

TALK IT OVER

Pray Like Jesus

Week 4: Prayers From The Cross

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March 24, 2024

Icebreaker: How has this series influenced your prayer time or thoughts about prayer?

Jesus Prayed...

1. With Honesty

*Matthew 27:45 "My God, My God **why** have you forsaken me?"*

See Psalm 22, especially vv 1-2

Jesus prayed in agony, desperation, and distress.

Questions

Do you tell God how you are *really* feeling?

Do you feel comfortable bringing your full self to God in prayer (Good, bad, ugly)?

What is easy for you to bring to God? What is difficult?

2. For Others' Forgiveness

Luke 23:34 "Father, Forgive them, for they know not what they do."

Remember Jesus' preaching on forgiveness throughout his ministry.

Remember all of the events leading up to this moment on the cross.

Jesus prays for the forgiveness of those in front of him and models this forgiveness for his disciples.

Example prayer: "Jesus, as you have forgiven me for I forgive (insert name) for (name the offense and hurt)".

Questions

What is your understanding of forgiveness?

What is forgiveness *not*?

Why is forgiveness essential?
Who do you need to forgive and why?

3. In Full Surrender

Luke 23:46 "Father, into your hands I commit my spirit."

Jesus lived his life in surrender to the Father at all times.

His final act of his earthly ministry prior to his resurrection committing or surrendering his very life into the Father's hands.

He modeled a life in surrender to the Father.

He modeled surrender in prayer.

Questions

What does a life of surrender to God look like?

What does surrender look like in your life?

What is something you need to surrender?