

**Community Group Discussion: 08.09 - 08.30** 

I Declare War

Whether you recognize it or not, you're at war with yourself. There's anxiety. Selfishness. Self-sabotaging tendencies. Narcissism. The black dog of depression. It is war, but all is not lost. You can win — if you choose to engage. Begin to fill your heart with truth and stop being your own worst enemy.

### **Group Discussion**

Ephesians 4, James 2:14-18

- 1. "Your activity comes from your identity." How would you describe your identity? What are the things that make you, you? What does it mean to find your identity in Christ? How does that effect your activity, or the things you do every day?
- Read Ephesians 4:1-2. To lead a life worthy of your calling, means having a proper response to what God has done for you. Think of all that God has done for you? Does your life, reflect to other people, the things that God has done for you? (Does your patience reflect his patience with you? Does your forgiveness, grace, humility, love, etc. reflect His?)
- 3. Read James 2:14-18. What is the relationship between faith and works? Do you ever feel like you have to work your way into a right relationship with God?
- 4. Read Ephesians 4:20-24. Have you experienced the difficulty of living a new life in Christ while maintaining connections with your old self? What actions in your life are in conflict with your identity in Christ?

#### NEXT STEPS

What is God saying to you through his word? What are you going to do about it, and when?

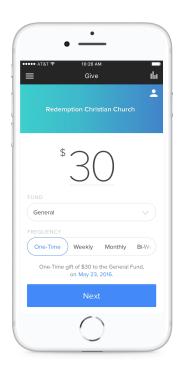


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