

GIVE NO OPPORTUNITY / REPLACE LIES WITH TRUTH (EPHESIANS 4:25-27)

Therefore, having put away falsehood, let each one of you speak the truth with his neighbor, for we are members one of another. Be angry and do not sin; do not let the sun go down on your anger, and give no opportunity to the devil.

- PUT AWAY FALSEHOOD
= TAKE OFF LIES!
↳ SOILED GARMENT
- DEAL ONLY IN HONEST TRUTH AS A CONNECTED BODY!
↳ YOUR BODY DOESN'T LIE, WE SUPPRESS THE TRUTH LAB WORK

- FULLY FEEL YOUR ANGER, DON'T SIN IN ANGER
WE DON'T GIVE FULL VENT, AND THEN WE SIN.
↳ "I'M FINE..."
- KEEP SHORT ACCOUNTS
IT'S HARD TO CONFRONT ANGER, EVEN HARDER ONCE IT SETS AND FESTERS

- LIES + ANGER UNDERLY WITH ARE USEFUL TOOLS IN THE HANDS OF SATAN.
- PLACE THEM IN THE HANDS OF JESUS + RECEIVE TRUTH AND GRACE
- ANGER = FEAR + CONTROL
LET HIM BE STRONG + ABUS

DO NOT GRIEVE THE SPIRIT / REPLACE TAKING WITH GIVING (EPHESIANS 4:28-30)

Let the thief no longer steal, but rather let him labor, doing honest work with his own hands, so that he may have something to share with anyone in need. Let no corrupting talk come out of your mouths, but only such as is good for building up, as fits the occasion, that it may give grace to those who hear. And do not grieve the Holy Spirit of God, by whom you were sealed for the day of redemption.

- INSTEAD OF STEALING + SINNING THE NEWSELF BUILDS + GIVES
- DIGNITY, WORTH, + VALUES
WORSHIP GOD: FULLY REALIZED
WORSHIP SELF: NARCISSISM
ARE THINGS BEING BUILT UP OR TORN DOWN IN YOUR WORK?

- CORRUPTING: BAD, ROTTEN, DISEASED
- I LOVE OUR CULTURE, BUT...
- INSTEAD OF TEARING DOWN AND/OR SPEAKING CORRUPT, SHOW GRACE W/YOUR SPEECH
- PUBLIC + PRIVATE

- GRIEVES: PAIN, DISTRESS
- HEART + HANDS MATTER
- INTERNAL HEALTH + EXTERNAL LIFE
- WE ARE MADE WHOLE IN CHRIST, INTEGRATED
WE GRIEVE SPIRIT WHEN WE ARE SECTIONED OFF
- PRESENT WHOLE SELF TO CHRIST. LIVING SACRIFICE

EMBODY CHRIST / REPLACE WRATH WITH FORGIVENESS (EPHESIANS 4:31-32)

Let all bitterness and wrath and anger and clamor and slander be put away from you, along with all malice. Be kind to one another, tenderhearted, forgiving one another, as God in Christ forgave you.

- BITTERNESS - RESSENTMENT
 - WRATH/ANGER - UNRIGHTeous
 - CLAMOR - VERBAL BRAWL
 - SLANDER
 - MALICE - EVIL
- TAKE IT ALL OFF!

GOD'S WORD IS SO GREAT BECAUSE IT INSTRUCTS US NOT JUST IN WHAT NOT TO DO, BUT WHAT TO REPLACE ALL OF THIS WITH

- IMITATE JESUS IN
- KINDNESS - LONG, GRACIOUS BENEVOLENCE
- TENDERHEARTEDNESS - AFFECTION IN OUR INWARD PARTS
- FORGIVE AS WE HAVE BEEN
- LIFE COMES FROM SURRENDERING ALL OF LIFE TO JESUS