

## **LIFE GROUP GUIDE - Week Starting 2<sup>nd</sup> November 2025**

**Key Scripture/s: Matthew 26:26-30, James 2:17, 1 Corinthians 11:17-34**

### **This Week's BIG IDEA**

A brief outline of this week's key concept

### **Focussing on God**

Why not listen to this song called ['Communion' by Brooke Ligertwood](#) and use it to spring board your own prayers of praise to God. Encourage your group to express their thanksgiving to God for the finished work of Jesus.

### **Missional Prayer (5 mins)**

In light of what Christ has saved you from, spend some time now praying for those in your lives who haven't yet been born again. You might refer to your 'lost lists' as you pray.

### **Missional Feedback (5 mins)**

Give an opportunity for those in your group to share any small missional actions, conversations or encounters (both positive and challenging) from the previous week.

### **Getting into Scripture (30 mins)**

Read Matthew 26:26-30

- Do you think rituals are still an important part of Christian life? If so, why?
- How can performing grace-motivated rituals deepen our walk with God?
- Ask your group to recall the 4 terms used in this week's sermon for the 'breaking of bread' (Communion, The Lord's Supper, Eucharist, Mass) – explore each one of these terms and discuss what they teach us about the meal.
- Are we devoted to the breaking of bread? And what can we do to deepen our devotion to it?

### **Break Bread Together**

Give some time to break bread and drink wine together. As you take it, encourage the group to put into practice some of what they've learnt – expressing thanksgiving, prayers centred on Jesus, a commissioning moment for the week ahead etc.

### **Pastoral Prayer**

Give some space to pray for one another about specific pastoral issues, or thoughts that have arisen during the evening.