



TALL TALES

Community Group Discussion: 2.23 - 3.15

SERIES OVERVIEW

The Word of God holds things together, whereas myths pull things apart. Paul warned Timothy several times to avoid silly myths. In this series, we will identify some of the most common myths in our world today that many of us live by, sometimes without even knowing it.

MAIN TEXT

1 Timothy 1:3-4, Matthew 7:24-27, Romans 12:2, Matthew 11:28-30

GETTING STARTED

What are some commonly embraced myths that you have heard in our culture or had conversations about?

DIGGING DEEPER

1. “Your feelings are reality.” What comes to mind when you hear this? Have you ever been told this or something similar to this?
2. Read Matthew 7:24-27. Jesus tells us we can build our lives on the truth or on a lie. God’s Truth leads to life. Satan’s lie leads to death. Share a story about how you’ve seen this play out in your life or the lives of people around you.
3. Discuss what each of these issues look like in your life using the filter of *facts* versus the filter of *feelings*: Faith, Fears, Family, Friendships, Finances, Future.
4. Often we are told to “listen to your heart.” But better advice would be to “talk to your heart.” How are these things different? Where specifically do you need to talk to your heart rather than listen to it?

5. Read Matthew 11:28-30. Facts may not care about your feelings, but Jesus does. What feelings are you currently carrying that you need to bring to Jesus and trust him with during this season of your life?

NEXT STEPS

Pray together: Ask the Lord to be at work in your life, giving you wisdom to lead your heart rather than being led by it. Pray for Him to bless you with a life that fully aligns with His truth.

God's word is the only source of reliable truth we have. It must be our true north. That means we need to dig deeper into God's word in order to learn more and ensure our lives align with truth. You can sign up for a reading plan today on Redemption's app or YouVersion's Bible App at www.bible.com.

RedemptionIN.com