

Jonah: Running with God (#3 of 4) March 5, 2017

- 1) Take some time to discuss how your IC has been and will live out the Kingdom of Jesus together.
 - In what ways have we been living like family recently? How will we live out our family identity in the coming week?
 - How have we lived as servants to one another or to our world this past week? What needs or opportunities to serve is God is asking us to lean into?
 - How have we lived on mission where we live, work, play, or went this past week? Who do we know that needs to hear the good news of Jesus?
- 2) What in Sunday's sermon resonated with you? What was significant and/or helpful?
- 3) Read Jonah 3. How has God continued to pursue Jonah? How does Jonah respond to God's leading? What can you learn from this and in what way can you identify with Jonah?
- 4) Read Phil. 1:6, 9-11. What purpose does Paul outline for us as believers? Evaluate how you are living out this purpose? What changes could you make to lean into God's purpose for you in greater ways?
- 5) Read the following verses: Deut. 31:16 , Ephesians 3:16, Phil. 4:19, and 2 Cor. 4:5-7. What do these verses tell us about God equipping us for the work He has for us to do? What do these verses tell us about ourselves?
- 6) Reflect on the quote from Dallas Willard: *"Grace is not opposed to effort, it is opposed to earning. Earning is an attitude. Effort is an action. Grace, you know, does not just have to do with forgiveness of sins alone."* Do you agree or disagree?
- 7) In Jonah chapter 3, Jonah obeys God after experiencing grace. What is the result? How does God's grace open the way for us to walk in obedience? What relationship does grace have with obedience?
- 8) Where is God asking you to step out in faith and obedience today, like Jonah? In what way do you need to repent (make a change in direction), like the Ninevites?

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SEQUOIA NOTES

Today's Sequoia @10:10 Message

Running with God

With Ryan Dawson, Lead Pastor
March 5, 2017



Big Idea: Grace opens the way for us to partner with God though obedience.

“Grace is not opposed to effort, it is opposed to earning. Earning is an attitude. Effort is an action. Grace, you know, does not just have to do with forgiveness of sins alone.” Dallas Willard

God continues to pursue us for His purposes.

Jonah 3:1-3 Then the Lord spoke to Jonah a second time: ² “Get up and go to the great city of Nineveh, and deliver the message I have given you.” This time Jonah obeyed the Lord’s command and went to Nineveh...”

What is God’s purpose for us?

Phil 1:6, 9-11 And I am certain that God, who began the good work within you, will continue his work until it is finally finished on the day when Christ Jesus returns...⁹ I pray that your love will overflow more and more, and that you will keep on growing in knowledge and understanding. ¹⁰ For I want you to understand what really matters, so that you may live pure and blameless lives until the day of Christ’s return. ¹¹ May you always be filled with the fruit of your salvation—the righteous character produced in your life by Jesus Christ—for this will bring much glory and praise to God.

God will equip us where He leads us.

Jonah 3:3-4 This time Jonah obeyed the Lord’s command and went to Nineveh, a city so large that it took three days to see it all. ⁴ On the day Jonah entered the city, he shouted to the crowds: “Forty days from now Nineveh will be destroyed!”

Deut. 31:16

Ephesians 3:16

Phil. 4:19

2 Cor. 4:5-7

Jonah 3:5-10 ⁵ The people of Nineveh believed God’s message, and from the greatest to the least, they declared a fast and put on burlap to show their sorrow. ⁶ When the king of Nineveh heard what Jonah was saying, he stepped down from his throne and took off his royal robes. He dressed himself in burlap and sat on a heap of ashes. ⁷ Then the king and his nobles sent this decree throughout the city: “No one, not even the animals from your herds and flocks, may eat or drink anything at all. ⁸ People and animals alike must wear garments of mourning, and everyone must pray earnestly to God. They must turn from their evil ways and stop all their violence. ⁹ Who can tell? Perhaps even yet God will change his mind and hold back his fierce anger from destroying us.” ¹⁰ When God saw what they had done and how they had put a stop to their evil ways, he changed his mind and did not carry out the destruction he had threatened.

- **Where is God asking you to step out in faith and obedience today, like Jonah?**
- **In what way do you need to repent (make a change in direction), like the Ninevites?**