

# SEQUOIA NOTES

## Today's Sequoia Message...

### Ready Set Wait

With Jeremy Vasic  
December 31, 2023



Psalm 37:1-7 Don't worry about the wicked  
or envy those who do wrong.  
2 For like grass, they soon fade away.  
Like spring flowers, they soon wither.  
3 Trust in the Lord and do good.  
Then you will live safely in the land and prosper.  
4 Take delight in the Lord,  
and he will give you your heart's desires.  
5 Commit everything you do to the Lord.  
Trust him, and he will help you.  
6 He will make your innocence radiate like the dawn,  
and the justice of your cause will shine like the noonday sun.  
7 Be still in the presence of the Lord,  
and wait patiently for him to act.  
Don't worry about evil people who prosper  
or fret about their wicked schemes.

**The temptation of today is to grasp at immediate satisfaction and fulfillment.**

**Hurry and impatience are incompatible with following Christ.**

Proverbs 19:2 (ESV) Desire without knowledge is not good, and whoever makes haste with his feet misses his way.

**To become people who are more like Jesus, we must learn how to wait.**

Mark 6:31 (ESV) And he said to them, "Come away by yourselves to a desolate place and rest a while."

Luke 8:15 And the seeds that fell on the good soil represent honest, good-hearted people who hear God's word, cling to it, and patiently produce a huge harvest.

**We are defined and formed by our waiting.**

**Big Idea: Cultivate patience to be formed into Christlikeness as you hope in Jesus.**

**Get really clear on your values and priorities.**

**Slowing.**

"Cultivating patience by deliberately choosing to put ourselves in positions where we simply have to wait."

**Solitude.**

**Sabbath.**



Sequoia Impact Communities are where we  
live out our identity as a  
**Family of Servants on Mission.**  
To get plugged in email:  
**impactcommunities@sequoiachurch.org**

**Ready Set Wait**  
**December 31, 2023**

- 1) How has the Lord been speaking to you this week?
  
- 2) Read Psalm 37:1-7. What is the **Context** for this passage? Where is this taking place in the book as a whole (what comes before or after)? Who is the writer and who are the recipients? Where does it fit in the Bible?
  
- 3) **Observation:** What “jumps out” in this passages? What interesting details do you observe? What questions come up about the passage? What is the major theme in the passage?
  
- 4) **Meaning:** What was the meaning for the original recipients? What meaning is inferred in this passage for us?
  
- 5) How do you need to cultivate patience in your life today? What does living a life defined by waiting for God look like in your life?
  
- 6) **Application:** How is God speaking to you through this passage?



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