

Life Group Guide – Week Starting Sunday 15th February 2026

Who Touched Me? Key Passage: Mark 5:21-43

This Week's BIG IDEA: Faith encounters with Jesus.

Opening the topic: Relate your encounters with any famous people.

Memory check: Can you remember the three encounters and three examples of faith in the Bible passage? [Jairus, the woman who was bleeding, Jairus' daughter; specific/interrupted faith, continuing faith, no faith/Jesus' faith]

Opening God's word:

Read together Mark 5:21-24

Encounter #1 Jairus

- How did Jairus demonstrate desperation? How did he evidence his faith? What was specific about it?
- Have you ever 'project managed' God in your prayers? How did that look? [timing/outcome?] How does 'project managing' God impact difficulty in delay or disappointment in timing?

Read together Mark 5:25-34

Encounter #2 The woman who was bleeding

- Why was the woman desperate?
- Why was she unclean? [see Leviticus 17:11; Leviticus 15:25-30 – life was in the blood, atonement and making clean were also in the blood].
- What did she keep saying to herself? [She 'kept saying' (Greek verb is a continuous action) – 'if only I can touch him I will be healed'].
- Are you keeping on saying something to yourself in faith?
- Why does Jesus call her out? [not to expose her but to declare her clean].
- How is Jesus both priest and blood sacrifice? [see Romans 8:3; Hebrews 7:24-27].
- She touched the edge of his robe, he would cover her with his righteousness.
- Healing [Greek word] SOZO physical/emotional/mental healing AND salvation – complete healing and wholeness. What does complete healing look to you?
- Jesus brings her into relationship as a child of God.

Read together Mark 5:34-43

Encounter #3 Jairus' daughter

- Where was the faith? [Jesus' presence].
- Who are you listening to? – the crowd or Jesus? – 'Do not fear, only believe'.
- Jesus proclaimed that the child was not dead, but was only sleeping. How does this affect your experience/expectations of death as a believer? [See 1 Thessalonians 4:13,14].
- What does life as a child of God look like? [Fullness of life, flourishing etc].

WITHOUT JESUS WE ARE BOTH UNCLEAN AND DEAD. How have you encountered Jesus?

Worship: [Charity Gayle - I Speak Jesus \(Lyrics\)](#) [feel free to use this song at the beginning or the end – it is Jesus who heals, there is power in his presence; as image bearers and kingdom bringers we carry his presence wherever we go].

Jesus brought Peter, James and John with him because he would send them out to heal the sick, raise the dead, drive out demons and cleanse lepers. We are sent out as Jesus' body here on earth to bring faith encounters to those we encounter. How do we do this?

- Prayer.
- Open to the Holy Spirit.
- Connecting, sharing the Father's love, filled with compassion of Jesus.
- Dependence on the Holy Spirit.
- Praying with people, releasing healing, sharing the good news about Jesus.

PRAY for each other, and those you meet, to have faith encounters with Jesus.