

# Intro

## 1. Ch. 9 - The end draws near

## 2. Lifestyle Choices

### Active lifestyle

If you are a hyperactive, outgoing, or a person who loves to always become busy or productive, this lifestyle is for you. An active lifestyle consists of having exercises daily, socializing with people, join groups or clubs in your neighborhood, and an active and healthy body and mind.

Having an active lifestyle doesn't mean you should overuse your body or mind — keep in mind your body or mind, don't drain your energy.

### Healthy lifestyle

A healthy lifestyle is close and fitting with an active lifestyle. In order to have a healthy lifestyle, you should choose your food, avoid junk foods, saturated fats, and sugar. Eat healthily. Have a diet and don't overeat since it is not and never healthy plus it makes your kidney tired, which is not healthy too. Have a daily exercise like yoga, just simple exercises to keep your body and mind active and fit. Avoid bad habits and be a responsible person for your own body.

### Bohemian lifestyle

If you are an artistic, spiritual, musical person, this lifestyle fits you. To have a bohemian lifestyle you will tend to travel a lot, seek adventures, make time for you spiritual culture, artistic performances, and musical desires. You unleash the beast and go party, be an outsider, put in some boho outfits, and make a lot of friends.

### Nomadic lifestyle

A nomad constantly moves from one place to another, a person who doesn't want to have any permanent place to be in. A lot of people don't fit this since most of us need stability, security, and just can't leave the place we were born or a place where we fell in love. A nomad feels comfortable and spends most of their time with some other people from time to time, but nomads have few attachments since it might restrain them from leaving a certain place.

### Solo lifestyle

For people who want to live solo or incapable of not having anyone to depend on, mostly the very independent people. In solo lifestyle you will learn how to be much more responsible, you'll learn to entertain yourself, you'll learn anything you want with no one judging you or controlling you, and you'll be yourself. Having a solo lifestyle is not lonely, you can still have friends and who knows one day you might move on, on having a solo lifestyle you are the right person for you.

### Rural lifestyle

If you love to grow crops, animals, and love nature and rural areas, the rural lifestyle is for you. You grow your own food, you put up a farm and grow fruits and veggies and maybe animals. A rural lifestyle could be enjoyed by you on your front porch, looking at the field, enjoying your cup of coffee or just enjoy the fresh breeze. Having a rural lifestyle doesn't mean it's just for your family, your plants and animals, you also have that active community. You have a lot of festivities to gather the community having a consistently happy community.

## 3. Momentary Awareness

**1 Thes. 5:16-18** - Rejoice always, pray without ceasing, give thanks in all circumstances; for this is the will of God in Christ Jesus for you.

**Ps. 34:1** - I will extol the LORD at all times; his praise will always be on my lips.

# I. Tomorrow Isn't Sure (v1-3)

## 1. Death can't be discriminate (v1-2)

**Matt. 6:34** - Therefore do not be anxious about tomorrow, for tomorrow will be anxious for itself. Sufficient for the day is its own trouble.

Hindu (1) Why? Because tomorrow isn't a sure thing, first of all

vs. Christianity (2) Death is not about God's love/hate of your person, but you're sin.

Re-incarnation (3) Death doesn't discriminate based on works

(=samsara)  
+ Christian / Non-Christian  
+ Healthy / Unhealthy  
+ Risky / Cautious  
+ Good / Evil

Moksha =  
salvation  
from  
samsara

(4) Therefore, no way to guarantee tomorrow

## 2. Death can't be delayed (v3)

**Ps. 139:16** - Your eyes saw my unformed substance; in your book were written, every one of them, the days that were formed for me, when as yet there was none of them.

(1) Life is about stewardship not suspension

(2) What are you afraid of?

## II. Yesterday Doesn't Matter (v4-6)

### 1. Yesterday's Regret (v4-5)

- Reward**  $\swarrow$  v5
- (1) Some of you have <sup>state of</sup> been hanging on to <sup>being</sup> missed opportunities
- + Things you should / shouldn't have done
  - + Opportunities you missed
  - + Relationships you've lost

**Php. 3:13** - ...But one thing I do: forgetting what lies behind and straining forward to what lies ahead...

### 2. Yesterday's shame (v6)

- (1) The dead have no more envy or hate
- + Some of you have been hanging on to missed identities
- (2) Shame = "I am bad"

**Rom. 10:11** - For the Scripture says, "Everyone who believes in him will not be put to shame."

**Ps. 34:4-5** - I sought the Lord, and he answered me and delivered me from all my fears. Those who look to him are radiant, and their faces shall never be ashamed.

- + To be alive is hope (v4)
- + What are those narratives in your life?

### III. Today Shouldn't Waste (v7-10)

#### 1. Every moment holy (v7-9)

**Ps. 104:15** - And wine to gladden the heart of man, oil to make his face shine and bread to strengthen man's heart.

(1) Bread = heart, not body

(2) Wine = heart

**Pr. 31:6** - Give strong drink to the one who is perishing, and wine to those in bitter distress

**Pr. 31:7** - Let them drink and forget their poverty and remember their misery no more.

+ Coffee = stimulant  
Wine = relaxant

+ Caution beyond drunkenness

**Isa. 5:11** - Woe to those who rise early in the morning, that they may run after strong drink, who tarry late into the evening as wine inflames them! *Moderation includes preoccupation*

**Isa. 5:22** - Woe to those who are heroes at drinking wine, and valiant men in mixing strong drink...

(3) Oil } Heat/  
(4) White Garments } Party

#### 2. Every moment fully (v10)

(1) Night = fullness

+ Half-hearted

**Eph. 6:5-6** - ...obey...with a sincere heart, as you would Christ, not by the way of eye-service, as people-pleasers, but as servants of Christ, doing the will of God from the heart...

(2) Momentary Awareness of God

# Conclusion

## 1. Summary

- (1) Tomorrow is about anxiety, yesterday about regret
- (2) Tomorrow isn't sure
  - + Death can't be discriminate
  - + Death can't be delayed
- (3) Yesterday doesn't matter
  - + Full of regret / shame
- (4) We're left w/ today...

## 2. Love or Hate? (v1)

You can only live in a momentary awareness of God, if you know that God loves you.