



## ***In My Feelings***

John 16:16-33

1. Opening video:  
<https://www.ignitermedia.com/products/240872-beauty-for-ashes>

**John 16:16-20**, “*In a little while you won’t see me anymore. But a little while after that, you will see me again.*”<sup>17</sup> Some of the disciples asked each other, “What does he mean when he says, ‘*In a little while you won’t see me, but then you will see me*,’ and ‘*I am going to the Father*’?”<sup>18</sup> And what does he mean by ‘*a little while*’? We don’t understand.”<sup>19</sup> Jesus realized they wanted to ask him about it, so he said, “Are you asking yourselves what I meant? I said *in a little while you won’t see me, but a little while after that you will see me again.*<sup>20</sup> *I tell you the truth, you will weep and mourn over what is going to happen to me, but the world will rejoice. You will grieve, but your grief will suddenly turn to wonderful joy.*

- I. **God warns us that sad times will come.**  
John 16:16-21a, 32

### **A. Frustrations.** John 16:16-21a

**John 16:20-21a**, *I tell you the truth, you will weep and mourn over what is going to happen to me, but the world will rejoice. You will grieve, but your grief will suddenly turn to wonderful joy.*<sup>21</sup> *It will be like a woman suffering the pains of labor.*

**John 16:32**, *But the time is coming—indeed it’s here now—when you will be scattered, each one going his own way, leaving me alone. Yet I am not alone because the Father is with me.*

### **B. Failures.** John 16:32

**John 16:21-22**, *It will be like a woman suffering the pains of labor. When her child is born, her anguish gives way to joy because she has brought a new baby into the world.*<sup>22</sup> *So you have sorrow now, but I will see you again; then you will rejoice, and no one can rob you of that joy.*

- II. **God promises that JOY will come.** John 16:21b-31, 33

### **A. Future Joy.** John 16:21b-22

### **B. Faith in Jesus.** John 16:23-31, 33

**John 16:23-28, At that time you won't need to ask me for anything. I tell you the truth, you will ask the Father directly, and he will grant your request because you use my name.**<sup>24</sup> You haven't done this before. Ask, using my name, and you will receive, and you will have abundant joy. <sup>25</sup> "I have spoken of these matters in figures of speech, but soon I will stop speaking figuratively and will tell you plainly all about the Father. <sup>26</sup> Then you will ask in my name. I'm not saying I will ask the Father on your behalf, <sup>27</sup> for the Father himself loves you dearly because you love me and believe that I came from God. <sup>28</sup> Yes, I came from the Father into the world, and now I will leave the world and return to the Father."

**John 16:33, I have told you all this so that you may have peace in me. Here on earth you will have many trials and sorrows. But take heart, because I have overcome the world."**

### **APPLY GOD'S TRUTH**

- 1. Are you carrying a burden of sadness today?**
- 2. Are you frustrated in your walk with God?**
- 3. Has your life ever been transformed by the Gospel of Jesus Christ?**