

- 1) Take some time to discuss how your IC has been and will live out the Kingdom of Jesus together.
  - In what ways have we been living like family recently? How will we live out our family identity in the coming week?
  - How have we lived as servants to one another or to our world this past week? What needs or opportunities to serve is God is asking us to lean into?
  - How have we lived on mission where we live, work, play, or went this past week? Who do we know that needs to hear the good news of Jesus?
- 2) What in Sunday's sermon resonated with you? What was significant and/or helpful?
- 3) If you have one, what is your salvation story? When and where did God rescue you? What did He rescue you from? What has He rescued you to?
- 4) Read Jonah 2. In what ways can you identify with Jonah? What did Jonah learn about himself and about God while he was in the "great fish"?
- 5) Read Psalm 69:1:3, 29-33. How does this Psalm speak into our lives as we deal with difficult circumstances?
- 6) How does believing that salvation is our prerogative and not God's negatively effect our lives?
- 7) What do you think of the idea that moral, religious people are as far from God as immoral/irreligious people? Do you agree? Disagree? Why?
- 8) Read Jonah 2:9. How does embracing or re-embracing that "Salvation is from the Lord" make you a more humble, winsome, gracious, compassionate, worshipful, and hopeful person? How does it transform your life and change your heart?
- 9) Who are your Ninevites? The people that you, perhaps unconsciously, believe are unworthy of God's love and forgiveness? How did Jonah 2 speak to you on this? What are you going to do about it?
- 10) What real life difference did (or will) Jonah 2 and Sunday's sermon make for you this week?

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## SEQUOIA NOTES

### Today's Sequoia @10:10 Message

#### Running into God

With David Hood, Church Planting Apprentice  
Feb. 26, 2017



Jonah 2:1-9 (NLT)

Then Jonah prayed to the Lord his God from inside the fish. 2 He said,

"I cried out to the Lord in my great trouble,

and he answered me.

I called to you from the land of the dead,

and Lord, you heard me!

3 You threw me into the ocean depths,

and I sank down to the heart of the sea.

The mighty waters engulfed me;

I was buried beneath your wild and stormy waves.

4 Then I said, 'O Lord, you have driven me from your presence.

Yet I will look once more toward your holy Temple.'

5 "I sank beneath the waves,

and the waters closed over me.

Seaweed wrapped itself around my head.

6 I sank down to the very roots of the mountains.

I was imprisoned in the earth,

whose gates lock shut forever.

But you, O Lord my God,

snatched me from the jaws of death!

7 As my life was slipping away,

I remembered the Lord.

And my earnest prayer went out to you

in your holy Temple.

8 Those who worship false gods

turn their backs on all God's mercies.

9 But I will offer sacrifices to you with songs of praise,

and I will fulfill all my vows.

For my salvation comes from the Lord alone."

10 Then the Lord ordered the fish to spit Jonah out onto the beach.

**BIG IDEA: Salvation is God's prerogative.**

**God is a rescuer.**

**From beginning to end salvation is all of God.**

**All people need to be saved by God.**

**God can save whoever He wants.**

**Embracing the reality that salvation is God's prerogative:**

- **Humbles us.**
- **Causes us to truly worship.**
- **Transforms us.**
- **Makes us more compassionate.**
- **Gives us hope.**

**Are you a Ninevite?**

**Are you a Jonah?**