



IMPACT COMMUNITIES
real life. real impact.

**Sequoia Impact Communities are a place to
experience real life & real impact.**

To get plugged in email:

impactcommunities@sequoiachurch.org

**“I Believe, Help me with my Unbelief” #4/5
Nov. 27, 2016**

1. Take some time to share about how God has been working in and through you this past week using the B.L.E.S.S. habits questions.
 - How has the Gospel been a **Blessing** to you this week?
 - What are you hearing from God as you **Listen** to the Spirit & read God's Word, the Bible?
 - Who have you had an opportunity to **Eat** with this week to build relationship?
 - Who has God led you to **Serve** this week?
 - In what ways have you been able to **Share** about Jesus this week?
 - **What would it look like if we treated each other and our neighbours as family? Think about BLESS through the lens of “family.”**
2. What resonated with you from Sunday's sermon or what did you find helpful, or challenging?
3. What are some doubts that you've wrestled with? Has God helped you move from unbelief to belief in these areas? If so, how?
4. Are there areas where you have not moved from unbelief to belief? What keeps you from believing fully?
5. Read Luke 7:11-23, John 20:19-29 and Matthew 28:16-20? What do you learn about faith and doubt as you look at these individuals? How does this make you feel?
6. Read Psalm 73. What doubts was the psalmist wrestling with? What happened in verse 17 that changed things for him? What happened as a result?
7. How does knowing that God “did not spare His own son” (Romans 8:32) help you with your doubts?
8. How can wrestling with doubts help strengthen our faith? How can it give credibility to our witness, impact our mission, and cultivate deeper community between us?



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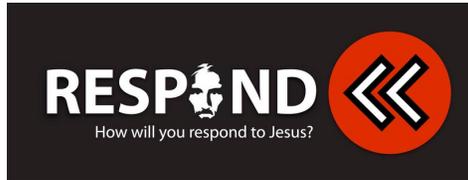
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SEQUOIA NOTES

Today's Sequoia @10:10 Message



“I Believe, Help Me with My Unbelief”

With David Hood, Church Planting Apprentice
Nov. 27, 2016

Mark 9:14-29

¹⁴ When they returned to the other disciples, they saw a large crowd surrounding them, and some teachers of religious law were arguing with them. ¹⁵ When the crowd saw Jesus, they were overwhelmed with awe, and they ran to greet him.

¹⁶ “What is all this arguing about?” Jesus asked.

¹⁷ One of the men in the crowd spoke up and said, “Teacher, I brought my son so you could heal him. He is possessed by an evil spirit that won’t let him talk. ¹⁸ And whenever this spirit seizes him, it throws him violently to the ground. Then he foams at the mouth and grinds his teeth and becomes rigid. So I asked your disciples to cast out the evil spirit, but they couldn’t do it.”

¹⁹ Jesus said to them “You faithless people! How long must I be with you? How long must I put up with you? Bring the boy to me.”

²⁰ So they brought the boy. But when the evil spirit saw Jesus, it threw the child into a violent convulsion, and he fell to the ground, writhing and foaming at the mouth.

²¹ “How long has this been happening?” Jesus asked the boy’s father.

He replied, “Since he was a little boy. ²² The spirit often throws him into the fire or into water, trying to kill him. Have mercy on us and help us, if you can.”

²³ “What do you mean, ‘if I can’?” Jesus asked. “Anything is possible if a person believes.”

²⁴ The father instantly cried out, “I do believe, but help me overcome my unbelief!”

²⁵ When Jesus saw that the crowd of onlookers was growing, he rebuked the evil spirit. “Listen, you spirit that makes this boy unable to hear and speak,” he said. “I command you to come out of this child and never enter him again!”

²⁶ Then the spirit screamed and threw the boy into another violent convulsion and left him. The boy appeared to be dead. A murmur ran through the crowd as people said, “He’s dead.” ²⁷ But Jesus took him by the hand and helped him to his feet, and he stood up.

²⁸ Afterward, when Jesus was alone in the house with his disciples, they asked him, “Why couldn’t we cast out that evil spirit?”

²⁹ Jesus replied, “This kind can be cast out only by prayer.”

- Doubt is natural.

- Jesus is compassionate towards those who doubt.

- We need to be honest about our doubts.

- Jesus meets us in our doubts but He doesn't want us to stay there.

Big Idea: Doubt is natural but it does not have to be fatal.