

Life Group Guide – Week Starting 15th March 2026

Key Scripture: Mark 6:30-44

This week's BIG IDEA

The feeding of the five thousand. This is a story of miraculous provision reflecting the compassion of Jesus and the abundance of his Kingdom. But the miracle happens through the hands of ordinary people. It's a lesson of what can happen when we surrender all that we have and all that we are to Jesus.

Focusing on God

Read Mark 6:30-34, Hebrews 4:15-16 and John 13:1. The story begins with Jesus and his disciples looking for a quiet place to rest. But when Jesus saw the crowd, he pushed through his weariness and served them anyway. Spend time thanking Jesus for his humanity, that he is one of us and knows what it is like to be weary, and for his compassion in pressing through his human weakness to love us to the end. Suggested song: Forever Grateful <https://www.youtube.com/watch?v=GpellLskGwQY>

Discipleship Discussion

Please have Mark 6:35-44 open in front of you:

- V35-36 Can you think of times when you have felt overwhelmed by the level of people's needs around you? Please tell us about it.
- V37-38 When it comes to responding to the needs of people around you, what is in your hands? What could you start with? (think about the opportunities, resources, strengths and gifts you have no matter how inadequate they might feel).
- How does it make you feel knowing that Jesus chooses to use what is in your hands to meet the needs of others?
- V39-40 Think about groups, teams and communities of believers that you have been part of. Please tell us about times that you have received blessing from God through the actions, and words of people in those groups.
- V41-44 Can you think of times when setting out to meet the needs of others has turned into surprising blessing for you? Please tell us about them.

Prayer

- Pray about some of the overwhelming situations that you shared about earlier.
- Ask God to use you as part of his answer to those needs. Pray prayers of surrender, giving God permission to use all that is in your hands.

³⁷ But he answered, "You give them something to eat."