



IMPACT COMMUNITIES
real life. real impact.

Sequoia Impact Communities are a place to experience real life & real impact.

To get plugged in email:

impactcommunities@sequoiachurch.org

Encourage One Another #9 of 9 - Sept. 3

1. Take some time to share about how God has been working in and through you this past week using the B.L.E.S.S. habits questions.
 - How has the Gospel been a **Blessing** to you this week?
 - What are you hearing from God as you **Listen** to the Spirit & read God's Word, the Bible?
 - Who have you had an opportunity to **Eat** with this week to build relationship?
 - Who has God led you to **Serve** this week?
 - In what ways have you been able to **Share** about Jesus this week?
2. What resonated with you from the message? Share about a time when you were encouraged by someone and the difference this made in your life.
3. Would people describe you as an encourager? Why or why not? Where do you find it hard to be an encourager?
4. Read Hebrews 10:23-25. What would it look like for you and your IC to think of ways to "spur one another on to love and good works"? In what ways are you doing this well and in what ways could you grow in this area.
5. Read Hebrews 10:19-22. How does this passage inform the "hope" the writer talks about in v. 23. Why is hope so important to our lives? How does this encourage you?
6. In what way does the imminent "return of the Lord" help us grow as encouragers and live according to Kingdom principles? What adjustments is God asking you to make as you seek to embrace this teaching?
7. Who is God asking you to encourage and what is He asking you to do specifically? Spend some time praying though this and respond as the Lord leads you.
8. In what ways do you need encouragement today? Share with the group and pray for one another.



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SEQUOIA NOTES

Today's Sequoia @10:10 Message...

Encourage One Another

With Ryan Dawson, Lead Pastor

Sept. 3, 2016



The Love of Jesus at Work in His Church

“Heightened prefrontal activity, which is associated with positive emotions, enhances mental abilities such as creative thinking, cognitive flexibility and the processing of information.” Daniel Goleman Social Intelligence: The New Science of Human Relationships

Hebrews 10:23-25 Let us hold tightly without wavering to the hope we affirm, for God can be trusted to keep his promise. ²⁴ Let us think of ways to motivate one another to acts of love and good works. ²⁵ And let us not neglect our meeting together, as some people do, but encourage one another, especially now that the day of His return is drawing near.

- v. 23 “hold tightly...to the hope...”

- “God can be trusted”

- v. 24 “think of ways...”

- “to motivate one another...”

- **Motivate = spur on**

- “to love & good works...”

- v. 25 “...and don’t neglect meeting together, as some people do...”

- “but encourage one another...”

- **Encourage = (parakaleo) - “to call to one’s side, to comfort, to exhort”**

- “day of His return”

Big Idea: We are called to spur one another on to live courageous lives.

Does your life reflect Kingdom priorities?

Who is God asking you to encourage?