# **OVERCOMING FEAR**

Friday Fire Service

#### ISALAH 41:10 NKJV

Fear not, for I am with you; Be not dismayed, for I am your God. I will strengthen you, Yes, I will help you, I will uphold you with My righteous right hand.'

### Its Important To Recognize That

- 1. Adams first response to God after the fall is to admit his fear. Gen.3:10
- 2. On resurrection Morning the first thing the Angels said to the women who came to look for Jesus was do not be afraid. Matt.28:5;
- 3. The first thing Jesus said to his disciples after the resurrection was to dispel their fears. Jn.20:19;
- 4. The most common command in the Bible is "do not be afraid or fear not.
- 5. Fear is the most common problem of Mankind. Heb.2:14-15

### GENESIS 3:10 NKJV

So he said, "I heard Your voice in the garden, and I was afraid because I was naked; and I hid myself."

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## MATTHEW 28:5 NKJV

But the angel answered and said to the women, "Do not be afraid, for I know that you seek Jesus who was crucified.

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### JOHN 20:19 NKJV

Then, the same day at evening, being the first day of the week, when the doors were shut where the disciples were [a]assembled, for fear of the Jews, Jesus came and stood in the midst, and said to them, "Peace be with you."

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## HEBREWS 2:14-15 NKJV

Inasmuch then as the children have partaken of flesh and blood, He Himself likewise shared in the same, that through death He might destroy him who had the power of death, that is, the devil, 15 and release those who through fear of death were all their lifetime subject to bondage.

- 1. Psychologists use the word "phobia" to describe fears. Phobias are fears that have no basis in fact. It's a feeling of apprehension, anxiety or terror that has no basis in fact or truth. Matt.10:29-31; 6:25-27
- 2. Fear is the mind's prediction or expectation of an unwanted negative event based on the possibility not the probability of the event occurring. To the fearful mind what is possible seems probable.
  - a. Fear is False Evidence Appearing Real

## MATTHEW 10:29-31 NKJV

Are not two sparrows sold for a [a]copper coin? And not one of them falls to the ground apart from your Father's will. 30 But the very hairs of your head are all numbered. 31 Do not fear therefore; you are of more value than many sparrows.

## MATTHEW 6:25-27 NKJV

"Therefore I say to you, do not worry about your life, what you will  $\diamond$ eat or what you will drink; nor about your body, what you will put on. Is not life more than food and the body more than clothing? 26 Look at the birds of the air, for they neither sow nor reap nor gather into barns; yet your heavenly Father feeds them. Are you not of more value than they? 27 Which of you by worrying can add one [a]cubit to his [b]stature?

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- 3. Fear is a heartfelt emotion that begins with a fearful or unbelieving thought. The root of all fears is in our thinking or imagination. Prov.23:7;
  - a. Whenever you are afraid, it is because you have believed a lie of the devil or doubted the word of God and allowed your imagination to run unchecked with that lie. That is why to be free of fear you must reject fearful thoughts and replace them with the word of God.
  - b. Peter walked on water until he doubted. Matt.14:29-30

## MATTHEW 14:29-30 NKJV

So He said, "Come." And when Peter had come down out of the boat, he walked on the water to go to Jesus. 30 But when he saw [a]that the wind was boisterous, he was afraid; and beginning to sink he cried out, saying, "Lord, save me!

- 4. Fear is made up of 4 ingredients that Satan mixes to create terror in our hearts
  - a. Ignorance or limited knowledge of the word of God or the future. Hos.4:6; Jn.8:32; 2Cor.2:11
  - b. The creative capacity of our imagination. Lev. 26:36
  - **c.** A painful personal experience or that of others you know. Eph.4:27; Isa.33:18a
  - d. A threat of harm. Neh.4:7-8

## **JOHN 8:32** NKJV

And you shall know the truth, and the truth shall make you free."

#### 2 CORINTHIANS 2:11

lest Satan should take advantage of us; for we are not ignorant of his devices.

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## LEVITICUS 26:36 NKJV

'And as for those of you who are left, I will send faintness[a] into their hearts in the lands of their enemies; the sound of a shaken leaf shall cause them to flee; they shall flee as though fleeing from a sword, and they shall fall when no one pursues.

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### EPHESIANS 4:27 NKJV

nor give [a]place to the devil.

## ISAIAH 33:18A

Your heart will meditate on terror:

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### NEHEMIAH 4:7-8 NKJV

Now it happened, when Sanballat, Tobiah, the Arabs, the Ammonites, and the Ashdodites heard that the walls of Jerusalem were being restored and the [a]gaps were beginning to be closed, that they became very angry, 8 and all of them conspired together to come and attack Jerusalem and create confusion.

- 5. Fear is a spirit. 2Tim.1:7
- 6. Fear is bondage. Fear immobilizes. Fear cripples. Rom.8:15; Prov.29:25; Heb.2:14-15;
- 7. Fear is a choice. You can choose not to be afraid any more by trusting the word of God. David Made that choice in Ps.27:1-3;

## 2 TIMOTHY 1:7 NKJV

For God has not given us a spirit of fear, but of power and of love and of a sound mind.

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## ROMANS 8:15 NKJV

For you did not receive the spirit of bondage again to fear, but you received the Spirit of adoption by whom we cry out, "Abba, Father."

### PROVERBS 29:25

The fear of man brings a snare, But whoever trusts in the Lord shall be [a]safe.

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#### **PSALM 27:1-3** NKJV

The Lord is my light and my salvation; Whom shall I fear? The Lord is the strength of my life; Of whom shall I be afraid? 2 When the wicked came against me To eat[a] up my flesh, My enemies and foes, They stumbled and fell. 3 Though an army may encamp against me, My heart shall not fear; Though war may rise against me, In this I will be confident.

#### **ALTAR CALL**

Lord Jesus, I am a sinner and I need you to save me. I believe you died for me and rose up on the third day that I may be justified. Today I confess and repent of all my sins; forgive me Lord Jesus; come into my heart Lord Jesus; be my Lord and savior; form today I promise to serve you in the name of Jesus

Contact us — Shilohttop@gmail.com or www.shilohttop.com

### ISALAH 43:1-2 NKJV

But now, thus says the Lord, who created you, O Jacob, And He who formed you, O Israel: "Fear not, for I have redeemed you; I have called you by your name; You are Mine. 2 When you pass through the waters, I will be with you; And through the rivers, they shall not overflow you. When you walk through the fire, you shall not be burned, Nor shall the flame scorch you.

## ISAIAH 43:3-5 NKJV

3 For I am the Lord your God, The Holy One of Israel, your Savior; I gave Egypt for your ransom, Ethiopia and Seba in your place. 4 Since you were precious in My sight, You have been honored, And I have loved you; Therefore I will give men for you, And people for your life. 5 Fear not, for I am with you; I will bring your descendants from the east, And gather you from the west;

### PSALM 23:4 NKJV

Yea, though I walk through the valley of the shadow of death, I will fear no evil; For You are with me; Your rod and Your staff, they comfort me.

### ROMANS 14:23 NKJV

But he who doubts is condemned if he eats, because he does not eat from faith; for whatever is not from faith is sin.

#### PRAYER 1

Father in the name of Jesus, I repent of all the fears that are plaguing me and I surrender them unto you: I reject their power over my life: I refuse to be afraid anymore in the name of Jesus Isa.43:1-5; Ps.23:4;

## JEREMIAH 9:21 NKJV

For death has come through our windows, Has entered our palaces, To kill off the children—[a]no longer to be outside! And the young men—[b]no longer on the streets!

#### PRAYER 2

Father in the name of Jesus, let any window of pain, trauma, disappointment, failure, negative experiences and sin that has allowed any form of fear to thrive in my life, in my family and that of any member of this church be closed and sealed finally today in the name of Jesus. Jer.9:21; Eph.4:27; Prov.28:1;

## 2 TIMOTHY 1:7 NKJV

For God has not given us a spirit of fear, but of power and of love and of a sound mind.

#### PRAYER 3

Father in the name of Jesus, let every spirit of fear, timidity, anxiety; fear of failure, of rejection, of missing out, of death, of flying, of heights or any kind of phobia in my life, my family and that of every member of this church be arrested and terminated out of each of our lives today in the name of Jesus; You spirits of fear, I bind you and cast you out of each of our lives forever in the name of Jesus. 2Tim.1:7; Php.4:6; Matt.6:25-33;

#### PRAYER 4

Now Pray for yourself. For your specific need. For your expectation, this month and this year. Php.4:6

#### JEREMIAH 33:3

'Call to Me, and I will answer you, and show you great and [a]mighty things, which you do not know.'