



# ***DASHBOARD***

Community Group Discussion: 06.09 - 07.07

## **SERIES OVERVIEW**

*Every dashboard on every car has a way of letting the driver know if something is wrong. Our hearts operate in a similar fashion and all too often we don't pay attention to the gauges and dials in our lives that alert us to danger ahead. In this series we will look at some simple ways we can maximize and take good care of the life we've been given.*

### **MAIN TEXT**

Daniel 1:8-16

1 Corinthians 6:19-20

### **ADDITIONAL TEXTS**

John 3:16

Philippians 3:17-19

## **GETTING STARTED**

What is your best memory, and worst memory, of your first car?

## **DIGGING DEEPER**

1. Read Daniel 1:8. Have you viewed taking care of your body and what you put into it as a part of your spiritual act of worship? If so, how?
2. Read 1 Corinthians 6:19-20. Your body is an incredible gift from God. Have you always thought of it this way?
3. "Whatever we do with our bodies is an act of worship to someone or something," either to God or to a false god. Where are you excelling with this? What are some ways you are struggling?
4. 1 Corinthians 6:19 says, "You are not your own." Does this challenge your thinking about your body and what you do with your body?
5. "Our bodies are a good thing that is meant to show that God is the ultimate thing." But when a good thing becomes an ultimate thing bad things happen. What good things have become ultimate things in your life?

6. PASSIVE body worship is when you passively give in to the cravings of your body. ACTIVE body worship is when we obsess over our bodies. Both are forms of idolatry. In what ways do you fall into either Passive body worship or Active body worship?
7. The Gauges of Idolatry: (1) Important relationships, (2) Time, and (3) Money. False gods always demand more and more of the most important things in our life. Which gauge may be indicating some unhealthy habits in your life?

## NEXT STEPS

### Pray

Read 1 Corinthians 6:19-20 in the Message translation.

*Pray this prayer: Father, we thank you for Jesus, and that through His cross and resurrection we can be transformed into his image. We ask that your Spirit will show us where we need discipline, convict us to change, and empower us to do so.*

### Next

“Discipline equals freedom.” Where do you need to become more disciplined? How can you begin this week?

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