



## Week 1

**Text:** Philippians 2:14–18; 4:4–7 **Topic**: Thanksgiving, Joy, Perspective

Big Idea of the Message: Choosing an attitude of thanksgiving leads to peace and joy.

Application Point: We can truly rejoice when we focus on Jesus and his good

purposes.

## **Discussion Questions:**

- 1. What is one thing that stood out to you from this week's message?
- 2. What do these two passages have in common?
- 3. Does choosing to express gratitude have an effect on someone's circumstances? How so—or not?
- 4. How can someone know if their praying is following Paul's instructions here? What about just being honest with God in prayer?
- 5. Have you ever experienced joy and peace as a result of praying instead of worrying? What did that look like for you?
- 6. How can I pray for you?