



DISCUSSION QUESTIONS:

1. Was there anything about the message today that you'd like to discuss further? Anything that was particularly helpful?
2. In what areas are you feeling "weary and heavy laden?" (relationships, finances, career, etc) How does today's passage encourage you to find that rest?
3. Jesus says that his yolk is easy and his burden is light. Yet, living the Christian life is often times a struggle. How do you square these two seemingly irreconcilable truths? How does being "in Christ" help solve the tension?
4. When we yoke up with Christ we give him (1) the full weight of our sin and (2) our total inability to please/obey God. In return he gives us (1) full pardon for our sin and (2) new power to walk in obedience. Which of these truths is hardest to accept as you think about your relationship with God?
5. Read Ephesians 1. What does this passage tell us about being "in Christ?"
6. Read 2 Corinthians 5:17. In what ways are we "made new" in light of our union with Christ? What role do we play in putting away "the old?"
7. Read John 15:3-8. Discuss the role of God the Father in this passage. God the Son? God the Holy Spirit? Our own responsibility?
8. Our text today encouraged us to give all that we have to Jesus. What areas of your life are you holding back from him? Are those the areas that are causing you to be weary and heavy laden? Why do you think you keep holding back?
9. Share one area in which you need to experience the "rest" of this passage.
10. In light of today's discussion what is one practical thing you can do this week so that you apply what you've learned? How can we help or pray for you?