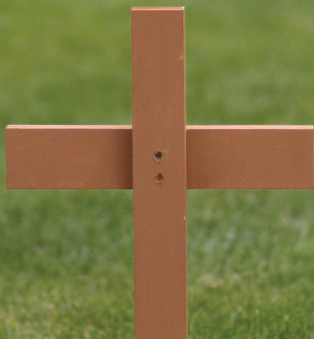


**HIGH  
POWER**  
STRONG OF HEART

# Coach's Pocket Guide



# Team Roster

Coaches: List the names of the campers on your team and use this chart to track attendance and Power Verse memorization. In the notes column, include any special information about the campers (e.g., allergies or health conditions).

Camper Name	Day					Verse	Notes
	1	2	3	4	5		
1.							
2.							
3.							
4.							
5.							
6.							
7.							
8.							
9.							
10.							

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# Welcome to High Power Camp!

We are so excited you will be joining us as a coach. We want you to be well prepared as the campers arrive, so we have supplied you this resource to guide you as you coach.

Each camp day includes a devotional and instructions for Team Times, the sessions you will have to talk with the campers on your team about the theme for the day and share a personal story. Using this guide will help you be the most effective at connecting with campers so that they may be reached with the good news of Jesus Christ!

There are a number of things you can do to be the most successful:

- **Do the devotions** supplied for each day. This gives you the opportunity to know how the story impacts you personally, allowing you to communicate God's truth from your heart.
- **Select and practice the personal story** you will be sharing before you arrive at camp. Make sure to think about how you can communicate your story in an age appropriate way.
- **Know the Gospel** and how to communicate it clearly. If you have not had a chance to practice or be trained, talk with church staff about how to do this well with campers.
- **Have fun!** As a coach, you are making an important connection between campers and the church. This is a chance for you to build a relationship with the campers who attend. Make sure to have fun with campers in your sport as you share and show them the love of Christ!

## Daily Preparation Checklist

Below is a checklist to help you be the most prepared for a day as a coach:

- Pray for the campers in your team by name. Pray for your role as a coach and to be an example. Pray that God will prepare hearts for the Gospel. Pray for safety and fun.
- Memorize the Power Verse below. This is central to the entire camp week and campers will be asked to memorize this as well.
- Read the Bible verses for the camp day. Do the devotional and familiarize yourself with the Team Time to make sure you are ready well in advance of camp time.
- If you need to, review the Gospel so that you are ready to share. If your church is using a tool to share the message, please make sure you know this prior to camp. If you need to practice each day so that you are ready for Thursday's Gospel sharing time, please do so.
- Arrive ready and on time to camp. Meet with other leaders or help set up as needed.
- Get excited! The coach's energy level directly influences how much fun the campers have.

### Power Verse

#### Psalm 31:24

Be strong, and let your heart take courage, all you who wait for the Lord!

## Day 1 - Be Prepared

### Devotional

*(This is for the coach to use in preparation for camp.)*

*Read 1 Samuel 17, focusing on verses 31-37*

The story of David and Goliath shows how God prepared David to face Goliath. God had been shaping David for everything he was going to experience.

People are constantly preparing. You may prepare for business meetings, prepare kids for school every morning, or prepare Sunday School lessons. Whatever the exact situation, everyone has something to prepare. People even talk about preparing mentally for difficult situations.

The special ways that God prepares us to serve Him are often amazing. While He doesn't make sandwiches for our kids or create a PowerPoint for our meeting, God has given us everything we need to follow Him and grow to better reflect His character. Throughout this week, we are going to contrast King Saul and David. We are going to see Saul decide not to follow God, while David follows God and his heart grows strong. God prepared them both for their position as kings of Israel. Why the difference? The difference between Saul and David is evident: David chose to submit to God, but Saul chose to follow his own desires.

God prepared David through many trials and life events. These events allowed David to grow in skill and strength of character. Let's take a look at some of the events in our lives which shaped our heart toward God. It could be something as simple as a Sunday School lesson that taught you a lot or a major event, such as the death of a loved one. Whatever your experience, God has specifically prepared you to be strong and glorify Him through your life.

### Context:

- What is something you have to prepare for on a regular basis (e.g., daily, weekly)?
- What are five events that have shaped your heart toward God?
- What is God currently doing in your life to prepare you and build your character?

### Meditate on:

**1 Samuel 17:31-37:** Knowing God prepares people to face their battles and build character, how can this passage encourage you today?

### Contemplation:

Spend intentional time in prayer. Begin to pray for the kids you will invest in throughout this week. Pray that God will prepare the hearts of kids who need to hear about Jesus' love for them. Pray for the gospel to be made known and for kids to trust Jesus Christ as their Savior. Praise God for the preparation He has done in your life so far to lead you to serve Him.



## Day 1 - Be Prepared

### Team Time

*(This can be used for small groups/Team Time.)*

Theme: To be strong of heart, you must be prepared

#### Personal Story:

**Story Option #1:** Tell a story about a time you did not prepare—or when a plan was not followed—for an important game or big event. What was the outcome of not being prepared or not following the plan?

**Story Option #2:** Tell about a time in which you were caught off guard but responded appropriately because your heart was prepared by God for the situation.

#### Discussion Questions:

1. How do you prepare for a game or competition?
2. What happens if you don't prepare properly?
3. What does it mean to be strong of heart?
4. How does God prepare us to be strong of heart?

### Sharing the Gospel

*(This can be used during either small group time.)*

If you are using the gospel wristband, today correlates with the yellow color on the bracelet for God.

God created the whole world and everything in it. He created our world to glorify Him and for each human to be in a trusting relationship with Him. When we prepare to trust in God, He helps us become strong of heart! This

week, we will learn how to prepare for glorifying God and following Him with our whole lives.

Later today we'll meet David, who was prepared by God to fight a very difficult battle. Because David relied on God's strength and not his own, he gave the Israelites an example of how to glorify God. We will also learn that God has the strongest heart of all and has prepared a plan for each of us.

### **Discussion Questions:**

1. The Bible says God created us in His image. Why do you think God did this?
2. What does it mean to prepare to follow Him?
3. How does it make you feel to know that God has a plan for your life?
4. What can we do to glorify God for creating and loving us?

## **Closing Huddle**

*(This can be used for small groups following the Bible story.)*

Summarize the comparison between King Saul and David and talk about who had the stronger heart. Remind the campers that we all can be strong of heart if we are prepared to follow God.

### **Discussion Questions:**

1. How did God prepare David to face Goliath?
2. What made Saul weak of heart? Why was David so brave and strong of heart?
3. How can you start being prepared to be strong of heart today?

### Devotional

*(This is for the coach to use in preparation for camp.)*

*Read 1 Samuel 19-20, focusing on 20:31-34*

In this passage, we see the disparity between the character of Saul and Jonathan. Saul forgot who gave him the authority and power over Israel. He was so caught up in his own desires that Saul even tried to kill his own son, Jonathan, when Jonathan honored David.

Honor is a complicated thing. To honor someone requires immense humility and trust, and to act honorably requires self-sacrifice and honesty. It is difficult to practice selflessness, and it is equally difficult to make the right choices. Jonathan had to sacrifice many things to support his friend David.

Jonathan knew that God was working in David, and he dearly loved his friend. Throughout this passage, we see Jonathan's commitment to David and his willingness to keep his word, even when he risked his throne, his power, and even his life. When you think about it, Jonathan was willing to risk everything for David, and he honored the Lord while doing it.

Saul contrasts significantly with his son. When Jonathan commits to the "man after God's own heart," Saul grows angry that David has found favor in the sight of the Lord. Saul honored no one but himself and, in doing so, demonstrated no honor in his character.

While we may not ever have to sacrifice as much as Jonathan, we certainly have plenty of opportunities to sacrifice worldly things to honor God. It may seem frightening to share the gospel, or to pray and glorify God

outwardly with our words and actions, but that is exactly what we are called to do.

We can also honor God by honoring other people, just like Jonathan honored David. There are plenty of ways we can demonstrate the kind of honor that Jonathan did and recognize the warning that Saul provides. In everything, we should seek to ultimately honor God.

### **Context:**

- What are ways you are afraid to honor God with your actions? What are you afraid the consequences will be?
- What are three ways you can actively honor God today, either internally or externally?
- What are some ways that you can honor God by serving others?

### **Meditate on:**

**1 Samuel 20:31-34:** Consider examples of times you have risked something for the sake of honor. On the flip side, where are you clinging to behaviors for the sake of your own honor instead of God's?

### **Contemplation:**

Spend intentional time in prayer. Begin to pray for the kids who will hear about the concept of sin today. Praise God for being so great that He is deserving of all honor. Pray for your message to the children on sin and the brokenness it leads to, that it would be clearly presented and understood. Lastly, praise God for Jesus Christ who took our wages for sin through His death on the cross.

## Day 2 - Be Honorable

### Team Time

*(This can be used for small groups/Team Time.)*

Theme: To be strong of heart, you must be honorable

#### Personal Story:

**Story Option #1:** Tell a story about a time you honored someone by following them or their instructions. How did things turn out? How did you feel when you honored the other person?

**Story Option #2:** Tell a story about a time when you did not honor someone. How do you think the other person felt? How did the relationship between you change?

#### Discussion Questions:

1. Who are some people you respect? (At school, home, church, etc.)
2. What does the word "honor" mean?
3. What are some ways that you can honor the people you respect?
4. Why is it important to honor God and follow His word?

### Sharing the Gospel

*(This can be used during either small group time.)*

If you are using the gospel wristband, today correlates with the dark color on the bracelet for sin.

Sin is anything we think, say, and do that goes against God. Everyone sins, and sin breaks our relationship with God. The Bible also says, "For the wages of sin is death." This

means that, because of our sin, we don't live eternally with God but are separated from Him. That is why we need a Savior to help us fix our relationship with God; that Savior was Jesus!

In today's story, we will see King Saul sinning against God by attacking David out of jealousy. Ultimately, Saul dishonored God through his sin, and we as humans do the same thing through the sins we commit. If we want to honor God and become strong of heart, we need to recognize our sins and ask for forgiveness. The great thing is that God is willing and ready to forgive us because He loves us so much and sent Jesus to be our Savior!

### **Discussion Questions:**

1. What does it mean to sin and what happens as a result?
2. Do you think God is honored when we sin?
3. Why is it important to ask for forgiveness?

## **Closing Huddle**

*(This can be used for small groups following the Bible story.)*

Sum up the story of Saul, David, and Jonathan. Talk about which of them showed honor by following God's word. Remind the campers that even though we sin, we can always ask for forgiveness and work on honoring God.

### **Discussion Questions:**

1. What was it that hurt the relationship between David and Saul?
2. Why wasn't Saul strong of heart? How was David strong of heart?
3. How can today's story help you honor God and follow His word?

### Devotional

*(This is for the coach to use in preparation for camp.)*

*Read 1 Samuel 21-24, focusing on 23:1-5*

Imagine you are running frantically down the street, trying to escape a group of bad guys. If you hear a cry for help, would you stop or keep running? This is the scenario that David found himself in. He was running from Saul, who was determined to kill him, when word reached him that a town needed help! He has a risky choice to make, but David knew what God called him to do. Even his own men tried to dissuade him from obeying God's call.

Today, we will discuss with the kids how being strong of heart means being willing to do what is right! Always doing the right thing, even when it doesn't make sense, can be difficult for people of all ages. There are times when lying or cheating could really work out, and it's these moments when a person needs decide that they are willing to do what is right, regardless of the consequences

Here's the big question: when we talk about being willing to do "what is right," what does that mean? What does it mean to do the right thing? Does doing the right thing mean doing what's best for the majority? Is it doing what's best for me and my family?

David did the right thing by obeying God. He made the difficult decision to go and help the city of Keilah. David did the right thing by listening to God. When God told David to go and help Keilah, David did not falter. Instead, he went and saved the city. Even when men told him differently, David listened to God!

If we have the same conviction as David did in this story, we will always know the right thing to do. Like David, we can learn to hear God speak and guide us. When we listen

to God, we have to be willing to follow, even if it doesn't always make sense.

### **Context:**

- In your life how have you heard God speak to you?
- Which task is harder for you: listening or following?
- How has God led you to where you are today? Is there a limit to where you would follow God?

### **Meditate on:**

**1 Samuel 23:1-5:** In this passage, David wasn't focusing simply on what was best for him; he was willing to do what God wanted. How do we ensure we are willing to follow God instead of focusing merely on what people say is best for us?

### **Contemplation:**

Spend intentional time in prayer. Begin to pray for the kids who will hear about how Jesus was willing to do the right thing for us, even to the point of death. Praise God for being so great we can listen to Him. Pray for your message of being willing to follow Christ will be heard with acceptance. Lastly, praise God for Jesus Christ who is worthy to be listened to and followed!

## Power Verse

### Psalm 31:24

Be strong, and let your heart take courage, all you who wait for the Lord!



### Team Time

*(This can be used for small groups/Team Time.)*

Theme: To be strong of heart, you must be willing

#### Personal Story:

**Story Option #1:** Tell a story about a time where you did the right thing even though it was difficult. Why did you do the right thing? How did you feel after?

**Story Option #2:** Tell a story about how you were willing to follow God's word. Make sure to tell the kids how you found in Scripture what the "right thing" was.

#### Discussion Questions:

1. How can we know right from wrong?
2. If something is hard, is it worth doing? Why?
3. What does it mean to be willing to follow God?

### Sharing the Gospel

*(This can be used during either small group time.)*

If you are using the gospel wristband, today correlates with the red color on the bracelet for Jesus's sacrifice.

Yesterday, we talked about sin and how it separates us from God and that because of that separation, we need a Savior who can help us. Thankfully, Jesus was willing to do what was right—even though it was the hardest thing anyone would ever have to do—in order to fix our relationship with God.

In the same way, we are going to see how David did what was right in God's eyes, even when he had to do some crazy or scary things. David did not know how his life would turn out, but he trusted that God had a plan. In fact, God has a plan right now for our lives and he is ready to start a relationship with us today! We can do that because of Jesus's sacrifice on the cross and willingness to forgive us of our sins.

### **Discussion Questions:**

1. What did God say was the consequence for sin?
2. What was Jesus willing to do for us and why do we need it?
3. How can we show we are willing to follow Jesus?

## **Closing Huddle**

*(This can be used for small groups following the Bible story.)*

Sum up the story of David listening to God and saving Keilah, even when others told him it wasn't a good decision. Focus on how David followed God despite other influences.

### **Discussion Questions:**

1. How did David show he was willing to do the right thing? Did Saul do the right thing?
2. How did David show he was strong of heart?
3. Who did we talk about that was willing to die for our sins and why was His sacrifice so important?
4. How can you be more willing to follow God and do the right thing today?

## Day 4 - Be Forgiving

### Devotional

*(This is for the coach to use in preparation for camp.)*

*Read 1 Samuel 24-26, focusing on 26:6-12*

Forgiveness is a powerful thing. Many times, simply saying, "I am sorry" can turn aside wrath. Some of the biggest pains in a person's life are caused because those few words were not spoken. As painful as it is to not have someone acknowledge the hurt they have caused, it is even more painful when we refuse to forgive someone for the wrongs they committed against us. Whether they meant to wrong us or not, the hurt we feel is real, and they may never understand why it hurt so badly. Fortunately, we have a God who is faithful and just to forgive us of our sins. We will never understand how badly our sins hurt God. God, in His great mercy, forgives us anyway.

Today we read that Saul was STILL trying to hurt David. Unexpectedly, David had two opportunities to take revenge on Saul. Instead, David chose to forgive Saul. David decided to follow God's heart and didn't harm Saul, who was still the anointed king. He knew it was up to God to decide what happened to Saul.

We have the benefit of knowing the ending of the story. It all worked out for David in the end, but his men didn't know that. As far as they were concerned, David was giving up a chance to ensure his safety and to stop the king from trying to kill him. I'm sure they were confused by David's decision to forgive Saul and let him get away. This type of forgiveness is exactly what God shows us. When we experience His forgiveness, we can then extend the same forgiveness to others. In fact, forgiving others is one of the best ways to show the impact Jesus has in our lives.

We all have the ability to forgive others because of what Jesus has done for us. It doesn't matter what we have

done, He is faithful to forgive our sins and cleanse us from all unrighteousness!

**Context:**

- How do you confess to God when you need forgiveness?
- Which task is harder for you: forgiving others or asking for forgiveness?
- Is there a major pain in your life you have been unable to forgive someone for?

**Meditate on:**

**1 Samuel 26:6-12:** How does following God allow for us to forgive others and make us stronger in character? How much more has God forgiven us through His son, Jesus Christ?

**Contemplation:**

Spend intentional time in prayer. Begin to pray for the kids who will hear about the gospel of Jesus Christ for the first time today! Praise God for Jesus's life, death, and resurrection which allows us to be forgiven and spend eternity with Him. Pray your message of forgiveness will be heard with acceptance. Lastly, praise God for Jesus Christ who is worthy of all our praise, as He is the reason God forgives us of our own wrongdoing!

## Day 4 - Be Forgiving

### Team Time

*(This can be used for small groups/Team Time.)*

Theme: To be strong of heart, you must be forgiving

#### Personal Story:

**Story Option #1 (Recommended):** Share your testimony of coming to know Jesus. Focus on your life before Christ and how God has helped change your life to where you are now. How does God's forgiveness cause you to act differently?

**Story Option #2:** Share about when you had to ask someone for forgiveness. What was the outcome? How did it feel before and after you asked for forgiveness?

#### Discussion Questions:

1. Have you ever struggled to forgive someone for what they did to you?
2. What stops us from forgiving someone who has been mean to us?
3. What does it mean when we say God has forgiven us?

### Sharing the Gospel

*(This can be used during either small group time.)*

If you are using the gospel wristband, today correlates with the white color on the bracelet for a heart that is made clean through faith in Jesus.

God loves us and created us to be in a relationship with Him

forever. This week, we talked about how that relationship is broken because of sin. As the wages of our sin is death, this separation is eternal. Yesterday we talked about how Jesus promises us eternal life by trusting in His sacrifice. His death took the place of ours! Today we are talking about how we can rely on Jesus for the forgiveness of our sins. You can be on God's team because of what Jesus did by living a perfect life, dying on the cross, and rising again from the dead. When you believe Jesus is the person who saves you and restores your relationship with God, your sins are forgiven and you are made clean forever.

### **Discussion Questions:**

1. How can we be saved from our sin?
2. Is God always willing to forgive us for our sins?
3. Who can we ask if we have more questions about Jesus?

## **Closing Huddle**

*(This can be used for small groups following the Bible story.)*

Sum up the story of David forgiving Saul by not taking revenge when he could have. Focus on how David continued to follow God even when Saul didn't. Remind the kids that Jesus came for people like David AND people like Saul!

### **Discussion questions:**

1. Have you heard of the story of Jesus and his forgiveness of sins before today?
2. How did David follow God in forgiving Saul for trying to kill him?
3. How can we know we are forgiven by God for our sins?

### Devotional

*(This is for the coach to use in preparation for camp.)*

*Read 2 Samuel 2:5-6, focusing on 6:12-15*

Did you know many people say a coach is the third most influential person in kids' lives behind family and teachers? This shows how much gratitude can be gained by participating in sports. Many professional athletes look back and are thankful to someone who helped train them up. Even with the relatively short coaching role you have this week, there will be a number of grateful people. Whether they say it or not, the kids, the parents, the other volunteers, and the camp director will all be grateful for your service at this camp!

In David's case, he had a lot to be grateful for. Just in this short week of stories about him we have seen David beat Goliath, escape from Saul, win battles, and give up seeking revenge on Saul. All of these things David attributed to God. He constantly gave glory and praise to God, which we see over and over in the Psalms.

We probably won't fight a giant or have the head of an entire government trying to kill us. Nevertheless, we can still learn from David how to praise God for all the good things we have received. Even beyond the things we receive now, we should be grateful for the gift of eternal life!

Gratefulness to God is not simply following the law and living morally. Instead, it is doing our best to order our lives in a way that follows God's desires.

**Context:**

- What do you typically do in a day or week to worship God?
- How do you show God gratitude for the gifts He has given you?
- How does being grateful to God expand our character and help strengthen us?

**Meditate on:**

**2 Samuel 6:12-15:** Look at how David responded to God's blessing. How can we focus our hearts and show gratitude to God so other people see us glorifying Him?

**Contemplation:**

Spend intentional time in prayer. Begin to pray for the kids you have invested in this week, that what you spoke to them will be contained in their hearts and minds. Pray for God to prepare the hearts of kids who need to move from entitled to grateful. Pray for those who came to know Christ this week! Praise God for the week of camp and everything he did with the kids in your group!



### Team Time

*(This can be used for small groups/Team Time.)*

Theme: To be strong of heart, you must be grateful

#### Personal Story:

**Story Option #1:** Talk about a time where you were grateful for the actions or gifts of another person or a time when someone showed you gratitude for doing something for them. How did their expression of gratitude make you feel?

**Story Option #2:** Tell about a time where you got the chance to show God how thankful you were for his love and forgiveness.

#### Discussion Questions:

1. What are some things your parents do for you that make you grateful?
2. What are some ways we can show gratitude to our parents/friends?
3. How can we show God we are thankful for His love and forgiveness?

### Sharing the Gospel

*(This can be used during either small group time.)*

If you are using the gospel wristband, today correlates with the green color on the bracelet for new life.

When we trust Jesus, our relationship with God starts now and goes on forever. When we have an attitude of gratitude for that relationship, it shows God that we love

Him and want to have a new life with Him. We can do this by spending time with Him through reading the Bible, praying, and praising Him through songs. We can also join a church to help each other follow God!

In our Bible story today, we will take a look at how David showed gratitude to God for His goodness and love. We will see how it is always good to practice being grateful because God deserves glory for His amazing love and sacrifice for each and every one of us!

### **Discussion Questions:**

1. How can we be grateful to Jesus for His sacrifice?
2. What does it mean to have a new life with Christ?
3. What are some ways we can tell others about Jesus and His good news?

## **Closing Huddle**

*(This can be used for small groups following the Bible story.)*

Sum up the story of David showing gratitude to God by bringing the Ark to Jerusalem. Focus on how David also wrote psalms that show gratitude. Sum up the week's stories about David and how he remained strong of heart.

### **Discussion Questions:**

1. What caused David to leap and jump for joy in our story today?
2. How did David show his thanks toward God for keeping him safe and making him king?
3. Why is it good to show gratitude to others and to God?
4. How are you going to show God how grateful you are now that camp is over?

## Additional Resources

You can use the five colors on the Gospel wristband (or your preferred tool) to share the Gospel with campers. Use your preferred Bible version when reading the verses to campers.

### Gospel Wristband

If you choose to use the Gospel wristband, here's how it works:

#### Yellow Color – God

**Message:** God created the earth and everything on it. God also created you! He created you to be in a relationship with Him.

**Verse: Genesis 1:27** “So God created man in His own image, in the image of God He created him; male and female He created them.”

#### Dark Color – Sin (Man)

**Message:** God is holy and He does not allow sin in His presence. This means the relationship God created us for is broken.

**Clarify:** Sin is anything we think, say, or do that does not please God. The punishment for our sin is dying and being apart from God in hell. There is nothing you or I can do—on our own—to get rid of our sin.

**Verse: Romans 3:23** “For all have sinned, and come short of the glory of God.”

#### Red Color – Jesus (Cross)

**Message:** God's son, Jesus Christ, died on the cross to pay

the punishment for our sin. He rose again, so that we can live with Him forever! This means, God forgives us for our sins and repairs our relationship with Him.

**Clarify:** Only Jesus could take away our punishment, because He is God's perfect Son, who never sinned. He also defeated death when He rose from the dead so we will live eternally with God in Heaven!

**Verse: I Corinthians 15:3b** "...that Christ died for our sins according to the Scriptures."

### Light Color – Faith (Trust)

**Message:** You must respond by personally believing that Jesus died to pay for your sins and that He rose again.

**Clarify:** To believe in Jesus means you agree you are a sinner, and you place your trust in Jesus as the one who forgives you, saves you from your sin, and rose again from the dead--providing a way for you to live forever with Him.

**Verse: Romans 10:9** "if you confess with your mouth, 'Jesus is Lord,' and believe in your heart that God raised Him from the dead, you will be saved."

Encourage a camper who believes to express their faith through prayer. Encourage them to use their own words, but they can also repeat this prayer:

*"Lord Jesus, I know I've done wrong things. I believe you died and rose again to pay for my sins. I trust in you as my Savior. Thank you for forgiving my sins and making it possible for me to be with God forever in heaven. Amen."*

## Green Color – New Life

**Message:** When you believe in Jesus, God gives you new life so that you can live for Him, both now and forever in heaven.

**Verse: 2 Corinthians 5:17** “Therefore, if anyone is in Christ, he is a new creation. The old has passed away; behold, the new has come.”

**Clarify:** We don't have to wait until we get to heaven to live for God. He is with us right now and He wants us to know Him so that we can better live for Him.

### Other Gospel Sharing Tips

Keep the tips below in mind as you share the Gospel with campers.

- Talk to each camper individually about the Gospel at least once during the week.
- Invite campers to read salvation verses for themselves and to personalize the verses.
- Don't use a lot of symbolism; children interpret words literally at this age.
- Present the Gospel frequently during the week; children learn through repetition.
- Do not pressure campers to make a decision. Let the Holy Spirit do the convincing.
- Make sure campers understand sin, that we are all sinners and fall short of the glory of God and are justified by His grace as a gift, through the redemption that is in Christ Jesus.
- Don't rush. Take time to talk, listen, and ask questions.

## Behavior Management

Typically, a gentle verbal correction is all it takes to get a camper back on course. If campers are still acting up, try the following:

- Remind the camper of the rules.
- Ask the camper to help you while you demonstrate an activity or steer them into another positive helper role.
- Say the camper's name while you give instructions.
- Have an assistant coach sit or stand next to the camper.
- Keep things moving and interesting! Change to a new activity. Keep transitions orderly and quick.
- Use praise and positive reinforcement to encourage respectful behavior.

### The five-count for groups

Use this procedure to gain order and attention in a group. Explain this and practice it with your team at the beginning of the week.

The leader in charge will count to five slowly and loudly, holding her hand in the air and using her fingers during the count.

The campers respond by being quiet and still by the count of five. All other leaders should remain quiet as well.

## The three-count for individuals

**Count One:** Warn the camper that their next wrong behavior will lead to a talk with a supervisor.

**Count Two:** If the camper continues to misbehave, the Camp Director or appropriate staff member will come to speak with the camper. The Camp Director will usually speak to the child's parents when they arrive.

**Count Three:** If behavior continues, the Camp Director will take the camper aside and remove them from the activity for a time. They may need to be sent home if they are too disruptive. Let the Camp Director decide.

## Additional Procedures

List additional behavior management procedures provided by your Camp Director below:

## Safety Reminders

- BE SUN SAFE! Remind everyone to continually apply sunscreen! Move to the shade for breaks and activities when possible.
- STAY HYDRATED. Remind everyone to drink plenty of water.
- BE AWARE. Notify leaders of any unfamiliar, disruptive, or suspicious spectators on the camp grounds.
- **FOLLOW YOUR CHURCH'S CHILD PROTECTION POLICIES.**
  - Escort children to the bathroom or send them with designated volunteers.
  - An adult should never be alone with a child (or out of sight of others while alone with a child).
  - Use "safe touching," such as placing a hand on the child's head, shoulder, or back, to show affection.
  - Report any discovery or suspicion of child abuse to the appropriate camp personnel.
  - Release campers only to designated parents or guardians.
  - List additional points from your church's child protection policy below:





Notes:

# Schedule

<b>Time</b>	<b>Event</b>	<b>Notes</b>
_____	Coaches arrive	_____
_____	Campers arrive	_____
_____	Warm-up (Zone #1)	_____
_____	Skills Session #1	_____
_____	Team Time	_____
_____	Skills Session #2	_____
_____	Halftime (Zone #2)	_____
_____	Game Time	_____
_____	Bible Time (Zone #3)	_____
_____	Post Game (Zone #4)	_____
_____	Closing Huddle	_____
_____	Post-Camp Leaders' Debrief	_____

# HIGH POWER

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