

Philippians 4:1-3
The Biblical Courtroom
Rootwork

1. **(Everyday)** Before you begin your study time - spend time in prayer! Go through your “yesterday” and ask the Lord to reveal your heart! Prepare your heart and surrender your will to the Spirit of God! Allow Him to have full access by not withholding anything He wants to do in and then do through you!! Make a conscious effort to bow your will and your obedience to the Lord before you even dive in! This prepares your heart to hear and to heed everything He speaks to you!

2. **(Everyday)** Then spend time in adoration and worship after you have cleansed your heart and before you dive into the scriptures!! Proclaiming who God is and adoring Him lifts our eyes up and keeps our focus on what really matters...putting God in His rightful place and putting us in ours! Remember, the enemy is going to try to keep you from being in the Word, he hates when we worship our God- Worship breaks his bondages over believers, so submit to God, resist him and he will flee!!

3. If you were at the “Digging Deeper Workshop” and you would like to structure these scriptures, Copy and paste Philippians 4 into a word/pages document or write it out verse by verse, following the structuring handouts you received! If you were not there and want to watch it, search “Digging Deeper” on our website or app and watch it for tools to help you in your study time!

4. **(Everyday)** After you finish your Rootwork every day, be sure to spend time in prayer (ACTS) going through what you have learned and received from the Word of God! This is also in your “Digging Deeper” handout.
5. Read Philippians 3:12–4:3 in context. What is being said, and what does this tell you about Paul’s heart for this church?
6. Write out the kind of mind that is required in chapter 4 so we can walk in joy. Keep this handy for the rest of the chapter as we see this unfold!
7. In Philippians 4:1, what is the “therefore” there for?
8. Looking deeper at verse 1 of chapter 4, what kind of example does Paul give us in how he relates to the church at Philippi? How are we to love as sisters in Christ? List the various ways Paul addresses them. Does this challenge you? If so, how?
9. What kind of crown is Paul referring to here? Read 1 Thessalonians 2:19–20. (If you want to do a deep dive on the different crowns, list all five that we covered briefly and go through the Scriptures that explain each one.)
10. Knowing how much Paul loved the Philippian church, do you believe they received his admonishment and instruction with open hearts? Why or why not?

11. As a believer, you have many opportunities to share admonishments or warnings with other believers. What attitude must they see in you before they receive instruction?
12. What is Paul urging the church to do in verse 1?
13. What comes to your mind when you hear “stand firm”? Would you characterize your walk in this way? Why or why not?
14. Look up “stand firm” in your Blue Letter Bible app and record what it means.
15. Paul does not say to stand firm in yourself; he says to stand firm in the Lord. What does it mean to stand firm in the Lord?
16. Has there been a time in your life when everything in you wanted to run, but you stood firm in the Lord and did the right thing? If so, explain.
17. Look up the following verses and record what they say about standing firm:
 - Philippians 1:27
 - Philippians 2:2
 - 1 Corinthians 16:13–14
 - Galatians 5:1
 - 1 Thessalonians 3:6–8
 - 2 Thessalonians 2:15

18. What things might pull you away from remaining steadfast or standing firm?
19. How does being “in the Lord” protect you from being drawn away?
20. Read 2 Timothy 2:1–5 slowly, word for word. What insight do these verses give? Do they challenge you? If so, how?
21. Read verse 2. What is the transition here, and why do you think the chapter was split up this way?
22. What is Paul urging here in verse 2?
23. Look up the word “harmony” and do a Scripture search to find where this exhortation and command have been given before. What was the context?
24. Stop for a minute and write out why you think being of the same mind is so important. Unity is what Jesus prayed for. Why unity?
25. How can you be of the same mind with other believers? What does that look like practically?
26. Why do you think Paul spent the time to write this specifically?
27. How could the other believers in Philippi have helped end the conflict between these two women?
28. As you think over the conflicts you have had in your own life, what were the root causes?
29. Why does conflict occur?

30. In Bible study, we went over four common causes for conflict in general. What were they?
31. In reference to the first cause, read James 4:1–3. How have you experienced this personally? How was it resolved?
32. The second common cause is so very prevalent in our lives because it is at the very root of our sin—pride! We have to be so very mindful of how this can rear its ugly head so we can stop it immediately! Read the following verses and record how they encourage and challenge you:
- Proverbs 13:10
 - Proverbs 11:2
 - Proverbs 8:13
 - James 4:6
33. In Bible study, I mentioned two quotes. Read them and then record your thoughts. Have you seen these to be true in your own life?
34. “A proud man is always looking down on things and people; and, of course, as long as you are looking down, you cannot see something that is above you.” — C. S. Lewis
35. “Pride is concerned with who is right. Humility is concerned with what is right.” — Ezra Taft Benson
36. The next common cause can start a fire and destroy everyone in its path! Having a quick temper, angry words, and sharp jabs—how has this personally affected your life? What was the outcome?

37. Read the verses below, and if you personally struggle with this, please put these verses where you can read them. Use them to take your thoughts captive and teach yourself truth in the heat of the moment. Then see what other verses you can find on anger.

- Proverbs 14:29
- Proverbs 15:1
- Proverbs 15:18
- Proverbs 22:24–25
- Ephesians 4:25–27

38. “The greatest test of a man’s character is his tongue.” — Oswald Chambers

39. Think about this. Oh, how true this is! What are your thoughts on this quote?

40. The last common cause for conflict is one that seems innocent but can absolutely be used by the enemy. It is his name, after all—this is his fingerprint, his mode, and his domain: gossip.

41. How has gossip destroyed relationships in your life?

42. Just like any other sin, gossip can become a stronghold, a lifestyle, or a habit. Is this something you struggle with? If so, stop and sit before the Lord in prayer. Confess this to Him, ask for forgiveness, and surrender your tongue to the Lord. Ask Him to prick your heart with conviction every time you are tempted to gossip, every time you are seeking that quick hit of self-validation by destroying someone else.

43. Write out a prayer you can revisit frequently as you walk this out in freedom.

44. Do not take this lightly. This can be such a tool of the enemy if you do not bridle your tongue. Oh, how true the quote is from Joseph Conrad: “Gossip is what no one claims to like, but everyone enjoys.” No wonder we need to be so dependent on the Lord!
45. We discussed how the hearer of gossip is just as much at fault as the one spreading the gossip. Why? How can you stop gossip that is trying to be spread to you? I shared a very powerful question to ask when someone tries to spread gossip: “Don’t tell me what they said. Tell me why they were comfortable saying it to you.” This changes everything. It stops defilement from happening. It stops the enemy from having his way in the lives of so many believers. We need to make sure our hearts are quick to stop sin in others—for their sake and for ours. Write out your thoughts on this.
46. Look up the following verses and keep them handy for when you need to be reminded. Oh, how easily we forget! Write out your thoughts on each one, and then see if you can find more verses to add.
- Proverbs 16:28
 - Psalm 101:5
 - Matthew 12:36
 - Ephesians 4:29
 - James 1:26
 - Mark 7:20–23
 - Proverbs 6:16–19
47. So, in light of all this—in light of God’s Word, in light of eternity, and in light of the Kingdom of God—when you are faced with conflict and strife, I want you to ask yourself this question: “At the end of the day, when I stand before God, will this matter? Will this be what I am

thinking about or what I am concerned about at the end of my race?” This will help so much in determining which battles are worth fighting and making sure we are fighting the right ones. We do not fight each other. We fight our flesh. We fight our pride. We fight our desire to be right. We fight our demand to be heard. We fight to do things biblically. That is a fight worth fighting. Keep this in the forefront of your mind, and it will be a safeguard for you. So, how do we do this practically?

48. We went over four simple steps to make sure we are resolving conflict the right way. What were they?
49. Each one must be approached with a humble heart, humbling yourself and making sure that self is denied and off the throne before seeking resolution.
50. Number One: Take the First Step! Go directly and privately to the person who upset you and talk it out. Have you walked this out before, or have you seen this walked out in someone else’s life? If so, what was the outcome?
51. Read Matthew 18:15–17 and record the steps that are necessary when walking through conflict.
52. In what situations do you simply let that person go and let God deal with it? Why?
53. Number Two: Check Yourself First. Make sure there is no sin in your own heart before trying to resolve conflict, or you may cause even more damage.
54. Read Matthew 7:3–5 and record what it says.

55. Have you experienced this personally? Maybe you've taken time to clean your own vessel before addressing someone else—or maybe you didn't, and you tried to resolve conflict anyway. Explain what happened.
56. Number Three: Forgive Quickly. This step is so important for your sake and for the sake of others. Unforgiveness can be paralyzing mentally, emotionally, and spiritually.
57. Read the following verses and record what they say about forgiveness:
- Ephesians 4:2
 - Ephesians 4:32
 - Proverbs 19:11
 - Colossians 3:12–17
58. Number Four: Do Your Part to Live at Peace. As far as it depends on you, do what is right and leave the rest up to the Lord.
59. Read the following verses and record what the Word of God tells you to do. Can you find more verses to add?
- 2 Corinthians 5:17–21
 - Romans 12:15–19
60. This is all we know—and the only thing that is written in Scripture—about these two women. Suppose your life were summed up in one sentence and printed in the all-time best-selling Book...the Bible. How would you feel if this were the only sentence describing you?
61. What would your sentence say?

62. What would you want your sentence to say?
63. Now compare it with the fruit of your life. Are they the same? If not, what needs to change?
64. Read verse 3. What is Paul saying here? Why does he make this point?
65. Look up the following words in your Blue Letter Bible app and record what they mean:
- True companion
 - Help
 - Struggle
66. Book of Life The word “struggle” is used to describe a group of athletes cooperating with one /another to attain a goal. The word speaks of strenuous and agonizing effort. How would conflict, such as Euodia and Syntyche’s, affect the team’s effort?
67. When we live among other believers and do life together as part of the body of Christ, our race—our walk—greatly affects those around us. It also greatly affects the calling God has placed on the church.
68. Think about this and list ways that each individual’s walk can either be used by God for the furtherance of the gospel or be used by the enemy as a distraction and stumbling block.
69. What can you contribute to the unity of your spiritual teammates?
70. What do you learn about this true companion and Clement?

71. Look up the following verses on the Book of Life. What do you learn? (After you have looked up these verses, if you would like to study this subject more deeply, go back and watch the Revelation teachings on our website.)

- Revelation 20:12–15
- Revelation 21:27
- Revelation 13:8
- Revelation 17:8
- Revelation 3:4–6
- Revelation 22:19
- John 10:28–29
- John 6:35–39
- Psalm 69:28
- Luke 10:20
- Exodus 32:32–33
- Daniel 12:1

72. If you are born again—a new creation with a new nature—and you have received the gift of eternal life, end your Rootwork by writing out a prayer of thanksgiving to the Lord that your name is written in the Book of Life. What a gift! On that day, when you stand before the Lord, He will call your name, and heaven will rejoice. You will worship your King, and the crowns you have received will become an offering of worship as you cast them at His feet. Can you imagine it? What a glorious day that will be! Worship your God now.