



IMPACT COMMUNITIES
real life. real impact.

Sequoia Impact Communities are a place to experience real life & real impact.

To get plugged in email:

impactcommunities@sequoiachurch.org

Totally Dependent (#8 of 8) June 12, 2016

1. Take some time to share about how God has been working in and through you this past week using the B.L.E.S.S. habits questions.
 - How has the Gospel been a **Blessing** to you this week?
 - What are you hearing from God as you **Listen** to the Spirit & read God's Word, the Bible?
 - Who have you had an opportunity to **Eat** with this week to build relationship?
 - Who has God led you to **Serve** this week?
 - In what ways have you been able to **Share** about Jesus this week?
2. 1 Thessalonians is all about Good News and the Gospel. What has been your most significant takeaway from this sermon series?
3. What resonated with you in the message on being Totally Dependent? Was there anything that spoke to you personally?
4. What comes to mind when you think of the word "dependence"? Is this a positive or negative connotation for you?
5. In what ways do you find being dependent on God and others difficult or challenging? Why is that and what does this reveal about you?
6. Read the following passages. What do they reveal about relying on God? Psalm 18:2, Prov. 3:5-6, Is. 41:13, Cor. 10:13, 2 Cor. 1:9.
7. What aspect of your life currently feels like a "sink-hole" (where life is eroding)? How does the Gospel speak into this situation? What aspect of Gospel Dependence in 1 Thess. 5:16-28 would help enlarge your life?
8. Read and pray through Psalm 40: What is God saying to your heart and how is God asking you to respond?
9. In what ways can you and your Impact Community embody this Good News to your neighbourhood?



IMPACT COMMUNITIES
real life. real impact.

Sequoia Impact Communities are a place to experience real life & real impact.

To get plugged in email:

impactcommunities@sequoiachurch.org

Totally Dependent (#8 of 8) June 12, 2016

1. Take some time to share about how God has been working in and through you this past week using the B.L.E.S.S. habits questions.
 - How has the Gospel been a **Blessing** to you this week?
 - What are you hearing from God as you **Listen** to the Spirit & read God's Word, the Bible?
 - Who have you had an opportunity to **Eat** with this week to build relationship?
 - Who has God led you to **Serve** this week?
 - In what ways have you been able to **Share** about Jesus this week?
2. 1 Thessalonians is all about Good News and the Gospel. What has been your most significant takeaway from this sermon series?
3. What resonated with you in the message on being Totally Dependent? Was there anything that spoke to you personally?
4. What comes to mind when you think of the word "dependence"? Is this a positive or negative connotation for you?
5. In what ways do you find being dependent on God and others difficult or challenging? Why is that and what does this reveal about you?
6. Read the following passages. What do they reveal about relying on God? Psalm 18:2, Prov. 3:5-6, Is. 41:13, Cor. 10:13, 2 Cor. 1:9.
7. What aspect of your life currently feels like a "sink-hole" (where life is eroding)? How does the Gospel speak into this situation? What aspect of Gospel Dependence in 1 Thess. 5:16-28 would help enlarge your life?
8. Read and pray through Psalm 40: What is God saying to your heart and how is God asking you to respond?
9. In what ways can you and your Impact Community embody this Good News to your neighbourhood?

SEQUOIA NOTES

Today's Sequoia @10:10 Message...

Totally Dependent (#8 of 8)

With Ryan Dawson, Lead Pastor
June 12, 2016 - Appreciation Sunday!



Our culture values independence over dependence.

Big Idea: Independence erodes life but Gospel dependence enlarges life.

1 Thessalonians 5:16-28 (NLT)

“Always be joyful. ¹⁷ Never stop praying. ¹⁸ Be thankful in all circumstances, for this is God’s will for you who belong to Christ Jesus. ¹⁹ Do not stifle the Holy Spirit. ²⁰ Do not scoff at prophecies, ²¹ but test everything that is said. Hold on to what is good. ²² Stay away from every kind of evil. ²³ Now may the God of peace make you holy in every way, and may your whole spirit and soul and body be kept blameless until our Lord Jesus Christ comes again. ²⁴ God will make this happen, for he who calls you is faithful.

²⁵ Dear brothers and sisters, pray for us.

²⁶ Greet all the brothers and sisters with a sacred kiss.

²⁷ I command you in the name of the Lord to read this letter to all the brothers and sisters.

²⁸ May the grace of our Lord Jesus Christ be with you.”

What does Gospel dependence look like?

Joyful. v. 16

Psalms 16:11 ESV “You make known to me the path of life; in your presence there is fullness of joy; at your right hand are pleasures forevermore.”

Prayerful. v. 17

Thankful. v. 17

Dependent on the Holy Spirit. v. 19

Obedient. v. 21-22

Confident in God and His Grace. v. 23-24

Phil. 1:6 “The One who called you is completely dependable. If he said it, he’ll do it.” MSG

Psalms 40:1-3

The Translation of the Bible Scriptures used in today's 10:10 service are from the New Living Translation(NLT), The English Standard Version (ESV), and The Message (MSG).