



How To...Life

WEEK 4: Time – How Can I Fit Everything In?

(Matt 6:24-34, 22:37; John 13:34-35; Rom 12:2; Luke 10: 38-42, 12:22-34; Phil 4:6-8)

In this series, we'll tackle some key areas of life and how they've changed through the COVID pandemic, looking through the lens of the One who knows best—our heavenly Father.

DISCUSSION QUESTIONS

1. [ICEBREAKER] Did you decide to take the 4 Habits challenge? How's it going?
2. This week Pastor William reminded us about the 4 Truths of Time. #1 was “We have to start with the big rocks” when we fill our jar. What are your big rocks going to be moving forward? Have you ever tried writing these down or maybe drawing a visual representation of your “jar” as a reminder?
3. Remembering the #2 Truths of Time -- “Don't follow the pattern of others; follow God's plan for YOU”-- do you know God's plan for you? If you don't, how might you start down that path of discovery? If you have experience in this area, how might you find opportunities in your life to share the lessons you've learned with others? [Romans 12:2]
4. In Truth of Time #3, Pastor William reminds us about Matthew 6:25-34, and scripture's response to worry and fear, which can be found in Paul's letter to the Philippians [Phil 4: 6-8]. When you attempt to transform your worry to faith, what focus helps you train your thoughts? Are there other ways you might train your mind?
5. Truth of Time #4 - What did you say NO to in the last few weeks? Did you say NO because you felt you needed different results in your life? What was your reason and what priority do you think it speaks to in your “new normal”?

Homework: As part of this week's challenge to “Audit Your Priorities”, how might you find some time this week to ask yourself the below questions? Remember Southview's prayer team would love to pray for you, or with you, as you begin to discover God's will for your life. [southview.org/prayer]

Question #1 – What are the results I want in my life?

Question #2 – What is the will of God for my life?

MOVING FORWARD

You have all the time you need to do **everything** God has called you to do.

“Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God.”

—Philippians 4:6 (NIV)