

LIFE GROUP GUIDE – Week Starting Sunday 13th September 2026

Key Scriptures – Genesis 2:25-3:8, John 10:10

This Week's BIG IDEA

This week we begin our new teaching series – **Authentic**. A teaching series, not just a preaching series. Our vision is not just to hear sermons, but to learn together from the truth within them. Life Groups are a vital part of that process – so thank you for committing to leading and being part of one. 😊

Authenticity is a buzz word of the current generation, but what does it mean for us as believers and as a local church. In this series we will seek to answer that question. We will keep coming back to our foundational belief that we are **Image Bearers** and **Kingdom Bringers**. This week we remind ourselves of that phrase but with a special emphasis on our identity as children of God. It is from the security of our identity in God that we can take the risks needed to grow in our authenticity with God and with one another.

Focussing on God

Before discussing anything, spend a few minutes in simple worship and stillness. Encourage the group to slow down, breathe, and become aware of God's presence. Invite the Holy Spirit to help you truly **listen** — not just with your ears, but with open hearts and obedient lives.

These worship songs might help:

https://www.youtube.com/watch?v=70SelutxNWI&list=RD70SelutxNWI&start_radio=1

https://www.youtube.com/watch?v=ywFlrOVW12I&list=RDywFlrOVW12I&start_radio=1

You may want to remind the group that in Scripture, *hearing* God is always connected to *responding* to God. Allow space for prayers of welcome, surrender, and attentiveness.

Missional focus

Although our focus at the start of this series is our own internal authenticity before God and one another, we do not want to lose sight of our missional calling. Take some time to share together:

- Where have you noticed God at work in your everyday life recently?
- Have there been conversations, moments, or opportunities where you were able to show someone the love of God or share a part of your faith?
- Take 5 minutes to pray for those on your lost lists.

Discipleship Discussion

Read together:

- Psalm 139
- Ephesians 2:1-10
- Philippians 1:6
- Philippians 3:7-11
- 2 Corinthians 3:12-18
- Galatians 3:1-5

Use these questions to help discussion – remember it is not a quiz, there are no right answers and you don't have to do complete all of them. 😊

- What do these verses tell us about our identity in Christ?
- Why do you think being sure of our identity is so key to growing in authenticity?
- What excites you about this series and where it might lead us?
- What worries you or stops you being more authentic?

Pray

Take time to pray for one another, remembering to engage the Holy Spirit and eagerly desire the prophetic.