

SEQUOIA NOTES

Today's Sequoia @10:10 Message...

Bread and Water

With Ryan Dawson - Lead Pastor
March 24, 2019



Are you hungry for more? Are you searching? Are you tired? Are you fearful?

Big Idea: Jesus as the Good shepherd provides through His presence.

Mark 6:30-44 (NLT) The apostles returned to Jesus from their ministry tour and told him all they had done and taught. ³¹ Then Jesus said, "Let's go off by ourselves to a quiet place and rest awhile." He said this because there were so many people coming and going that Jesus and his apostles didn't even have time to eat. ³² So they left by boat for a quiet place, where they could be alone. ³³ But many people recognized them and saw them leaving, and people from many towns ran ahead along the shore and got there ahead of them. ³⁴ Jesus saw the huge crowd as he stepped from the boat, and he had compassion on them because they were like sheep without a shepherd. So he began teaching them many things. ³⁵ Late in the afternoon his disciples came to him and said, "This is a remote place, and it's already getting late. ³⁶ Send the crowds away so they can go to the nearby farms and villages and buy something to eat." ³⁷ But Jesus said, "You feed them." "With what?" they asked. "We'd have to work for months to earn enough money to buy food for all these people!" ³⁸ "How much bread do you have?" he asked. "Go and find out." They came back and reported, "We have five loaves of bread and two fish." ³⁹ Then Jesus told the disciples to have the people sit down in groups on the green grass. ⁴⁰ So they sat down in groups of fifty or a hundred. ⁴¹ Jesus took the five loaves and two fish, looked up toward heaven, and blessed them. Then, breaking the loaves into pieces, he kept giving the bread to the disciples so they could distribute it to the people. He also divided the fish for everyone to share. ⁴² They all ate as much as they wanted, ⁴³ and afterward, the disciples picked up twelve baskets of leftover bread and fish. ⁴⁴ A total of 5,000 men and their families were fed.

• Our inadequacies are made adequate in the hands of Jesus.

Psalms 23

John 15:5

• As disciples we are called to serve & nourish others but we do this through Jesus.

Mark 6:45-52 (NLT) Immediately after this, Jesus insisted that his disciples get back into the boat and head across the lake to Bethsaida, while he sent the people home. ⁴⁶ After telling everyone good-bye, he went up into the hills by himself to pray. ⁴⁷ Late that night, the disciples were in their boat in the middle of the lake, and Jesus was alone on land. ⁴⁸ He saw that they were in serious trouble, rowing hard and struggling against the wind and waves. About three o'clock in the morning Jesus came toward them, walking on the water. He intended to go past them,⁴⁹ but when they saw him walking on the water, they cried out in terror, thinking he was a ghost. ⁵⁰ They were all terrified when they saw him. But Jesus spoke to them at once. "Don't be afraid," he said. "Take courage! I am here!" ⁵¹ Then he climbed into the boat, and the wind stopped. They were totally amazed, ⁵² for they still didn't understand the significance of the miracle of the loaves. Their hearts were too hard to take it in.

• When we try to do what Jesus commands in our own strength we will struggle.

Jesus as the Good shepherd provides through His presence. How does He do this?

• Jesus satisfies us as we look to Him for life. John 6:35

What are you chasing today for satisfaction more than Jesus?

• Jesus strengthens us as we yield to the Holy Spirit. Romans 8:5-6

Is there an area of your life you are not yielding to Jesus?

• Jesus saves us as we trust in His sacrifice. John 10:14-15

Receive God's grace & forgiveness today.

• Jesus sends us out as a Family of Servants on Mission.

Reflect Christ wherever you live, work, play, and go.

The Translation of the Bible Scriptures used in today's 10:10 service are from the New Living Translation (NLT).



IMPACT COMMUNITIES
real life. real impact.

**Sequoia Impact Communities are a place to
experience real life & real impact.**

To get plugged in email:

impactcommunities@sequoiachurch.org

Bread and Water
#10 of 21 — March 24, 2019

1) Take some time to discuss how your IC has been and will live out the Kingdom of Jesus together.

- In what ways have we been living like family recently? How will we live out our family identity in the coming week?
- How have we lived as servants to one another or to our world this past week? What needs or opportunities to serve is God asking us to lean into?
- How have we lived on mission where we live, work, play, or went this past week? Who do we know that needs to hear the good news of Jesus?

2) How did the message resonate with you? What questions or comments did it raise for you? What was your most significant takeaway?

3) Read Mark 6:30-44. What do you think the disciples were feeling when Jesus asked them to “feed the people”? Has God asked you to do something that you didn’t feel adequate to do? How does Psalm 23 and John 15:5 speak into this?

4) Why do you think Jesus had the disciples give out the food and collect the leftovers? What does this tell us about Jesus and what does this reveal about how He chooses to partner with us in ministry? What are the implications for this in our Impact Community mission context?

5) Read Mark 6:45-52. Contrast and compare the disciples situation with the absence and presence of Jesus. What is God saying to you in this regard?

6) Read John 6:35. What does it mean for Jesus to be the “Bread of Life”? What are you chasing today for satisfaction more than Jesus?

7) Read Romans 8:5-6. What does the Scripture tell us about the importance of the Holy Spirit in our lives? Is there an area of your life that you are not yet yielding to the Holy Spirit? What will you do about this?

8) Read John 10-14-15. How does this passage grow your love for Christ and cause you to trust Him more?

9) What have you heard from God today in relation to your study and what action steps will you take as a result?



IMPACT COMMUNITIES
real life. real impact.

**Sequoia Impact Communities are a place to
experience real life & real impact.**

To get plugged in email:

impactcommunities@sequoiachurch.org

Bread and Water
#10 of 21 — March 24, 2019

1) Take some time to discuss how your IC has been and will live out the Kingdom of Jesus together.

- In what ways have we been living like family recently? How will we live out our family identity in the coming week?
- How have we lived as servants to one another or to our world this past week? What needs or opportunities to serve is God asking us to lean into?
- How have we lived on mission where we live, work, play, or went this past week? Who do we know that needs to hear the good news of Jesus?

2) How did the message resonate with you? What questions or comments did it raise for you? What was your most significant takeaway?

3) Read Mark 6:30-44. What do you think the disciples were feeling when Jesus asked them to “feed the people”? Has God asked you to do something that you didn’t feel adequate to do? How does Psalm 23 and John 15:5 speak into this?

4) Why do you think Jesus had the disciples give out the food and collect the leftovers? What does this tell us about Jesus and what does this reveal about how He chooses to partner with us in ministry? What are the implications for this in our Impact Community mission context?

5) Read Mark 6:45-52. Contrast and compare the disciples situation with the absence and presence of Jesus. What is God saying to you in this regard?

6) Read John 6:35. What does it mean for Jesus to be the “Bread of Life”? What are you chasing today for satisfaction more than Jesus?

7) Read Romans 8:5-6. What does the Scripture tell us about the importance of the Holy Spirit in our lives? Is there an area of your life that you are not yet yielding to the Holy Spirit? What will you do about this?

8) Read John 10-14-15. How does this passage grow your love for Christ and cause you to trust Him more?

9) What have you heard from God today in relation to your study and what action steps will you take as a result?