



IMPACT COMMUNITIES
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Sequoia Impact Communities are a place to experience real life & real impact.

To get plugged in email:

impactcommunities@sequoiachurch.org

Wisdom to Control the Tongue - Jan. 24

1. What was most helpful about this message? What questions did this message raise for you?
2. Why do we so often get into trouble with our words? Share from your experience with the group.
3. Read James 3:1-12. What do you learn from this passage about controlling the tongue? What challenges you about this passage?
4. Review Proverbs 11:9, 12:18, 12:25 & 11:11. What do you learn about using your words to bless others. In what ways could you be intentional in speaking words of blessing?
 - a. At home.
 - b. At work or school.
 - c. With friends.
 - d. In your neighbourhood and community.
5. Read. Ephesians 4:15 but study the whole chapter for the context. What does it mean to “speak the truth in love.” Why is this hard to do?
6. Read Proverbs 29:20, 13:3, & 21:23. Do you find it hard to listen before speaking? Why or why not?
7. Read Proverbs 15:1. How does a gentle answer turn away wrath? Have you seen this work in a real life situation?
8. How are the sins of pride and fear the root issues for sins of the tongue? How is the Gospel the answer to this problem in each one of us? Read Ephesians 4:20-31 and John 1:1-5.
9. What have you sensed God saying to you through your study and what will you do to walk in obedience?



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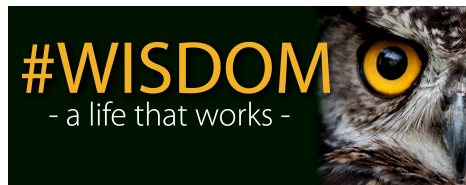
SEQUOIA NOTES

Today's Sequoia @10:10 Message...

Wisdom to Control the Tongue

With Ryan Dawson, Lead Pastor

January 24, 2016



Proverbs 20:15 “Wise words are more valuable than much gold and many rubies.”

James 3:7-10

Big Idea: Because our words have the power to bring life and death we use our speech wisely.

How do we speak wisely? How do we bring life through our words?

🎧 **We speak words of blessing:**

Proverbs 11:9 “With their words, the godless destroy their friends, but knowledge will rescue the righteous.”

Proverbs 12:18

Proverbs 12:25

Proverbs 11:11

🎧 **We speak words of truth:**

Proverbs 12:19 “Truthful words stand the test of time, but lies are soon exposed.”

Proverbs 25:18

How do we guard our speech? Psalm 141:3 “Take control of what I say, O LORD, and guard my lips.”

🎧 **We listen & think before we speak:**

Proverbs 29:20 “There is more hope for a fool than for someone who speaks without thinking.”

Proverbs 13:3

Proverbs 21:23

🎧 **We respond with gentleness, and patience:**

Proverbs 12:16 “A fool is quick tempered, but a wise person stays calm when insulted.”

Proverbs 15:1

Proverbs 25:15 MSG “Patient persistence pierces through indifference; gentle speech breaks down rigid defenses.”

How do you put this into practice?

🎧 **Use your words to bless and build up.**

🎧 **Practice active listening and respond with gentleness.**

🎧 **More Word = better words.** (John 1:1-16)

The Translation of the Bible Scriptures used in today's 10:10 service are from the New Living Translation(NLT).