



# REDEEMER

WINTER HAVEN

*To all who are weary and desire rest, to all who mourn and long for comfort, to all who sin and need a Savior, Redeemer opens wide her doors with a welcome from King Jesus the mighty Friend of sinners, the Ally of his enemies, the Defender of the indefensible.*



*June 30, 2024 – Sixth Sunday after Pentecost*

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## **Season of the Cross:** Green for Ordinary Time

Ordinary Time is the long season that takes up three quarters of the church year. This portion of Ordinary Time runs between Pentecost and Advent. Ordinary Time has traditionally been devoted to seeking our Lord in the simple, ordinary day-in and day-out rhythms of life. It is a time in which we are all invited to order our lives around Christ's life and teaching.

## **Call to Worship:** Isaiah 55:1-2

*We read God's Word, the Bible, together. It reminds us of who God is and what He expects from us.*

Leader: Come, everyone who thirsts, come to the waters; and he who has no money, come, buy and eat! Come but wine and milk, without money and without price. Why spend your money for that which is not bread? Why labor for that which does not satisfy? Listen diligently to me, and eat what is good, and delight yourselves in rich food.

## **Song of Ascent**

*The first song we sing together guides us as we "go up" or approach the presence of God to worship Him. This song is meant to rouse us to worship and awaken our hearts.*

For the Beauty of the Earth

## **Reading of the Law:** 1 Timothy 4:7-10

*While the law cannot justify us or make us righteous; it is a teacher given to lead us to Christ, the fulfiller of the law.*

7 Rather train yourself for godliness; 8 for while bodily training is of some value, godliness is of value in every way, as it holds promise for the present life and also for the life to come. 9 The saying is trustworthy and deserving of full acceptance. 10 For to this end we toil and strive, because we have our hope set on the living God, who is the Savior of all people, especially of those who believe.

## **Prayer of Adoration and Confession**

*We pray together, praising God for who He really is (Adoration) and admitting our inability to live up to what He expects of us (Confession).*

## **Songs of Repentance**

*In this song of repentance we acknowledge our sin and our need of a Savior.*

Upon a Life

## **Assurance of Pardon:** John 6:53-58

*We read God's Word together and are reminded that grace and mercy are freely given to all who have faith in Jesus Christ.*

53 So Jesus said to them, "Truly, truly, I say to you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. 54 Whoever feeds on my flesh and drinks my blood has eternal life, and I will raise him up on the last day. 55 For my flesh is true food, and my blood is true drink. 56 Whoever feeds on my flesh and drinks my blood abides in me, and I in him. 57 As the living Father sent me, and I live because of the Father, so whoever feeds on me, he also will live because of me. 58 This is the bread that came down from heaven, not like the bread the fathers ate, and died. Whoever feeds on this bread will live forever."

## Greeting

*In Jesus, we have not only been reconciled to God, we have also been reconciled to one another. Therefore, we greet one another as brothers and sisters.*

## Songs of Praise and Celebration

*Our response to God's free grace is celebratory worship. We express our praise to God for who He is and what He has done to save us*

Great Things  
Abide

## Confession of Faith: Westminster Larger Catechism 115-116, 119

*As an expression of our faith in Jesus Christ in solidarity with his people, we declare the substance of what we believe.*

Q. 115. What is the fourth commandment?

**A. The fourth commandment is: Remember the Sabbath day by keeping it holy. Six days shall you labor and do all your work, but the seventh day is a Sabbath to the LORD your God. On it you shall not do any work, neither you, nor your son or daughter, nor your manservant or maidservant, nor your animals, nor the alien within your gates. For in six days the LORD made the heavens and the earth, the sea, and all that is in them, but he rested on the seventh day. Therefore the LORD blessed the Sabbath day and made it holy.**

Q. 116. What does the fourth commandment require?

**A. The fourth commandment requires all men to sanctify or set apart to God the times he has established in his word, and specifically one whole day out of every seven. This was the seventh day from the beginning of the world to the resurrection of Christ, and the first day of the week ever since.**

Q. 119. What particular sins does the fourth commandment forbid?

**A. The fourth commandment forbids failing to do anything required by the commandment; or doing it carelessly, negligently, or in such a way as not to benefit from it, and being tired of keeping it; also treating the day as unholy...**

## Receiving New Members

*As was the case for believers in the Old and New Testaments, we are called to publicly confess our faith in the grace of God, to participate in the rituals of entrance into the people of God (circumcision in the Old and baptism in the New), and to acknowledge our membership with His people.*

Mike & Kelly Lowe

## Worship Through Giving: Give Online at [redeemerwh.org/give](https://redeemerwh.org/give)

*We respond to the good news of God's mercy and grace for us in Jesus by giving generously to the work of this church and the kingdom of God.*

## **Kids' Worship Dismissal**

Children **through fifth grade** are dismissed for kids' worship.

## **Prayer of Thanksgiving & Intercession**

*We again express in prayer our gratitude to God for what he has done and ask him to continue to act for our good and the good of others in our community and the world.*

## **Proclamation of God's Word**

*A small portion of God's Word is explained to us and applied to our own lives.*

Matthew 6:16-19

## **Song of Response & Sending**

*We respond to the good news of God's mercy and grace by singing again of His goodness and greatness.*

All Sufficient Merit

## **Benediction**

*Because the hand of God's wrath was raised against Jesus, we now receive the hand of God's blessing as we are sent out to live our lives to the glory of God.*

May the LORD bless you and keep you;  
May the LORD make His face to shine upon you and be gracious to you;  
May the LORD turn His face toward you and give you His peace,  
Both now and forevermore. Amen.

## Proclamation of God's Word

*A small portion of God's Word is explained to us and applied to our own lives.*

16 "And when you fast, do not look gloomy like the hypocrites, for they disfigure their faces that their fasting may be seen by others. Truly, I say to you, they have received their reward. 17 But when you fast, anoint your head and wash your face, 18 that your fasting may not be seen by others but by your Father who is in secret. And your Father who sees in secret will reward you.

Pg. 812 (Matthew 6:16-19 ESV)

## Resources

Drew Dyck, ***Your Future Self Will Thank You***

Richard Foster, ***Celebration of Discipline***

John Piper, ***A Hunger for God***

Justin Whitmel Earley, ***A Common Rule***

## Discussion Questions

1. Prayerfully reflect on your heart, circumstances, relationships, etc. How did you "come" into worship today?
2. Where did the gospel "dwell in you richly" in the service today? In the prayers? In the singing? In the sermon?
3. Specifically, how were you led to turn from sin and trust in Jesus?
4. What is the one thing from the sermon this morning that you would most want to pass on to someone else?

**Sermon Series:** The Sermon on the Mount: Kingdom Ethics

**Sermon Title:** Not If, But When, You Fast

**Date:** June 30, 2024

**Hook:** *"I suspect that some of us live our Christian lives as if these verses had been torn out of our Bibles" - Sinclair Ferguson*

## **I. THE IMPORTANCE OF THE BODY**

*"We need to outsource the work of willpower to the factory of habit." - Drew Dyck*

## **II. THE ACHE FOR HOME**

*"Fasting is the hunger of homesickness from God." - John Piper*

**Takeaway:** *When, not if, you fast...*



## THE GOSPEL IN

### *2 Timothy*

## A Call to Endure

Paul's second letter to Timothy is a call to endurance amid opposition and suffering for the sake of the gospel. The theme of endurance is present throughout the letter through the use of Greek words that variously express the idea. Suffering for the gospel is explicitly stated in 2 Tim. 1:8, 12.

Paul's exhortation to endure has shaped the very structure of the letter. After expressing his affectionate greetings to Timothy, his "beloved child," and recounting his fond remembrance of the young man's spiritual beginnings, Paul issues an extended exhortation to endurance. This exhortation begins with a powerful call to gospel-centered endurance, followed by contrasting real life examples of two who failed to endure and one who did. Paul then resumes his call to gospel endurance, with directives to be strengthened by the grace that is in Christ Jesus, to share in suffering as a good soldier, to remember Jesus Christ as preached in Paul's gospel, and to endure through the work of Christ.

In the next section Paul provides wisdom for enduring false teachers. Timothy is charged to rightly handle the word, remain an honorable vessel, be ready for every good work, avoid ignorant controversies, and correct opponents with gentleness. As Paul moves to the end of his letter, he issues a mounting, ascending call to endure for the gospel. Paul encourages Timothy to follow his own astonishing example of endurance, continuing in the God-breathed Scriptures that make souls wise for salvation through faith in Christ Jesus and taking up the stunning call to preach the word.

The apostle closes with a moving example of enduring to the end in gospel ministry. Second Timothy is, so to speak, Paul's last will and testament and, as such, it bears power and soul-moving piquancy—all rooted in the beauty of the gospel of grace.

From *The Gospel Transformation Bible*,  
"The Gospel in 2 Timothy"

## Announcements

**Kids' Bowling:** During the summer our Children's Ministry is hosting monthly events for children and their parents. **Saturday, July 13, from 12:30-2pm at Incredibowl (formerly Cypress Lanes)** we'll have a bowling day. The cost to attend is \$10. Children **MUST** be accompanied by a parent or guardian. Visit [redeemerwh.org/bowl](https://redeemerwh.org/bowl) to register.

**Middle School Camp:** Our Middle School students are headed to **Camp Kulaqua July 8-12**. Come join us we gather to worship through song and God's Word, develop friendships, and enjoy some fun competition! You can register online, reach out to Austin Snively if you have any questions: [redeemerwh.org/rsvp](https://redeemerwh.org/rsvp)

**Women's Ministry:** There will be no women's Bible study this summer. Instead, we will join the Men's Ministry at Grove Roots **from 4-6pm on July 23**. In the place of formal gathering times, we'd encourage those with pools to open their homes to moms that are home with their children during the summer. If you are hosting a group from Redeemer, Vicky would be happy to help facilitate lunch for everyone. We hope this summer can be a time of refreshment as well as new friendships – especially across generational lines. If you'd like to host or help with lunches, contact Vicky Portlock ([vicky@redeemerwinterhaven.org](mailto:vicky@redeemerwinterhaven.org)) or 863-289-1516.

**Get Connected:** The best way to stay up-to-date with what's happening at Redeemer is through our online newsletter ([redeemerwh.org/newsletter](https://redeemerwh.org/newsletter)) and our mobile app ([redeemerwh.org/app](https://redeemerwh.org/app)).

**Worship Playlists:** Follow our weekly set list on Spotify and Apple Music so that you can become familiar with the songs that we'll be singing on Sundays. You can find the playlist on the "RedeemerWH" app (above) or at: ([redeemerwh.org/worship](https://redeemerwh.org/worship)).

### Our Mission

Our mission is to make Jesus' invisible kingdom visible in Winter Haven, Polk County, and the world.

### Church Planting

One of the ways we hope to accomplish our mission is by planting new churches throughout Polk County. We proudly partner with Renew Polk ([renewpolk.org](https://renewpolk.org)) and the Florida Church Planting Network ([flchurchplanting.org](https://flchurchplanting.org)).

### Community Groups

We also meet during the week in homes for what we call Community Groups. They are intended to be the primary "church" experience for all who are a part of Redeemer. If you are interested in visiting a community group, contact Ashley Bennett, [ashmbennett1013@gmail.com](mailto:ashmbennett1013@gmail.com).

MISSION  
FUND

**2024 GOAL:** \$50,000  
**RECEIVED:** \$12,755

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