

Philippians 3:12-16

A Race Ran Well

Rootwork

1. **(Everyday)** Before you begin your study time - spend time in prayer! Go through your “yesterday” and ask the Lord to reveal your heart! Prepare your heart and surrender your will to the Spirit of God! Allow Him to have full access by not withholding anything He wants to do in and then do through you!! Make a conscious effort to bow your will and your obedience to the Lord before you even dive in! This prepares your heart to hear and to heed everything He speaks to you!
2. **(Everyday)** Then spend time in adoration and worship after you have cleansed your heart and before you dive into the scriptures!! Proclaiming who God is and adoring Him lifts our eyes up and keeps our focus on what really matters...putting God in His rightful place and putting us in ours! Remember, the enemy is going to try to keep you from being in the Word, he hates when we worship our God- Worship breaks his bondages over believers, so submit to God, resist him and he will flee!!
3. If you were at the “Digging Deeper Workshop” and you would like to structure these scriptures, Copy and paste Philippians 3 into a word/pages document or write it out verse by verse, following the structuring handouts you received!(if you have not done so already) If you were not there and want to watch it, search “Digging

Deeper” on our website or app and watch it for tools to help you in your study time!

4. **(Everyday)** After you finish your Rootwork every day, be sure to spend time in prayer (ACTS) going through what you have learned and received from the Word of God! This is also in your “Digging Deeper” handout.
5. Read Philippians 3:1-16, all in context. Record what has stuck out to you the most. What has challenged you the most through this chapter? How has this sanctified your walk personally?
6. Read verses 12-16 of Philippians chapter 3 and see if you can come up with a different chapter theme!
7. Read it again and mark or highlight any repeated words you see. This section has many! Now look up those words in your Blue Letter Bible app and record their meanings. What further insight do you see by looking deeper into these words?
8. As we discussed, there are two perspectives as we approach our walk with God. 1) Legalism, religion, and self-righteousness want to know self... Am I doing enough? Am I good enough? And 2) Relationship, biblical Christianity, and following Jesus want to know Christ!! Does this help you in your walk personally? Does this help you identify when self-righteousness creeps up? If so, how?
9. Now, how does wanting to know self and spending time with application questions differ? Write out your answer!

10. We discussed how Paul gave us a beautiful outline of what is needed to run this race well. Record the first point we notice. Do you see this in yourself as you run the race marked out for you? Why or why not?
11. Now record the second point of what it takes to run this race well. What does this mean? How does this look practically, and why is this so important?
12. Do you see the second point in yourself as you run the race marked out for you? Why or why not?
13. I made a statement in Bible study that there has never been a mature believer who lives in a place of coasting in their race with the Lord. Does this challenge you? Why or why not?
14. Read and record Philippians 1:6, and then write a response to this truth to the Lord.
15. Look at the end of verse 12 of chapter 3. What does this mean? Have you personally laid hold of that for which Christ has laid hold of you? Explain.
16. Record the third point of what it takes to run this race well. Does this describe your race? If so, how? If not, why do you think that is?

17. Read and record the following verses, and record what you learn about running this race and having purpose: 1 Corinthians 9:24, 1 Timothy 6:12, and Acts 9:1-16. Pay special attention to Paul's calling and how this happened. Put yourself in Paul's shoes and in Ananias's shoes. What does the Lord say, and how crazy would it be to be Ananias? How important is it that he fulfill his calling for God's purpose?
18. In light of the previous question, how important is it that you fulfill the purpose God has for your life? What is required for that? What does the Lord seek?
19. When thinking about Ananias's conversation with the Lord, what conversation would the Lord be having about your upward calling? So many people have this idea of a calling as being a glorious position or ministry. Or they think that it is a specific thing to do, and sometimes it is. However, more times than not, it is about what you contain and letting that be made known in what you do! You are a vessel used for God's glory!!
20. Read the following verses and record what you learn about what you contain and how you are called to be a vessel used for God's glory. After you are done, see if you can find any other verses that discuss you as a believer being a vessel for the Lord!
- 2 Timothy 2:20-21
 - 1 Corinthians 3:16-17
 - 1 Corinthians 6:19-20
 - 1 Peter 2:9

21. The value of the vessel is determined by what it contains and the price paid for it... how valuable are you to the Lord? Do you truly believe that? Why or why not? Where do you get hung up if you struggle to believe this?
22. Read verse 13 of chapter 3. In order to lay hold of God's purpose for Paul's life, what did he say he must do?
23. Look up the word "reckon" in your Blue Letter Bible app. How does this add more insight to what he is saying here?
24. What is the fourth point of what is required to run this race well? Why is this so, so important in your walk? Do you struggle with this? Why or why not?
25. Now look at the second part of this verse. Where is Paul's focus?
26. This brings us to the fifth point of what it takes to run this race well. What is it? How does this display this character trait? Do you see this in your own life? Why or why not?
27. Read 1 Corinthians 9:24-27 and write these verses out in your own words. How does this give you insight into point five? How does this challenge you personally?
28. Paul says there is "one thing" he does... There are many places throughout Scripture where I found the phrase "one thing." Look up these verses and record what that one thing is and its importance.

How does this help you to laser-focus on the main thing? After all, the main thing is to keep the main thing the main thing!

- Psalm 27:4
- Mark 10:21-22
- Luke 10:38-42
- John 9:24-25
- Philippians 3:13

29. Why is forgetting what is behind necessary?

30. Where are you at? Do you struggle to forget the past? To lay it down? To surrender? If so, what is holding you back? (At the bottom of this Rootwork, I have added the steps of surrender to help you know how to surrender and what that practically looks like!)

31. Warren Wiersbe says, “We break the power of the past by running for the future.” Have you been living for the past? Where are your eyes set?

32. We discussed that the definition of “forget” is to neglect, to no longer care for, to choose to let go—to no longer let the past influence the future! How has this helped you in the process of letting things go? Sometimes understanding what the Lord is calling us to do better helps us put our feet to action in letting go of, or forgetting, the past!

33. Have you made mistakes in your past that you deeply regret? Have you surrendered them? Have you let them go?
34. Have you been hurt deeply by someone you love? Have you surrendered it? Have you let it go?
35. If there is something you need to forget right now, write it out, then go to the last page and take it through the steps of surrender. No longer let that influence where you are going!! Give it to the Lord!
36. Read the following, and then take some time to write a response. How has this spoken to you? How has this challenged you and, prayerfully, changed you?
- “The sin we have committed in the past can condemn us to a place of paralysis. And the good stuff we have done by His grace will puff us up to the place of pride. Thus, our only option is to do what Paul did: forget the past. We must be those who say, ‘I am not going to dwell on that. I’m not going to be tripped up by that. I am not going to glory in that. All that is behind me. I am moving on!’” — Courson
37. We have been talking a lot about time—how we spend it, how we use it, and how we think about it. Psalm 90:12 says, “Teach us to number our days, that we may gain a heart of wisdom,” and Adrian Rogers states a massive truth: “Time is such a strange commodity. All you can do is use it or lose it.” What do you think about the time you

have left? How do you want to run the rest of your years, and are you willing to do what it takes to make sure that this race is a priority in your life?

38. It is so important that you run, and that you keep running forward in the right direction, and that you do not let anyone or anything hinder that!! Read Galatians 5:7-9 and record what it says. Do you have anyone or anything hindering you? If so, what do you need to do about it?
39. Record the sixth point of what it takes to run this race well! Running this race is long obedience in the right direction! How are you doing? What direction are you running?
40. Read verse 14. What does Paul say here? What is the goal? Then compare it with 1 Timothy 6:12.
41. Read 2 Timothy 1:9 and record what it says! Then write a response to the grace and purpose to which you have been called!
42. Read the following quote and record your thoughts on it! Then stop and make a covenant with your eyes and set your face like flint on eternity!!
 - “Spiritual runners—make a covenant with your eyes that you will look only to Him who is the great end of all your running!” — Spurgeon

43. Write out the seventh point that is required to run this race well. Do you see this in your personal race now? Is this an area in which you can grow? If so, how?
44. Read verse 15 of chapter 3. What does “perfect” mean here?
45. How do we become perfect, mature, and thoroughly equipped in the Lord? Look up 2 Timothy 3:16-17 and 1 Peter 2:2 to help you answer this question.
46. Write out the eighth point of what it takes to run this race well. This takes a collaborative effort. How is this possible? Compare it to Philippians 2:1-2! What and why is this one of Paul’s (and Jesus’) main desires?
47. What does Paul say if someone has a different desire? What does this show about Paul’s relationship with the Lord? Are you struggling with this, or have you ever struggled with this? If so, how? Guzik makes a great point when he says, “He didn’t have the attitude that if he failed to convince them they would never be convinced.” Oh, how trusting the Lord is so very important!! How are you doing here?
48. Read verse 16 of chapter 3. What is Paul saying here? Look up any words you want further insight on.
49. The Bible Knowledge Commentary says, “No doubt the greatest need among God’s people is to live up to what they already have in Christ. Most live far below their position in Christ. Paul’s plea here

was that they live up to what they have already attained—the righteous position in Christ.”

50. I personally have seen that this is one of the areas where we as believers can grow the most! Do you struggle with this? If so, why? What are you believing about God’s character? How does God love you? And how does He view you?
51. Read Hebrews 12:1-3 and record what it says in your own words! What have you been given? What have you been called to? Now walk in it, my sister, and run without hesitation!!
52. This brings us to the last point of what is required to run this race well. Record it here! Below I am going to give you many verses that show you personally what you have received in receiving Christ—who you are now as a daughter of the Most High King!! Please keep this close by. Review it, read it, pray through it, and sit with the Lord over it with a soft heart as you receive what you have been given!! Ladies, we have been adopted, grafted in as children of God, and made joint heirs with Christ, and we need to start living like it!!! What is holding you back?
- Rom. 5:1 I have been justified (completely forgiven and made righteous).
 - Rom. 6:1-6 I died with Christ and died to the power of sin’s rule over my life.
 - Rom. 8:1 I am free forever from condemnation.

- 1 Cor. 1:30 It is because of Christ that I am in Him, who became for me the wisdom of God (righteousness, holiness, and redemption).
- 1 Cor. 2:12 I have received the Spirit of God into my life that I might know the things freely given to me by God.
- 1 Cor. 2:16 I have been given the mind of Christ.
- 1 Cor. 6:19-20 I have been bought with a price. I am not my own. I belong to God.
- 2 Cor. 1:21 I have been established, anointed, and sealed by God in Christ.
- 2 Cor. 5:14-15 Since I have died, I no longer live for myself, but for Him (Christ).
- 2 Cor. 5:21 I have been made righteous.
- Gal. 2:20 I have been crucified with Christ, and it is no longer I who live, but Christ lives in me.
- Eph. 1:3 I have been blessed with every spiritual blessing.
- Eph. 1:5 I was predestined (determined by God) to be adopted as a son.

- Eph. 1:7-8 I have been redeemed, forgiven, and am a recipient of His lavish grace.
- Eph. 1:13-14 I have been given the Holy Spirit as a pledge (a deposit/ down payment), guaranteeing my inheritance to come.
- Eph. 2:5 I have been made alive together with Christ.
- Eph. 2:6 I have been raised up and seated with Christ in heaven.
- Eph. 2:18 I have direct access to God through the Spirit.
- Eph. 3:12 I may approach God with boldness, freedom, and confidence.
- Col. 1:13 I have been delivered (rescued) from the domain of darkness (Satan's rule) and transferred to the kingdom of Christ.
- Col. 1:14 I have been redeemed and forgiven of all my sins (the debt against me has been canceled). (See Col. 2:13-14.)
- Col. 2:7 I have been firmly rooted in Christ and am now being built up in Him.
- Col. 2:10 I have been made complete in Christ.

- Col. 2:11 I have been spiritually circumcised (my old, unregenerate nature has been removed).
- Col. 2:12-13 I have been buried, raised, and made alive with Christ.
- Col. 3:1-4 I have been raised up with Christ. I died with Christ. My life is now hidden with Christ in God. Christ is now my life.
- 2 Tim. 1:7 I have been given a spirit of power, love, and self-discipline (the Holy Spirit).
- 2 Tim. 1:9 I have been saved and called (set apart) according to God's doing.
- Heb. 4:16 I can come boldly before the throne of God (the throne of grace) to find mercy and find grace in time of need.
- 2 Pet. 1:4 I have been given exceedingly great and precious promises by God, by which I am a partaker of the divine nature (God's nature).
- We will each give an account when our time is over. We have a race to run, and in running this race we must let go of yesterday and press on to what is ahead! We must live in the gift we have been given through Christ and by the power of the Holy Spirit. May we be able to join with Paul in saying in 2 Tim. 4:7, "I have fought the good fight, I have finished the race, I have kept the faith."

Steps of Surrender

The Battle Begins in My Mind

2 Cor. 10:3-6

For though we walk in the flesh, we do not war according to the flesh, for the weapons of our warfare are not of the flesh, but divinely powerful for the destruction of fortresses (strongholds).

We are destroying speculations (doubts) and every lofty (prideful) thing raised up against the knowledge (understanding) of God (who He is), and we are taking every thought (perception) captive to the obedience of Christ,

and we are ready to punish (protect, defend) all disobedience whenever your obedience is complete. (Ready—Paul sees no point in coming to confront disobedience until those who have obeyed Jesus have made up their minds to do so.)

“Whatever my mind is fixed on is the very thing to which I am faithful!! Father God must be my stronghold, or something else will.” (Judy Baker)

What is that something else?

What trial or temptation are you currently facing that needs to be surrendered and let go of so God can do His work in your life?

Name it—

Tell God what you are feeling, thinking, wanting, or what lust you are striving for (security, control, attention, acceptance, or it can be physical). Write it out!

Ask God, **“Why am I feeling like this? Why is it bothering me? Why do I feel like I need _____?”**

(You are asking God to reveal your sin, your pride, your lack of trust in Him—anywhere in your life that He is not supplying, you are seeking it from someone or something else in your life.)

Confess it—

Confess that sin to the Lord. Confess what that root is—what that lust is. See how serious your sin is and how it affects you and everyone around you.

Leave it—

Repent of it. Turn from it. Leave it behind and turn to your God—away from your sin!

RECEIVE IT (Forgiveness)—

Receive your Heavenly Father’s forgiveness, given to you on Calvary—given to you through Jesus Christ! Receive it! He is pouring out His love and pouring out His grace on you!! Receive it!

REJOICE IN THE FORGIVENESS OF GOD!!! WALK IN THE GRACE HE HAS GIVEN!!