



How To...Life

WEEK 1: Marriage and Relationships - How do I make this work?

(Ephesians 5:21; James 1:19; 1 Corinthians 7:10-11; 2 Corinthians 6:14-18, 5:17; Proverbs 4:23)

In this series, we'll tackle some key areas of life and how they've changed through the COVID pandemic, looking through the lens of the One who knows best—our heavenly Father.

DISCUSSION QUESTIONS

1. [ICEBREAKER] What's the last thing you "asked" Google? Or what was the last task for which you needed to find instructions?
2. When you think about the concept of mutual submission, what might it look like in your marriage? If you're not married, what do you imagine mutual submission would look like in a future relationship? Do you think mutual submission might be applied in other areas? [Ephesians 5:21]
3. As Pastor William discussed, your intentions matter. What do you need to be more intentional about today? Do you need to be more intentional about making time for your family? Or do you want to be more intentional about your future relationships?
4. Why might active listening skills be vital to the success of a relationship – marriage, friends, or otherwise? Do you consider yourself a good listener? If not, how might you learn?
5. In this fallen world, what do you find challenging to guard your heart against? Can you share some lessons learned with the group? [Proverbs 4:23]
6. As we learned this week, your future does not have to be a continuation of your past. God offers us redemption and freedom from the chains we keep wrapping around ourselves. Do you need freedom from any chains? How can others help? If you don't have any chains to share, what topic do you think you need to learn more about going forward?

MOVING FORWARD

God can restore.
God can heal.
God can renew.

*"If we confess our sins, he is faithful and just to forgive us our sins
and to cleanse us from all unrighteousness."*

—1 John 1:9 (ESV)