

## **LIFE GROUP GUIDE - Week Starting Sunday 16th June**

### **1 Corinthians 11:17-34**

Please remember this is only meant to be a guide and not to be followed question by question. See what your group needs the most. (I don't think you will be able to get through all the question if you don't pick and choose ☺ )

#### **This Week's BIG IDEA**

The Lord's supper is at the centre of our faith and today we want to spend some time sitting at Jesus feet, remembering what he has done for us and the beauty that comes from that place, but also reflecting on how we are taking the communion.

#### **Focussing on God**

Let's start by focusing on what Jesus has done for us and we'll come back to it during our time in the word as well.

<https://www.youtube.com/watch?v=dhU-Omwq2rU>

#### **Getting into Scripture**

Read 1 Corinthians 11:17-34

V17-22

- How can we make sure that nobody would ever have the reason to say that our meetings to more harm than good? Think about Sundays and Lifegroup settings.
- What do you love about your church culture and what would you like to see change?
- Which statement in your opinion is truer, or do you think its equal and why?
  - o The church culture influences the society in a positive way.
  - o The society influences the culture in church.

V23-26

- The "First Lords Supper" was a part of the Passover meal. Why not having an only Bread & Juice/Wine meal where you spend time reflecting and talking about Jesus' sacrifice...here are some thoughts to stir up the remembrance.
  - o Why did God choose the toughest sacrifice?
  - o What do you think was going through Jesus' mind when he sat at the table with the disciples?
  - o Open a gospel account to reflect on the Jesus' final hours: Luke 22-23, Mathew 26-27
- Have a time of worship where you give thanks!

V27

- Why does Paul mention "...guilty of sinning against the body and blood of the Lord."?

V29-32

- Take some time talking about the discipline and grace. Have you had any experience with feeling that discipline was an act of grace?

#### **Prayer**

Let us pray for unity in our church, lifegroups and families and that we would be a people that changes the society from a place of faith like Martin Luther King Jr., Mother Theresa, William Wilberforce, Florence Nightingale and so many more.

Phil. 4:13 'I can do all this through him who gives me strength'.