

## SEQUOIA NOTES

### Today's Sequoia @10:10 Message...

#### The One Who Calms the Storm

With Gerrit Nieuwoudt

March 10, 2019



Mark 4:35-41 As evening came, Jesus said to his disciples, "Let's cross to the other side of the lake." <sup>36</sup> So they took Jesus in the boat and started out, leaving the crowds behind (although other boats followed). <sup>37</sup> But soon a fierce storm came up. High waves were breaking into the boat, and it began to fill with water.<sup>38</sup> Jesus was sleeping at the back of the boat with his head on a cushion. The disciples woke him up, shouting, "Teacher, don't you care that we're going to drown?" <sup>39</sup> When Jesus woke up, he rebuked the wind and said to the waves, "Silence! Be still!" Suddenly the wind stopped, and there was a great calm. <sup>40</sup> Then he asked them, "Why are you afraid? Do you still have no faith?" <sup>41</sup> The disciples were absolutely terrified. "Who is this man?" they asked each other. "Even the wind and waves obey him!"

**Big Idea: Trust God in the midst of a "storm" because He is faithful and able to calm any storm.**

"The name of the Lord is a strong tower, the godly run to him and are safe."  
Proverbs 18: 10

#### 1) There is purpose in the storm.

"This happened so that the works of God might be displayed in him." John 9:3

#### 2) All storms come to an end.

"Now one greater than Jonah is here!" Matthew 12:41

"For God so loved the world (loved you) that He gave his one and only son, that whoever believes in him shall not perish but have eternal life." John 3:16

#### So what do we do?

- Spend regular time in God's word.

- Stay connected.

"I will never fail you. I will never abandon you." Hebrews 13:5

*The Translation of the Bible Scriptures used in today's 10:10 service are from the New Living Translation (NLT).*



## **IMPACT COMMUNITIES**

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**The One Who Calms the Storm**

**#8 of 21 — March 10, 2019**

1) Take some time to discuss how your IC has been and will live out the Kingdom of Jesus together.

- In what ways have we been living like family recently? How will we live out our family identity in the coming week?
- How have we lived as servants to one another or to our world this past week? What needs or opportunities to serve is God asking us to lean into?
- How have we lived on mission where we live, work, play, or went this past week? Who do we know that needs to hear the good news of Jesus?

2) How did the message resonate with you? What questions or comments did it raise for you? What was your most significant takeaway?

3) Share some examples from your life with your Impact Community of some storms you have encountered in your life. What lessons have you learned from these experiences? How can you apply these lessons in the future?

4) Read Mark 4:35-41. What do you learn about Jesus in this passage? Are there any phrases or words that stand out to you? What is your most significant takeaway?

5) Read Jonah 1 and Matthew 12:38-45. Do you see any similarities between the two stories? What do you think it means when Jesus says: "Now someone greater than Jonah is here?"

6) Do you find it difficult to trust God in the midst of the storms of life? If so, why is that the case? What truths do you need to embrace from the Gospel to trust God more in the difficult times in your life? Discuss this as a group.

7) In light of your study today, what is God asking you to do?

8) How can we best support each other during difficult times as a Family of Servants on Mission?



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