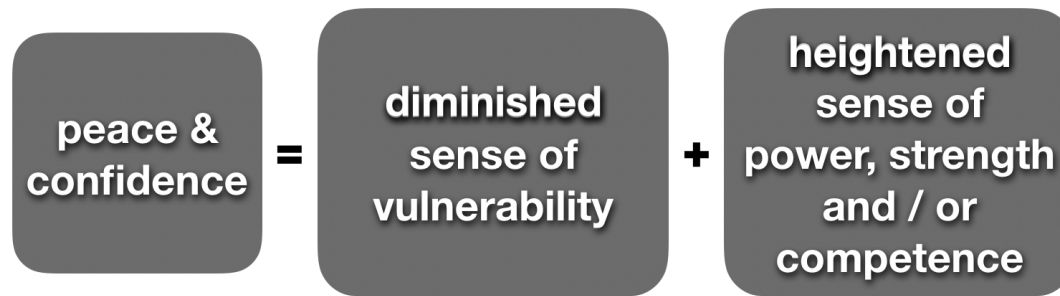
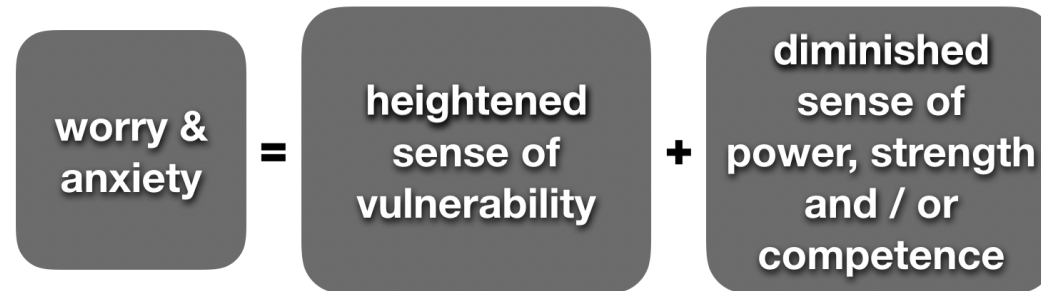


Dr. Edward Hallowell's formula:



Paul did not feel  
**VULNERABLE**

"to live is Christ,  
to die is gain"  
~ Philippians 1:21

There is NOTHING  
they can take  
from him

Paul did not feel  
**POWERLESS**

"I can do all things  
through Him who  
strengthens me."  
~ Philippians 4:13

With Christ he can  
face any & every  
challenge