

The background is a solid dark red color. In the four corners, there are decorative white line-art elements resembling circuit traces or a stylized tree structure, with small circles at the end of the lines.

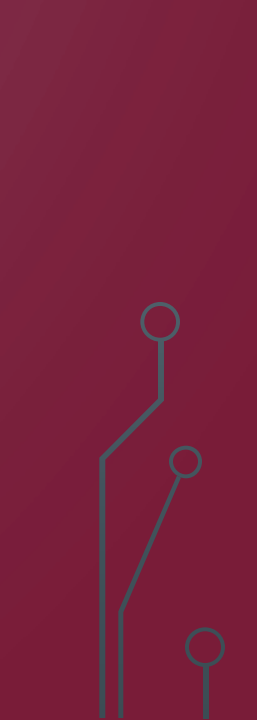

OVERCOMING GUILT PT. 2.

SHILOH FIRE SERVICE



1 JOHN 3:20 NKJV

For if our heart condemns us, God is greater than our heart, and knows all things.



What Is Guilt

Last week we defined guilt as involving feelings of conviction, condemnation, failure, shame, regret, anxiety, heaviness, distress and torment which arise out of wrongdoing or a perception of wrongdoing.

Two Types Of Guilt

1. True guilt or conviction or godly sorrow or objective guilt which refers to the sorrow you feel when you have done something wrong, prompted by the Holy Spirit working through your conscience which leads to repentance.
2. False guilt or condemnation or worldly sorrow or subjective guilt which refers to the feeling of guilt that remains and persist even after you have repented and restituted.
3. False guilt is powered by the devil who is the accuser of the brethren, sustained by pride and festered by weak consciences.

Dangers of Wallowing in Guilt.

1. Guilt undermines your boldness, access and faith.
Eph.3:12; 6:19-20; Heb.10:19; 4:16; Prov.28:1
2. Guilt overwhelms, stresses, paralyses and depresses you.
P.38:4; 32:3-5; 51:14
3. Worldly sorrow leads to death. Guilt is a prison that keeps you bound in a cycle of condemnation, shame, depression, additional sin and death. 2Cor.7:10; Matt.27:3-5

EPHESIANS 3:12 NKJV

in whom we have boldness and access with confidence through faith in Him.

HEBREWS 10:19

Therefore, brethren, having boldness to enter the Holiest by the blood of Jesus,

HEBREWS 4:16 NKJV

Let us therefore come boldly to the throne of grace, that we may obtain mercy and find grace to help in time of need.

PROVERBS 28:1

The wicked flee when no one pursues, But the righteous are bold as a lion.

EPHESIANS 6:19-20 NKJV

and for me, that utterance may be given to me, that I may open my mouth boldly to make known the mystery of the gospel, 20 for which I am an ambassador in chains; that in it I may speak boldly, as I ought to speak.

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PSALM 38:4 NIV

*My guilt has overwhelmed me like a
burden too heavy to bear.*

PSALM 32:3-5 NKJV

When I kept silent, my bones grew old Through my groaning all the day long. 4 For day and night Your hand was heavy upon me; My vitality was turned into the drought of summer. Selah 5 I acknowledged my sin to You, And my iniquity I have not hidden. I said, "I will confess my transgressions to the Lord, "And You forgave the iniquity of my sin. Selah

PSALM 51:14 NKJV

*Deliver me from the guilt of bloodshed, O
God, The God of my salvation, And my
tongue shall sing aloud of Your righteousness.*

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2 CORINTHIANS 7:10 NKJV

For godly sorrow produces repentance leading to salvation, not to be regretted; but the sorrow of the world produces death.

MATTHEW 27:3-5 NKJV

Then Judas, His betrayer, seeing that He had been condemned, was remorseful and brought back the thirty pieces of silver to the chief priests and elders, 4 saying, “I have sinned by betraying innocent blood.” And they said, “What is that to us? You see to it!” 5 Then he threw down the pieces of silver in the temple and departed, and went and hanged himself.

How To Overcome Guilt

1. Search your heart daily with the help of the Holy Spirit, and if there is any sin then follow the steps for overcoming True guilt or Godly sorrow. Ps.139:23-24
 - a. Take responsibility for the wrong or sin
 - b. Confess your sins and Repent of them. 1 Jn.1:8-9
 - c. Forgive yourself and forgive others. Matt.6:14-15; 1 Jn.3:20
 - d. Restitute if necessary. Lk.19:8
 - e. And Guilt shall be cleansed from your conscience. Heb.9:14

PSALM 139:23-24 NKJV

Search me, O God, and know my heart; Try me, and know my anxieties; And see if there is any wicked way in me, And lead me in the way everlasting.

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1 JOHN 1:8-9 NKJV

If we say that we have no sin, we deceive ourselves, and the truth is not in us. 9 If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness.

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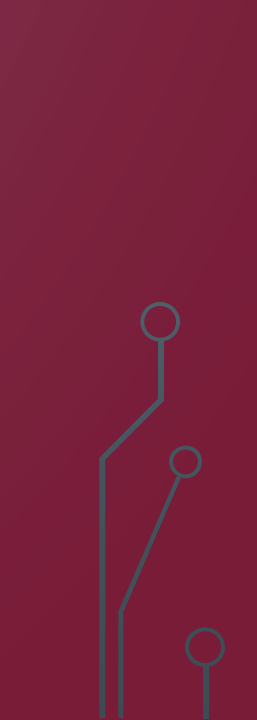

MATTHEW 6:14-15 NKJV

“For if you forgive men their trespasses, your heavenly Father will also forgive you. 15 But if you do not forgive men their trespasses, neither will your Father forgive your trespasses.



1 JOHN 3:20 NKJV

For if our heart condemns us, God is greater than our heart, and knows all things.



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LUKE 19:8 NKJV

Then Zacchaeus stood and said to the Lord, “Look, Lord, I give half of my goods to the poor; and if I have taken anything from anyone by false accusation, I restore fourfold.”

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HEBREWS 9:14 NKJV

how much more shall the blood of Christ, who through the eternal Spirit offered Himself without spot to God, cleanse your conscience from dead works to serve the living God?

How To Overcome Guilt

2. If after you have done all that and the feeling of guilt remains, then recognize it as false guilt or self-condemnation, and apply the following steps;

- a. Meditate on these scriptures and related passages until faith is built to receive forgiveness and destroy that guilt. Rom.8:1; Rom.5:1; 2Cor.5:21; 1Jn.1:8-9; Ps.103:11-13; 1Jn3:20-21;
- b. Reject pride by understanding that salvation and the forgiveness of sins is a gift of grace received by faith and cannot be earned. Eph.2:8-9; Jas.4:6-7

ROMANS 8:1 NKJV

There is therefore now no condemnation to those who are in Christ Jesus, who[a] do not walk according to the flesh, but according to the Spirit.

ROMANS 5:1 NKJV

*Therefore, having been justified by faith,
[a]we have peace with God through our
Lord Jesus Christ,*

2 CORINTHIANS 5:21 NKJV

For He made Him who knew no sin to be sin for us, that we might become the righteousness of God in Him.

1 JOHN 1:8-9 NKJV

If we say that we have no sin, we deceive ourselves, and the truth is not in us. 9 If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness.

PSALM 103:11-13 NKJV

For as the heavens are high above the earth, So great is His mercy toward those who fear Him; 12 As far as the east is from the west, So far has He removed our transgressions from us. 13 As a father pities his children, So the Lord pities those who fear Him.

1 JOHN 3:20-21 NKJV

For if our heart condemns us, God is greater than our heart, and knows all things. 21

Beloved, if our heart does not condemn us, we have confidence toward God.

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EPHESIANS 2:8-9 NKJV

For by grace you have been saved through faith, and that not of yourselves; it is the gift of God, 9 not of works, lest anyone should boast.

JAMES 4:6-7 NKJV

*But He gives more grace. Therefore He says:
“God resists the proud, But gives grace to
the humble.” 7 Therefore submit to God.
Resist the devil and he will flee from you.*

How To Overcome Guilt

2. Apply the following steps;

- c. Despise the guilt and shame by keeping your focus on Jesus and the finished work of the cross and not on your sin or the accusations of the devil. Heb.12:2; 4:15;
- d. Confess to one another. Jas.5:16
- e. Silence the voice of the accuser with brutal declarations, rebuke the spirit of guilt and cast it out of your life and be renewed in the spirit of your mind. Matt.16:19; Rev.12:10; Eph.4:23

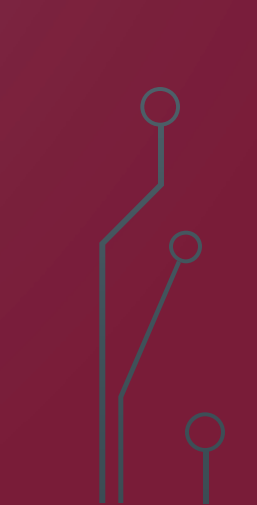

HEBREWS 12:2 NKJV

looking unto Jesus, the [a]author and [b]finisher of our faith, who for the joy that was set before Him endured the cross, despising the shame, and has sat down at the right hand of the throne of God.



HEBREWS 4:15 NKJV

For we do not have a High Priest who cannot sympathize with our weaknesses, but was in all points tempted as we are, yet without sin.



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JAMES 5:16 NKJV

[a]Confess your trespasses to one another, and pray for one another, that you may be healed. The effective, [b]fervent prayer of a righteous man avails much.

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MATTHEW 16:19 NKJV

And I will give you the keys of the kingdom of heaven, and whatever you bind on earth [a]will be bound in heaven, and whatever you loose on earth will be loosed in heaven.”

REVELATION 12:10 NKJV

Then I heard a loud voice saying in heaven, “Now salvation, and strength, and the kingdom of our God, and the power of His Christ have come, for the accuser of our brethren, who accused them before our God day and night, has been cast down.

EPHESIANS 4:23 NKJV

and be renewed in the spirit of your mind

ALTAR CALL

Lord Jesus, I am a sinner and I need you to save me. I believe you died for me and rose up on the third day that I may be justified. Today, Lord Jesus, I confess and repent of all my sins; I forsake them; forgive me Lord Jesus; come into my heart Lord Jesus; be my Lord and savior; from today I promise to serve you in the name of Jesus

Contact us – Shilohttop@gmail.com or www.shilohttop.com

PRAYER 1

Father in the name of Jesus, I confess all my sins, I name them one by one, I repent of them; I will never go back to them; I forgive myself, I forgive others who may have offended me, and I receive your forgiveness through the finished work of Christ; Father cleanse me from all unrighteousness; purge my conscience of all guilt by the blood of Jesus; and empower me with grace for a victorious and holy lifestyle in the name of Jesus. 1 Jn.1:8-9; Heb.9:14; Ps.51:9-12;

PRAYER 2

Father in the name of Jesus, let every stronghold of pride and self-righteousness resisting my capacity and that of any member of this church to receive your forgiveness be dismantled today; let every accusatory voice of the enemy tormenting me or any member of this church be silenced today; let every burden of guilt weighing any of us down be lifted today; let the consciousness of sin be replaced by a massive consciousness of grace in each of our lives in the name of Jesus. Rev.12:10; Eph.2:8-9; Jas.4:6

PRAYER 3

Father in the name of Jesus, let the operation of every spirit of guilt in my life and that of every member of this church be terminated now. Let the operation of any spirit associated with guilt including, negativity, self-condemnation, fear, shame, anxiety, unforgiveness, depression, suicide, insanity and limitation in my life and that of any member of this church be arrested now in the name of Jesus; You foul spirits of negativity, self-condemnation, fear, shame, anxiety, unforgiveness, depression, suicide, insanity and limitation, we bind you and cast you out of each of our lives Now in the name of Jesus. Matt.16:19.

PRAYER 4

Father in the name of Jesus, let every blessing, miracle, testimony, turnaround, breakthrough, potential, virtue and capacity that has been lost, delayed or limited in my life and that of any member of this church as a result of the operation of the spirit of guilt and her associates, be restored now in the name of Jesus. Joel 2:25-26

PRAYER 5

Now Pray for yourself. For your specific need. For your expectation this month and this year. Jer.33:3

JEREMIAH 33:3

‘Call to Me, and I will answer you, and show you great and [a]mighty things, which you do not know.’