

SEQUOIA NOTES

Today's Sequoia Message...

The Spirit-Filled Life

With David Hood

Lead Pastor - Southeast City Church

August 2, 2026



What have I learned along the way?

- **We really can't do anything without the presence & power of God.**
- **We need the presence & power of God, specifically we need the filling of the Holy Spirit.**

Acts 1:4-9 (HCSB) While He was together with them, He commanded them not to leave Jerusalem, but to wait for the Father's promise. "This," He said, "is what you heard from Me; ⁵ for John baptized with water, but you will be baptized with the Holy Spirit not many days from now." ⁶ So when they had come together, they asked Him, "Lord, are You restoring the kingdom to Israel at this time?" ⁷ He said to them, "It is not for you to know times or periods that the Father has set by His own authority. ⁸ But you will receive power when the Holy Spirit has come on you, and you will be My witnesses in Jerusalem, in all Judea and Samaria, and to the ends of the earth." ⁹ After He had said this, He was taken up as they were watching, and a cloud took Him out of their sight.

John 20:21-22 (HCSB) Jesus said to them again, "Peace to you! As the Father has sent Me, I also send you." ²² After saying this, He breathed on them and said, "Receive the Holy Spirit."

- **Every person receives the Holy Spirit when they repent & entrust themselves to Jesus Christ as their Saviour & Lord.**
- **BUT, Jesus & the apostles also talk about the need for Christians to be filled with the Spirit.**

Luke 11:9-13 (HCSB) I say to you, keep asking, and it will be given to you. Keep searching, and you will find. Keep knocking, and the door will be opened to you. ¹⁰ For everyone who asks receives, and the one who searches finds, and to the one who knocks, the door will be opened. ¹¹ What father among you, if his son asks for a fish, will give him a snake instead of a fish? ¹² Or if he asks for an egg, will give him a scorpion? ¹³ If you then, who are evil, know how to give good gifts to your children, how much more will the heavenly Father give the Holy Spirit to those who ask Him?"

- **This is the life we were made for- we were made for a Spirit-filled life.**

What then is the filling of the Spirit?

- **The filling of the Spirit is a secondary experience of the Spirit that is accessible to all Christians who desire it & pursue it, & it can be had over & over again throughout one's life.**

Do you want more?



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**The Spirit-Filled Life
#1 of 1 - August 2, 2026**

1. Are you satisfied with your life with God as it is? Do you believe that more is possible?
2. What do you make of the idea of the filling of the Spirit? Does it excite you or terrify you? Why?
3. Do you agree that Christians and churches need the presence and power of God? That we can do nothing without Him? Why? Are you familiar with the "stuckness" that David described at the start of his teaching?
4. Have you experienced the filling of the Spirit? What were the circumstances? What was it like? What was the result? Has it happened more than once? Have you been in a place where there was an outpouring of the Spirit and tangible manifestations of the presence and power of God?
5. Read Luke 11:5-13. Why do you think we have to pursue the filling of the Spirit? Why do we have to keep seeking, knocking, asking?
6. Dream together- What could it look like if Christians were being regularly filled with the Spirit? What could our churches look like? What could our city look like? What could your church look like? Your relationships? The places you live, work, and play?
7. How will you/your IC pursue the filling of the Spirit?
8. How can you pray Ephesians 1:19-23 and 3:16-21 for each other?



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