

TALK IT OVER

Pray Like Jesus

Week 1: *The Lord's Prayer*

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Icebreaker: What's one thing you'd love to be able to do better?

Shema:

Hear, O Israel, the Lord our God, the Lord is one. Love the Lord your God with all your heart and with all your soul and with all your mind and with all your strength. Deut 6:4-5 (NIV)

The Lord's Prayer:

Matthew 6:9b-13 (KJV) Our Father who art in heaven, Hallowed be thy name. Thy kingdom come, Thy will be done in earth, as it is in heaven. Give us this day our daily bread. And forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil: For thine is the kingdom, and the power, and the glory, forever. Amen.

Parts of a Model Prayer

1. Address Part

Our Father who art in heaven Father
Aramaic *Abba* – dad, daddy, father

2. God Part

Hallowed be thy name.

Hallowed – Greek *hagiazo*: to treat something as holy

Thy kingdom come, Thy will be done in earth, as it is in heaven.

3. Us Part

Give us this day our daily bread. And forgive us our debts, as we forgive our debtors.

- Daily dependence on God
- Asking for and extending forgiveness

4. Protection Part

And lead us not into temptation, but deliver us from evil

James 1:13 (NLT) And remember, when you are being tempted, do not say, "God is tempting me." God is never tempted to do wrong, and he never tempts anyone else.

5. Closing Part

For thine is the kingdom, and the power, and the glory, forever. Amen.

Doxology – word of praise

Jesus' model prayer begins and ends in worship

Discussion Questions

1. How old were you when you heard the Lord's Prayer for the first time?
2. What has been your experience, if any, with incorporating the Lord's Prayer as a model or repeated prayer?
3. Of the 5 parts presented above, which aspects come most natural to you in prayer?
4. Of the 5 parts presented above, which are aspects that you may not incorporate into your prayer life as readily?
5. What does the Lord's Prayer tell us about what's important to God?
6. How closely does your current prayer life model the parts of Jesus' prayer?
7. Is there anything you would change in your prayer life given what we've learned today?