



Leaving No Man's Land to the *Promised Land*

Hebrews 4:11-16

DISCUSSION QUESTIONS

1. Was there anything about the message today that was particularly helpful? Anything you'd like to discuss further?
2. What is "rest" according to our passage? How do you "strive to enter it?"
3. Read 1 Corinthians 10:5-13 for a summary of how the Israelites sinned against the Lord before entering the promised land. In what ways are we tempted to do the same things today?
4. The passage today talks about the unique and special nature of God's Word. Share a testimony of how God has used His Word in your own personal devotional times to "discern the thoughts and intentions of the heart" and "expose your sin."
5. Talk practically about ways you read/study/use the Bible so that God is able to use it in your life for his Kingdom purposes. (what does your personal quiet time look like? What methods do you use to study the Bible? How do you memorize/meditate on Scripture? Offer some helpful tips and tricks)
6. The author of Hebrews suggests that the "ascension of Jesus" serves as a source of motivation for "holding fast" to the Christian faith. How does knowing that Jesus has ascended to the Father help you endure in the Christian life?
7. How does knowing that Jesus experienced every kind of temptation you will ever experience help you as you fight against sin in your life? Discuss the similarities and differences between temptation as experienced by Jesus and by us today.
8. What practical difference will today's discussion make in your life? Can we help?