



IMPACT COMMUNITIES
real life. real impact.

**Sequoia Impact Communities are a place to
experience real life & real impact.**

To get plugged in email:

impactcommunities@sequoiachurch.org

Living the New Life (#5 of 8)
May 22, 2016

1. Take some time to share about how God has been working in and through you this past week using the B.L.E.S.S. habits questions.
 - How has the Gospel been a **Blessing** to you this week?
 - What are you hearing from God as you **Listen** to the Spirit & read God's Word, the Bible?
 - Who have you had an opportunity to **Eat** with this week to build relationship?
 - Who has God led you to **Serve** this week?
 - In what ways have you been able to **Share** about Jesus this week?
2. What did you find significant about the message? Was there anything in the message that spoke to you personally?
3. Like becoming a parent or moving away from home, embracing the Good News will change everything in a persons life. In what ways has the Gospel been a life-changer for you? Or, if you're still exploring Christianity, how do you anticipate it would change you if you were to embrace it?
4. What does the Bible mean when it teaches us we are to "be holy"? What are some characteristics of a "holy person" according to God's Word?
5. Read 1 Peter 1:13-16. What three actions does Peter teach in order to be holy in everything we do (v. 13)? What could you do to improve in each of these areas?
6. Read 1 Corinthians 6:9-20. What reasons does the Apostle Paul give for avoiding sexual sin?
7. Read 2 Thessalonians 2:13. This verse teaches that the Holy Spirit is the one who ultimately makes us holy. What will you do this week to give the Holy Spirit access to your life to change you this week?



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SEQUOIA NOTES

Today's Sequoia @10:10 Message...

Living the New Life

With Aaron Richert, Multiply Team Leader
May 22, 2016



¹ Thessalonians 4:1-12

Finally, dear brothers and sisters, we urge you in the name of the Lord Jesus to live in a way that pleases God, as we have taught you. You live this way already, and we encourage you to do so even more. ² For you remember what we taught you by the authority of the Lord Jesus.

³ God's will is for you to be holy, so stay away from all sexual sin. ⁴ Then each of you will control his own body and live in holiness and honor—⁵ not in lustful passion like the pagans who do not know God and his ways. ⁶ Never harm or cheat a fellow believer in this matter by violating his wife, for the Lord avenges all such sins, as we have solemnly warned you before. ⁷ God has called us to live holy lives, not impure lives. ⁸ Therefore, anyone who refuses to live by these rules is not disobeying human teaching but is rejecting God, who gives his Holy Spirit to you.

⁹ But we don't need to write to you about the importance of loving each other, for God himself has taught you to love one another. ¹⁰ Indeed, you already show your love for all the believers throughout Macedonia. Even so, dear brothers and sisters, we urge you to love them even more.

¹¹ Make it your goal to live a quiet life, minding your own business and working with your hands, just as we instructed you before. ¹² Then people who are not believers will respect the way you live, and you will not need to depend on others.

Big Idea: Embracing the Good News is the Ultimate LIFE-CHANGER.

● Good News People live to **PLEASE GOD.** (v.1-3)

● A key distinctive of Good News People is **SEXUAL PURITY.** (v.3-7)

Living the New Life:

● Embrace the **NEW REALITY.**

Romans 12:1 And so, dear brothers and sisters, I plead with you to give your bodies to God because of all he has done for you. Let them be a living and holy sacrifice—the kind he will find acceptable. This is truly the way to worship him.

● Embrace the **LIFE-CHANGER**

Ephesians 4:21-24 Since you have heard about Jesus and have learned the truth that comes from him, ²² throw off your old sinful nature and your former way of life, which is corrupted by lust and deception. ²³ Instead, let the Spirit renew your thoughts and attitudes. ²⁴ Put on your new nature, created to be like God—truly righteous and holy.