

How Do I Have Hope?

Sunday, May 3 | Pastor Jason Browning

Psalm 42

1 As the deer pants for streams of water, so my soul pants for you, my God. 2 My soul thirsts for God, for the living God. When can I go and meet with God? 3 My tears have been my food day and night, while people say to me all day long, “Where is your God?” 4 These things I remember as I pour out my soul: how I used to go to the house of God under the protection of the Mighty One with shouts of joy and praise among the festive throng. 5 Why, my soul, are you downcast? Why so disturbed within me? Put your hope in God, for I will yet praise him, my Savior and my God. 6 My soul is downcast within me; therefore I will remember you from the land of the Jordan, the heights of Hermon—from Mount Mizar. 7 Deep calls to deep in the roar of your waterfalls; all your waves and breakers have swept over me. 8 By day the LORD directs his love, at night his song is with me— a prayer to the God of my life. 9 I say to God my Rock, “Why have you forgotten me? Why must I go about mourning, oppressed by the enemy?” 10 My bones suffer mortal agony as my foes taunt me, saying to me all day long, “Where is your God?” 11 Why, my soul, are you downcast? Why so disturbed within me? Put your hope in God, for I will yet praise him, my Savior and my God.

We can lose hope when our present circumstances mock our **past** faith.

Don't let your enemies **rewrite** your testimony.

David is alone in a cave fleeing for his life and the place where he wants to be is in **church**.

Hope comes from experiencing God's presence with God's people.

Don't have a **casual attitude** toward gathering together with other believers.

David puts his hope in God.

David stopped listening to himself and started **preaching** to himself.

In the depths of deep pain, we find the deep love of God.

This Psalm isn't pleasant, it isn't peaceful but its praiseful.