

## LIFE GROUP GUIDE – The Name #6 – “The Lord Our Healer”

**This Week’s BIG IDEA:** During the six weeks of the summer, we are looking at the different names of God (listed in the grey box below). God wants us to run towards these names so that he can help us (Proverbs 18:10). He also wants us to embody these names as we live our daily lives so that he can reach out to people through us (eg John 8:12 → Matthew 5:14). Today is all about **The Lord Our Healer**.

### CONNECT IN with one another and UP with God being honest about what Scripture speaks into your lives

- 1) **Read Exodus 15:22-26.** The Lord had already revealed himself to Moses and the Israelites as God the Redeemer. Why do you think it was so important that he also taught them that he is *The Lord Our Healer*?
- 2) Do you think it’s easier to believe that God is the Forgiver of our souls than to believe that he is the Healer of our bodies? If you do, then why do you think it’s so essential that we discover that the Lord is both?  
[Help for leaders: You might want to take people to Matthew 9:4-8, where Jesus teaches us that miracles of physical healing help engender faith in people’s hearts for forgiveness. Paul says in Romans 15:18-19 that this was the key to his own Gospel fruitfulness.]
- 3) In verses 22-24, the Lord allows the Israelites to taste the bitterness of this world in order to pave the way for a mighty miracle in their lives. Where is there bitterness right now in your own life and in the lives of those you love and care for? How do you need to experience God as *The Lord Our Healer* today?
- 4) **Read Matthew 8:14-17.** How does Matthew’s explanation of how Jesus was able to heal people shed light on why God told Moses to heal the bitter water by placing his faith in a piece of wood?  
[Help for leaders: Matthew bases his explanation on a quotation from Isaiah 53 – the most famous Old Testament prophecy about the cross of Jesus. He tells us that Jesus was able to heal sickness because he would undo the curse of sin at Calvary.]
- 5) How should this quotation from Isaiah 53 encourage us to believe that God is still *The Lord Our Healer* today?  
[Help for leaders: If Matthew told us that Jesus healed simply because he is God or simply because he had compassion on people, then we might be left doubting whether or not God still wanted to heal today. However, by locating the source of Jesus’ healing ministry in his cross, Matthew reassures us that God is still *The Lord Our Healer* to anybody who believes in the cross of Jesus today.]
- 6) Matthew knew how difficult we would find it to believe this. It’s easy to doubt that God is truly willing to heal people through the cross of Jesus today. How does he reassure us of God’s willingness in **Matthew 8:1-4**?

### CONNECT UP with God for the world around you and OUT to serve the world around you

Take time to pray for anybody in the room who needs healing. Be encouraged by Matthew 8:5-12 (which comes between the two passages in Matthew’s gospel that you have looked at together) to believe that God will also heal your friends from a distance through you.

End with a time of commissioning prayer, asking God to make you ministers of *The Lord Our Healer* to those around you. If you need encouragement to believe that God wants to do this through you, **read John 14:12**.

**The Lord Who Forgives Us**  
(Yahweh Tsidkenu, Jeremiah 23:6)

**The Lord Who Changes Us**  
(Yahweh M’Kaddesh, Exodus 31:13)

**The Lord Who Is Present**  
(Yahweh Shammah, Ezekiel 48:35)

**The Lord Is Peace**  
(Yahweh Shalom, Judges 6:24)

**The Lord My Shepherd**  
(Yahweh Rohi, Psalm 23:1)

**The Lord My Victory Banner**  
(Yahweh Nissi, Exodus 17:15)

**The Lord Who Provides**  
(Yahweh Yireh, Genesis 22:14)

**The Lord Who Heals Us**  
(Yahweh Ropheh, Exodus 15:26)

**I AM the Bread of Life** (John 6:35)

**I AM the Light of the World** (John 8:12)

**I AM the Good Shepherd** (John 10:11&14)

**I AM the Gate** (John 10:17)

**I AM the Resurrection & the Life** (John 11:25)

**I AM the Way, the Truth & the Life** (John 14:6)

**I AM the True Vine** (John 15:1)

### KEY DATES

Every day across the summer

Sunday 6<sup>th</sup> September

Tues/Weds 8<sup>th</sup> / 9<sup>th</sup> September

8:00-8:30AM daily prayer – Zoom ID 972-4867-2336.

ASK Prayer Meeting to start the new term – also Zoom ID 972-4867-2336.

First night of new Alpha Courses on Zoom – details and sign-up at [www.everyday.org.uk/alpha](http://www.everyday.org.uk/alpha)