-giving Spirit—and this power is mine through Christ Jesus—has freed me from the vicious circle of sin and death.

**Romans 8:5 (TLB)** Those who let themselves be controlled by their lower natures live only to please themselves, but those who follow after the Holy Spirit find themselves doing those things that please God.

**\*\*\*Galatians 5:16 (NLT)** So I say, let the Holy Spirit guide your lives. Then you won't be doing what your sinful nature craves.

#### 2. Help in our lack of understanding or strength

**Romans 8:26 (NLT)** And the Holy Spirit helps us in our weakness. For example, we don't know what God wants us to pray for. But the Holy Spirit prays for us with groanings that cannot be expressed in words.

**1 Corinthians 14:14 (NASB 2020)** For if I pray in a tongue, my spirit prays, but my mind is unproductive.

**How many times have we wanted to pray for someone and did not now how or what we should prayer?**

**Matthew 5:44 (NKJV)** But I say to you, love your enemies, bless those who curse you, do good to those who hate you, and pray for those who spitefully use you and persecute you.

**Luke 6:27-28 (NLT)** "But to you who are willing to listen, I say, love your enemies! Do good to those who hate you. Bless those who curse you. Pray for those who hurt you.

#### **IV. Illustration of two boats on the water**

##### **The first is a rowboat.**

The person inside is rowing with all their strength—pulling the oars, straining their muscles, sweating, getting tired. They're moving, but slowly, and eventually they wear out.

##### **The second is a sailboat.**

The sailor still has responsibility—raising the sail, steering the rudder—but the power does not come from the sailor. The power comes from the wind. When the wind fills the sail, the boat moves with strength far beyond human effort.

Prayer works the same way. Many believers pray like they are rowing: Searching for the right words, Repeating phrases, Trying to "push" prayers through, becoming exhausted or discouraged.

But praying in the Holy Spirit is like sailing. You still show up. You still open your mouth. You still turn your heart toward God.

But you are no longer relying on your own strength or understanding. You allow the Holy Spirit to fill the sail, to guide your words, stir your heart, and intercede when you don't know what to say.

**1 Corinthians 14:18 (NASB 2020)** I thank God, I speak in tongues more than you all;