

LIFE GROUP GUIDE – Week Beginning Sunday 3rd May 2026

KEY SCRIPTURES – Mark 9:2-13

This Week's BIG IDEA

The transfiguration is a profound revelation of Jesus' divine glory, confirming his identity and answering beyond doubt Jesus' repeated question, "Who do you say I am?". This experience should have been the lens through which the first disciples walked alongside Jesus towards the suffering and seeming defeat of the cross.

Focussing on God (15 mins)

Kick-start a time of open worship by singing [How Great Is Our God](#). Consider following that with [this](#) background track (navigating the adverts as best you can), encouraging people to continue singing out and worshipping in their own words or with the gift of tongues. Wait for or encourage people to bring contributions and spiritual gifts.

Getting into Scripture (40 mins)

Read the Key Scripture above.

- Q1. Imagine you were there that day; how would you have felt and what would you have made of the experience?
- Q2. To what extent do you sympathise with the disciples' misplaced reactions in verses 5-6 and 10-11?
- Q3. How do Mark's descriptions of Jesus looking 'whiter than white', Elijah and Moses turning up, and a voice speaking from a cloud help us understand what was going on and what it means?
- Q4. How does this event help us answer Jesus' repeated question throughout Mark's gospel, "Who do you say I am?"
- Q5. Why do you think Jesus' transfiguration happened at this point in his life, rather than before or later? How was it meant to help and encourage Jesus' disciples then as well as now?
- Q6. How does this event provide us with hope, particularly when walking through pain, trial or confusion?

Prayer (20 mins)

Read Romans 15:13, which is one of Paul's prayers, and use it as inspiration for praying for one another.

Then consider gathering around one particular person who's going through a tough time, encouraging others to bring prophetic words and pictures as well as their best prayers. It may just help them believe that God is in control and sees the bigger picture.

If you have time, repeat with somebody else.