

LIFE GROUP GUIDE – Week Starting Sunday 20th September 2026

This Week's BIG IDEA

Last week we began our new teaching series – **Authentic**. Our vision is not just to hear sermons, but to learn together from the truth within them. Life Groups are a vital part of that process – so thank you for committing to leading and being part of one.

In this series we will keep coming back to our foundational belief that we are **image bearers** and **Kingdom bringers**. This week we remind ourselves that because of our God given identity and the finished work of Jesus, we don't need to hide from God or from others. We can take the risks needed to grow in authentic worship.

Focussing on God

Before discussing anything, spend a few minutes in simple worship and stillness. Invite the Holy Spirit to have his way amongst you and encourage the group to slow down and become aware of his presence.

These worship songs might help:

<https://www.youtube.com/watch?v=izb6Nz4o5VM>

<https://www.youtube.com/watch?v=mgjGh1da3J8>

Missional focus

Although our focus at the start of this series is our own internal authenticity before God and one another, we do not want to lose sight of our missional calling. Take some time to share together:

- Where have you noticed God at work in your everyday life recently?
- Have there been conversations, moments, or opportunities where you were able to show someone the love of God or share a part of your faith?
- Take 5 minutes to pray for those on your lost lists.

Discipleship Discussion

Read together:

You may not have time to read all of these passages but maybe pick a few to capture the broad picture of expressions of worship.

- 1 Samuel 1:6-20
- Psalm 13
- Psalm 40:1-10
- Psalm 47
- Psalm 63
- Psalm 95
- Psalm 96
- Psalm 100
- Mark 14:1-11
- Ephesians 5:15-21
- Colossians 3:12-17

Use these questions to help discussion – remember it is not a quiz, there are no right answers, and you don't have to complete them all.

- What do these verses tell us about the ways God invites us to worship?
- Why is authentic corporate worship so effective at reminding us of our identity?
- Why can it be so hard to worship in a wholly authentic way?
- What part can you play in growing an authentic worship culture at Everyday Church?

Pray

Take time to pray for one another, remembering to engage the Holy Spirit and eagerly desire the prophetic.