

The background is a solid dark red color. In the four corners, there are decorative white line-art patterns that resemble circuit board traces or neural network connections, with small circles at the end of the lines.

OVERCOMING GUILT

SHILOH FIRE SERVICE

PSALM 38:4 NIV

*My guilt has overwhelmed me like a
burden too heavy to bear.*

GENESIS 3:9-10 NKJV

Then the Lord God called to Adam and said to him, “Where are you?” 10 So he said, “I heard Your voice in the garden, and I was afraid because I was naked; and I hid myself.”

What Is Guilt

1. Wikipedia defines guilt as a moral emotion that occurs when a person believes or realizes—accurately or not—that they have compromised their own standards of conduct or have violated universal moral standards and bear significant responsibility for that violation
2. The Encarta dictionary defines guilt is “an awareness of having done wrong or committed a crime, accompanied by feelings of shame and regret

What Is Guilt

3. The Merriam Webster dictionary defined guilt as a feeling of deserving blame for offenses.
4. A painful feeling of self-reproach resulting from a belief that one has done something wrong or immoral.
5. Guilt is the troubling of the soul when everything else is quiet; its the disquietness within you saying, "I wish I had never done that." "I wish I could go back and do that differently."

What Is Guilt

6. Guilt is a state or a condition. It is the result of having violated a specific rule or law. When we cross a moral, ethical, or legal line, we are guilty. This is true even if we did not know a line was crossed. According to the Bible, we are all guilty before God. Rom.3:10; 3:23
7. Whatever it is, guilt involves feelings of condemnation, failure, shame, regret, anxiety, heaviness, distress and torment which arise out of wrongdoing or a perception of it. Ps.51:14

ROMANS 3:10 NKJV

*As it is written: "There is none righteous,
no, not one;*

Romans 3:23

*for all have sinned and fall short of the
glory of God,*

What Is Guilt

6. Guilt is a state or a condition. It is the result of having violated a specific rule or law. When we cross a moral, ethical, or legal line, we are guilty. This is true even if we did not know a line was crossed. According to the Bible, we are all guilty before God. Rom.3:10; 3:23
7. Whatever it is, guilt involves feelings of condemnation, failure, shame, regret, anxiety, heaviness, distress and torment which arise out of wrongdoing or a perception of it. Ps.51:14

PSALM 51:14 NKJV

*Deliver me from the guilt of bloodshed, O
God, The God of my salvation, And my
tongue shall sing aloud of Your righteousness.*

Two Types Of Guilt

1. Conviction or True Guilt

- a. This is the guilt that you feel for doing something wrong, breaking God's law or violating your conscience. This is also known as objective guilt or godly sorrow. 2Cor.7:10; Matt.26:75
- b. True guilt or convictions comes from the Holy Spirit and leads to repentance. It comes from the rebuke or chastisement we receive from God our Father out of love in order to drive us to repentance and keep us away from sin. Heb.12:5-6

2 CORINTHIANS 7:10 NKJV

For godly sorrow produces repentance leading to salvation, not to be regretted; but the sorrow of the world produces death.

MATTHEW 26:75 NKJV

And Peter remembered the word of Jesus who had said to him, “Before the rooster crows, you will deny Me three times.” So he went out and wept bitterly.

Two Types Of Guilt

1. Conviction or True Guilt

- a. This is the guilt that you feel for doing something wrong, breaking God's law or violating your conscience. This is also known as objective guilt or godly sorrow. 2Cor.7:10; Matt.26:75
- b. True guilt or convictions comes from the Holy Spirit and leads to repentance. It comes from the rebuke or chastisement we receive from God our Father out of love in order to drive us to repentance and keep us away from sin. Heb.12:5-6

HEBREWS 12:5-6 NKJV

And you have forgotten the exhortation which speaks to you as to sons: “My son, do not despise the [a]chastening of the Lord, Nor be discouraged when you are rebuked by Him; 6 For whom the Lord loves He chastens, And scourges every son whom He receives.

Two Types Of Guilt

1. Conviction or True Guilt

- c. When you do wrong guilt is a natural outcome. That guilt is evidence of God's love working through your conscience to bring you to repentance and deter you from further wrongdoing. 1 Sam.24:5-7
- d. If you don't feel guilty for doing an obvious wrong, then something is wrong with your conscience. It may be seared, hardened or dead. 1 Tim.4:2

1 SAMUEL 24:5-7 NKJV

Now it happened afterward that David's heart troubled him because he had cut Saul's robe. 6 And he said to his men, "The Lord forbid that I should do this thing to my master, the Lord's anointed, to stretch out my hand against him, seeing he is the anointed of the Lord." 7 So David restrained his servants with these words, and did not allow them to rise against Saul. And Saul got up from the cave and went on his way.

Two Types Of Guilt

1. Conviction or True Guilt

- c. When you do wrong guilt is a natural outcome. That guilt is evidence of God's love working through your conscience to bring you to repentance and deter you from further wrongdoing. 1 Sam.24:5-7
- d. If you don't feel guilty for doing an obvious wrong, then something is wrong with your conscience. It may be seared, hardened or dead. 1 Tim.4:2



1 TIMOTHY 4:2 NKJV

*speaking lies in hypocrisy, having their
own conscience seared with a hot iron,*



Two Types Of Guilt

1. Conviction or True Guilt

e. To overcome true guilt.

i. Take responsibility for the wrong or sin

ii. Confess your sins and Repent of them. 1 Jn.1:8-9

iii. Forgive yourself and forgive others.

iv. Restitute if necessary. Lk.19:8

v. And Guilt shall be cleansed from your conscience. Heb.9:14

1 JOHN 1:8-9 NKJV

If we say that we have no sin, we deceive ourselves, and the truth is not in us. 9 If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness.

Two Types Of Guilt

1. Conviction or True Guilt

e. To overcome true guilt.

i. Take responsibility for the wrong or sin

ii. Confess your sins and Repent of them. 1 Jn.1:8-9

iii. Forgive yourself and forgive others.

iv. Restitute if necessary. Lk.19:8

v. And Guilt shall be cleansed from your conscience. Heb.9:14

LUKE 19:8 NKJV

Then Zacchaeus stood and said to the Lord, “Look, Lord, I give half of my goods to the poor; and if I have taken anything from anyone by false accusation, I restore fourfold.”

Two Types Of Guilt

1. Conviction or True Guilt

e. To overcome true guilt.

i. Take responsibility for the wrong or sin

ii. Confess your sins and Repent of them. 1 Jn.1:8-9

iii. Forgive yourself and forgive others.

iv. Restitute if necessary. Lk.19:8

v. And Guilt shall be cleansed from your conscience. Heb.9:14

HEBREWS 9:14 NKJV

how much more shall the blood of Christ, who through the eternal Spirit offered Himself without spot to God, cleanse your conscience from dead works to serve the living God?

Two Types Of Guilt

2. Condemnation or false guilt or worldly sorrow or subjective guilt.

a. This is the feeling of guilt that remains and persist even after you have repented and restituted.

b. It is a negative and destructive thought pattern that undermines your confidence, breaks down your spirit and keeps you bound in a cycle of condemnation, shame, depression, additional sin and death. 2Cor.7:10; Matt.27:3-5

2 CORINTHIANS 7:10 NKJV

*For godly sorrow produces
repentance leading to salvation, not
to be regretted; but the sorrow of the
world produces death.*

MATTHEW 27:3-5 NKJV

Then Judas, His betrayer, seeing that He had been condemned, was remorseful and brought back the thirty pieces of silver to the chief priests and elders, 4 saying, “I have sinned by betraying innocent blood.” And they said, “What is that to us? You see to it!” 5 Then he threw down the pieces of silver in the temple and departed, and went and hanged himself.

Two Types Of Guilt

2. Condemnation or false guilt or worldly sorrow or subjective guilt.

c. False guilt is filled with condemnation and hopelessness. It tells us that we are bad, and nothing will make us good enough.

While true guilt says I have sinned and will arise and go to my father. False guilt says I am worthless, I cannot break this pattern or habit. It lies to us about the character of God, insisting that we must try to earn the favor of a God who will never give it.

Two Types Of Guilt

2. Condemnation or false guilt or worldly sorrow or subjective guilt.
 - d. False guilt comes from our pride. we are forgiven, yet we still feel guilty because we believe the lie of the devil that we do not deserve full pardon until we prove to God how sorry we are. We are not worthy to accept God's pardon until we have punished ourselves and we feel that by hanging to our guilt, we are being humble. That is the lie of the devil. Hanging on to our guilt after we have been forgiven is evidence of pride.

Two Types Of Guilt

2. Condemnation or false guilt or worldly sorrow or subjective guilt.

e. False guilt also comes from weak consciences. A “weak conscience” is an immature or uninformed conscience that erroneously believes that something innocent or lawful is sinful. Someone who does not understand the freedom we have in Christ may consider things to be sinful which are not sinful at all, and their “weak” conscience can easily produce false guilt.

1 Cor. 8:7-8

1 CORINTHIANS 8:7-8 NIV

But not everyone possesses this knowledge. Some people are still so accustomed to idols that when they eat sacrificial food they think of it as having been sacrificed to a god, and since their conscience is weak, it is defiled.

8 But food does not bring us near to God; we are no worse if we do not eat, and no better if we do.

Two Types Of Guilt

2. Condemnation or false guilt or worldly sorrow or subjective guilt.

f. A major source of false guilt is the devil. He is known as the accuser of the brethren and is the one always accusing you and I before God and in our hearts of not deserving of God's mercy until we have punished ourselves enough. Thereby making the sacrifice of Christ ineffective. Rev.12:10

REVELATION 12:10 NKJV

Then I heard a loud voice saying in heaven, “Now salvation, and strength, and the kingdom of our God, and the power of His Christ have come, for the accuser of our brethren, who accused them before our God day and night, has been cast down.

JOHN 3:18-19 NKJV

“He who believes in Him is not condemned; but he who does not believe is condemned already, because he has not believed in the name of the only begotten Son of God. 19 And this is the condemnation, that the light has come into the world, and men loved darkness rather than light, because their deeds were evil.

ALTAR CALL

Lord Jesus, I am a sinner and I need you to save me. I believe you died for me and rose up on the third day that I may be justified. Today, Lord Jesus, I confess and repent of all my sins; I forsake them; forgive me Lord Jesus; come into my heart Lord Jesus; be my Lord and savior; from today I promise to serve you in the name of Jesus

Contact us – Shilohttop@gmail.com or www.shilohttop.com

ROMANS 8:1 NKJV

There is therefore now no condemnation to those who are in Christ Jesus, who[a] do not walk according to the flesh, but according to the Spirit.

ROMANS 5:1 NKJV

*Therefore, having been justified by faith,
[a]we have peace with God through our
Lord Jesus Christ,*

2 CORINTHIANS 5:21 NKJV

For He made Him who knew no sin to be sin for us, that we might become the righteousness of God in Him.

1 JOHN 1:8-9 NKJV

If we say that we have no sin, we deceive ourselves, and the truth is not in us. 9 If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness.

PRAYER 1

Father in the name of Jesus, I confess all my sins, I name them one by one, I repent of them; I will never go back to them; I forgive myself and I receive your forgiveness through the finished work of Christ; Father cleanse me from all unrighteousness; purge my conscience of all guilt by the blood of Jesus; and empower me with grace for a victorious and holy lifestyle in the name of Jesus. 1 Jn.1:8-9; Heb.9:14; Ps.51:9-12;

PRAYER 2

Father in the name of Jesus, let every stronghold of pride and self-righteousness resisting my capacity and that of any member of this church to receive your forgiveness be dismantled today; let every accusatory voice of the enemy tormenting me or any member of this church be silenced today; let every burden of guilt weighing any of us down be lifted today; let the consciousness of sin be replaced by a massive consciousness of grace in each of our lives in the name of Jesus. Rev.12:10; Eph.2:8-9; Jas.4:6

PRAYER 3

Father in the name of Jesus, let the operation of every spirit of guilt in my life and that of every member of this church be terminated now. Let the operation of any spirit associated with guilt including, negativity, self-condemnation, fear, shame, anxiety, unforgiveness, depression, suicide, insanity and limitation in my life and that of any member of this church be arrested now in the name of Jesus; You foul spirits of negativity, self-condemnation, fear, shame, anxiety, unforgiveness, depression, suicide, insanity and limitation, we bind you and cast you out of each of our lives Now in the name of Jesus. Matt.16:19.

PRAYER 4

Father in the name of Jesus, let every blessing, miracle, testimony, turnaround, breakthrough, potential, virtue and capacity that has been lost, delayed or limited in my life and that of any member of this church as a result of the operation of the spirit of guilt and her associates, be restored now in the name of Jesus. Joel 2:25-26

PRAYER 5

Now Pray for yourself. For your specific need. For your expectation this month and this year. Jer.33:3

JEREMIAH 33:3

‘Call to Me, and I will answer you, and show you great and [a]mighty things, which you do not know.’