



DASHBOARD

Community Group Discussion: 06.09 - 07.07

SERIES OVERVIEW

Every dashboard on every car has a way of letting the driver know if something is wrong. Our hearts operate in a similar fashion and all too often we don't pay attention to the gauges and dials in our lives that alert us to danger ahead. In this series we will look at some simple ways we can maximize and take good care of the life we've been given.

MAIN TEXT

Luke 10:38-42, Matthew 11:28-30

GETTING STARTED

When we're in our cars, sometimes patience goes out the window. What's the thing other drivers do that annoys you the most?

DIGGING DEEPER

1. Read Matthew 11:28-30. Read it again in *The Message* paraphrase version (you can find this on the YouVersion Bible app). What words or phrases stick out to you most from this text? Why do you think they resonate so much?
2. In Genesis 1-2, God only blesses three things in all of creation. Living creatures. Humans. Sabbath. The common denominator is that they are all three life-giving. What does sabbath look like for you? How often do you do it?
3. Read Luke 10:38-42. What is pulling you away from time with Jesus? Is it possible for some "good" things or "good" activities to be bad distractions?
4. From sports, to work, to grades, to social media, to even the shoes we wear and the cars we drive, *our culture is driven by comparison and competition with others*. Where do you find yourself competing and comparing with others? What are you trying to prove? To whom are you trying to prove it?

5. When you think of who you are: What are you most proud of? What are you most ashamed of? What does Jesus say about who you are? Do you give more weight to what Jesus says about you, or to what you or others say about you?

NEXT STEPS

Take some time to pray together and thank Jesus for God's gift of grace and for taking away our guilt and shame. Express your gratitude for the fact that the pressure of performance is *off* when it comes to God's acceptance and approval of you as one of His much-loved kids.

"Hurry is a sickness." The antidote is making this commitment: "I will live slower so I can live better." We highlighted four practical things we can do to help with this.

- Make sure Jesus is number one in my life.
- What is challenging him in your life?
- Build margin in my life.
- When and how do you Sabbath?
- Value relationships more than activities.
- Who can you share a meal with this week?
- Destroy some idols at the feet of Jesus.
- What in your life do you draw your identity from other than Jesus?
- How can you destroy its grip on your life?

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