



IMPACT COMMUNITIES
real life. real impact.

Sequoia Impact Communities are a place to experience real life & real impact.

To get plugged in email:

impactcommunities@sequoiachurch.org

**Take Up Your Cross and Follow Jesus
Jan. 1, 2017**

1. Take some time to share about how God has been working in and through you this past week using the B.L.E.S.S. habits questions.
 - How has the Gospel been a **Blessing** to you this week?
 - What are you hearing from God as you **Listen** to the Spirit & read God's Word, the Bible?
 - Who have you had an opportunity to **Eat** with this week to build relationship?
 - Who has God led you to **Serve** this week?
 - In what ways have you been able to **Share** about Jesus this week?
 - **What would it; look like if we treated each other and our neighbours** as family? Think about BLESS through the lens of "family."
2. What resonated with you from Sunday's sermon?
3. Read Matthew 17:1-8. Do you sympathize with Peter? In what ways do you "want the mountain without the cross"?
4. In what ways have you avoided suffering, sacrificing, doing the hard work, in your life?
5. Do you agree or disagree that you cannot avoid suffering if you want glory? Do you like or dislike that following Jesus means suffering?
6. Read Phil. 2:6-11 and Romans 8:14-18. How does God's grace motivate us to suffer?
7. What is the glory that awaits us as believers? Read and reflect on Rev. 21-22.
8. What is God saying to you in regard to this message and your study? What are you/we going to do differently this year to apply this teaching?



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SEQUOIA NOTES

Today's Sequoia @10:10 Message

Take Up Your Cross and Follow Jesus

With David Hood, Church Planting Apprentice
Jan. 1, 2017 - Happy New Year!



Matthew 17:1-8 (HCSB)

17 After six days Jesus took Peter, James, and his brother John and led them up on a high mountain by themselves. ²He was transformed in front of them, and His face shone like the sun. Even His clothes became as white as the light.

³Suddenly, Moses and Elijah appeared to them, talking with Him.

⁴Then Peter said to Jesus, “Lord, it’s good for us to be here! If You want, I will make three tabernacles here: one for You, one for Moses, and one for Elijah.”

⁵While he was still speaking, suddenly a bright cloud covered them, and a voice from the cloud said:

This is My beloved Son.

I take delight in Him.

Listen to Him!

⁶When the disciples heard it, they fell facedown and were terrified.

⁷Then Jesus came up, touched them, and said, “Get up; don’t be afraid.” ⁸When they looked up they saw no one except Him — Jesus alone.

At the end of Jesus’ suffering is glory.

Peter wants the mountain without the cross.

Philippians 2:6-11

Romans 8:14-17

Big Idea: You cannot avoid suffering if you want glory.