

Philippians 2:12-13
Work Out What God Has Worked In
Rootwork

1. **(Everyday)** Before you begin your study time - spend time in prayer! Go through your “yesterday” and ask the Lord to reveal your heart! Prepare your heart and surrender your will to the Spirit of God! Allow Him to have full access by not withholding anything He wants to do in and then do through you!! Make a conscious effort to bow your will and your obedience to the Lord before you even dive in! This prepares your heart to hear and to heed everything He speaks to you!

2. **(Everyday)** Then spend time in adoration and worship after you have cleansed your heart and before you dive into the scriptures!! Proclaiming who God is and adoring Him lifts our eyes up and keeps our focus on what really matters...putting God in His rightful place and putting us in ours! Remember, the enemy is going to try to keep you from being in the Word, he hates when we worship our God- Worship breaks his bondages over believers, so submit to God, resist him and he will flee!!

3. If you were at the “Digging Deeper Workshop” and you would like to structure these scriptures, Copy and paste Philippians 2 into a word/ pages document or write it out verse by verse, following the structuring handouts you received!(if you have not done so already) If you were not there and want to watch it, search “Digging Deeper” on our website or app and watch it for tools to help you in your study time!

4. **(Everyday)** After you finish your Rootwork every day, be sure to spend time in prayer (ACTS) going through what you have learned and received from the Word of God! This is also in your “Digging Deeper” handout!
5. Before we begin, review the first 11 verses in Philippians 2. Why did God have Paul write these verses? What was His intention for us to know? What stuck out to you the most? Did you learn anything new by digging deeper into these familiar verses? If so, what?
6. Read Philippians 2:1-13 together! At first glance, can you see why people can misinterpret verse 12?
7. Read Philippians 2:12-13 again. Now highlight or mark any repeated words, or any words that stick out to you. Get your Blue Letter Bible app (BLB) out and look up all words you would like further insight on. Even look up words you think you know and note if it adds any more details to the text. Write their definitions (If you have any questions on how to use the BLB app, please email me or talk to me at any service times)
8. Can you think of another theme for this section?
9. Look at the beginning of verse 12, notice it starts with “So then” or “therefore”, what is it there for?
10. How does Paul refer to the Philippian believers in verse 12? What does it mean, and why do you think he calls them this? Do a quick cross-reference search and see where else this term is used in Scripture. Record what you learn about each!

11. Take a look at the middle of verse 12 about obedience. Why do you think Paul included this? What is he saying?
12. Paul commends the Philippians for their obedience when he was present, but what did Paul desire even more in his absence? What does that say about character?
13. Now look at your own life. How is your obedience to the Word of God and the Spirit of God? Does it differ when people are watching?
14. What does “work out” mean here?
15. In our study, we compared “working out” to mining for silver and working out physically! What most impactful for you when looking specifically at silver mining? Does this resemble your sanctification process? If so, how? What is God trying to accomplish in you and then out of you?
16. Working out spiritually and working out physically have a lot in common! First, let’s look at 1 Cor. 6:19-20 and write this verse out! How does this verse convict you or challenge you?
17. I often think that we have an unhealthy perspective that our physical and spiritual health are separate or compartmentalized, when in reality, they are connected and deeply intertwined! Both working out physically and working out spiritually is hard- it’s difficult to stay consistent and make yourself work hard in the moments when you are worn out and exhausted! Both our physical and spiritual health reveal the things in and through us that need to be dealt with! Just like with our spiritual health, our physical health exams make us come face to face with our idols- Idols of food, Idols

of comfort, idols of self vanity, idols of shame and self- comparison, idols of pride. The idol of self is never satisfied and never settled, always demanding attention and always wanting more! Oh how it needs to be killed consistently! I know this is an area some do not like to look at, but how seriously do you take you physical health as well as you spiritual health? How often do you think about the fact that God has given you only one vessel- one that He wants to use to the highest capacity? Take some time and really look at the battle that you may not want to fight but need to. What idol needs to be brought down? What is the Lord speaking to your heart?

18. Working out your salvation is your sanctification process, and the sanctification process is not passive! Here, to the church of Philippi, Paul is telling them to work out, be diligent, be intentional in living out what God has worked in them. So, how are you doing with your spiritual work out? How diligent and intentional are you? Are you striving? Are you exhausted? Or are you relying on the Lord to do the work through you?
19. Now, let's look at how working out physically can be compared to working out our salvation. We covered seven things that are required when working out. I have them below. Look at each one and look up the verses that under the requirements. Write out what you learn! If you have time see what other verses you can find on each requirement and how it relates to working out your salvation. (There are many more for each requirement)
 - 1) Working out requires a good coach or a good trainer!! Both are great for encouragement and accountability! Jesus is the best one to give us an example and to train us spiritually!
 - Luke 9:23
 - John 8:12

- 2) Working out requires discipline! Do you struggle with this personally in your spiritual or physical health?
 - 1 Tim 4:7-8
 - 1 Corinthians 9:27
 - 2 Timothy 1:7
 - Hebrews 12:11

- 3) Working out requires resistance! It is God's grace and His training tool! Do not fight it but allow it to strengthen you!
 - Romans 5:3-5
 - Hebrews 12:1
 - Galatians 6:9
 - 2 Corinthians 4:16
 - James 1:2-4
 - Heb. 10:35-36

- 4) Working out requires a plan and a goal! What is your plan? What is your goal? (both spiritually and physically)
 - Phil 3:13-14
 - I Cor 9:24-27

- 5) Working out requires the right nourishment! How are you doing here, both physically and spiritually? What, if anything, needs to change?
 - Isaiah 55:1-3
 - John 6:26-27
 - John 6:48-51

- Hebrews 5:12-14
 - Matthew 4:4a
- 6) Working out requires hydration! How are you doing here, both physically and spiritually? What, if anything, needs to change?
 - John 6:35
 - John 7:37-39
 - John 4:14
 - Ezekiel 36:24-27
 - 7) Working out requires consistency! How are you doing here, both physically and spiritually? What, if anything, needs to change?
 - 1 Corinthians 15:58
 - James 5:12
 - Hebrews 10:23
20. As you look back over all seven requirements, which ones are the most challenging for you? I know this is not comfortable, but I also know that without coming face to face with it, we can not change and grow! So let's face it by going a little deeper. You have identified areas where you need to be more disciplined in your physical and spiritual health..can you stop and identify WHY you struggle in those areas? Can you pull out the ROOT causes of your battles? Ask the Lord to reveal areas you don't see or have not truly looked at in a long time! Lay them before Him in surrender and allow Him to develop in you self- discipline through the HOLY SPIRIT!! Remember, you can not self- will yourself into growth, you will burn out and give up! You need to depend on the Spirit of God to WORK in you and then THROUGH you! He is the one who does it!! You need to depend solely and wholly on HIM!! Write out your prayer of surrender!! Then praise Him working in and through you!! This can be

life changing if you allow yourself to be vulnerable with yourself and the Lord! Let Him free you from shackles of unhealthy habits both physically and spiritually!

21. Notice how it does not say work FOR but work OUT. Our salvation is a gift from God, bought with a high price! What is the outward evidence that the Lord is doing an inward work in your life?
22. Read Ephesians 2:8-10 and record what the Lord has done in order for you to have salvation!
23. Look at the second part of verse 12, how are you to work out your own salvation?
24. What attitude is required?
25. In your own words, define the “fear” and “trembling” that Paul is talking about here? Do you struggle with this? Does this attitude drive you to God and not from Him? If so, you have the right perspective!
26. Read the following quotes and record how they clarify the command of Phil 2:12:
 - “There is a mixture of reverential awe and serious responsibility toward God’s will as we work out the implications of our eternal salvation in our daily lives.” Osborne
 - “We work out our salvation with **fear and trembling**; but it doesn’t have to be the fear of hell or damnation. It may instead be the righteous and awe-filled reverence of God every believer should have. It doesn’t have to be the **trembling** of a guilty sinner; it should instead be the joyful **trembling** of an encounter with the glory of God.” Guzik

27. We have been given a great gift and we have been entrusted with a serious responsibility of working out what God has worked in! How does this perspective change your everyday thought life? How does it then change your perspective of sanctification?
28. Compare 2 Timothy 2:15 with Phil. 2:12, how does this verse add clarity and perspective? Does this challenge you personally and how?
29. Read verse 13, who does the work? Who gives the desire? Who accomplishes the call?
30. Read the following verses! For each scripture, record who is doing the work and what work is being done:
- Ephesians 2:10
 - Phil. 1:6
 - Hebrews 13:21
31. In recognition of what God has done and is doing in you, what is your responsibility? Support your answer with scriptures!!
32. Is it possible to make the work of God ineffective? How?
33. How do you know God is working in you?
34. What does Romans 8:29 say about God's plan for each of His children?

35. Realizing that it is God who is the one doing the work, why is He doing the work according to verse 13?
36. How does He do the work? Read John 14:26. How can you make sure it is Him and not you so you don't burn out and give up?
37. Look up 2 Peter 1:1-9 and either write it all out or copy and paste it into a word/pages document. Separate each scripture either by structuring it (if you did digging deeper with us) or just by separating it so you can look up each word and definition. Record verse by verse what Peter is saying here! How have we been given everything for life and godliness? What is the process of sanctification outlined here?
38. Take a minute and record next to each process how you have seen this demonstrated in your life personally? How has this been worked in you?
39. After you have looked at every detail, what do you see? How has this changed your perspective or given you more insight to work out what God has worked in?
40. Read verses 8-9 again, how do these verses challenge you to be useful and fruitful? Is there anything hindering you and causing you to lack these qualities? Wow!! These do not sugar coat and are so very powerful!! We need this ladies, we need to look at our lives and see the hard truth of what we are allowing to hinder our race! Remember, every ounce of conviction is gift from God and we need to be good stewards of it!!
41. The fact that the Creator of the heavens and the earth is not only aware of you, but has great plans for your life- and works within you to fulfill those plans is mind blowing and gives cause to humble yourself and rejoice in

what He has done!! Take time now to write a prayer of thanksgiving to the Lord for all He is doing in you so that you can work out your salvation with fear and trembling!! What a good God we serve!!