



## DISCUSSION QUESTIONS

1. Was there anything about the sermon today you'd like to discuss further? Anything that stuck out to you or that you wanted clarification on?
2. David's life circumstances (2 Samuel 13-19) were less than ideal at the time of his writing of Psalm 63. What would be your reaction if you were put in a similar situation?
3. According to verse 1, our soul's deepest longings are for God. How does this play out in every day life?
4. What are some things that can get in the way of finding your full satisfaction in God?
5. In his book *The Weight of Glory*, C.S. Lewis wrote: "It would seem that Our Lord finds our desires not too strong, but too weak. We are half-hearted creatures, fooling about with drink and sex and ambition when infinite joy is offered us, like an ignorant child who wants to go on making mud pies in a slum because he cannot imagine what is meant by the offer of a holiday at the sea. We are far too easily pleased." What does infinite joy look like for us?
6. According to verses 2-3, the greater effort we put into turning our longings to God, the more we will know and understand his character. How would knowing more about God's character, specifically his love, change the way we think about our desires?
7. According to verse 5, knowing God personally will bring satisfaction to our souls. David goes on to give us two methods to reach this satisfaction: (1) remembering what God has done and (2) meditating on the Word. How well are you doing in those two areas? What can you do to improve them?
8. How would finding your satisfaction in the love of God help you face difficult life circumstances today?
9. One application was to assess your desires to see whether they are truly from the Lord. The challenge, even with good desires, is to say "God, you are enough, even if I don't get \_\_\_\_\_." How do we get to this point in our faith? What makes that so difficult?
10. In light of today's message, what are some concrete and practical steps you will take today so that you apply the Word to your life? How can we help?