

### **Discussion Questions:**

What is one thing that stood out to you from this week's message?

One of the themes last week was that we are too busy to spend time with God. How did you do this week? Did you manage your time any better?

How might a period of rest and relaxation give you a glimpse into eternity? Does that mesh with your image of eternity? Why or why not?

What motivates you? Accomplishment, or something else? If you are motivated by accomplishment, how might the Sabbath help remind you of the work of Christ?

What are some ways doing nothing for a day could help you gain an eternal perspective?

How can we pray for you?