

BELIEVE

ENCOUNTERING JESUS IN THE GOSPEL OF JOHN

24 Now Thomas (also known as Didymus), one of the Twelve, was not with the disciples when Jesus came.

25 So the other disciples told him, “We have seen the Lord!”

²⁵he said to them, “Unless I see the nail marks in his hands and put my finger where the nails were, and put my hand into his side, I will not believe.”

The image features a dark blue, starry night sky background. A thick white horizontal bar runs across the top and bottom of the image. In the center of the dark area, the text "Three Common Ingredients of Doubt" is written in a bold, white, sans-serif font.

Three Common Ingredients of Doubt

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1. Disposition

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- 1. Disposition**
- 2. Self-Isolation**

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- 1. Disposition**
- 2. Self-Isolation**
- 3. Contradiction**

26 A week later his disciples were in the house again, and Thomas was with them. Though the doors were locked, Jesus came and stood among them and said, "Peace be with you!"

Remember it was Thomas who insisted earlier -
**"Unless I see the nail marks in his hands and
put my hand into his side, I will not believe
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"Unless I see the nail marks in his hands and put my hand into his side, I will not believe it."

27 he said to Thomas, "Put your finger here; see my hands. Reach out your hand and put it into my side. Stop doubting and believe."



**Jesus knows us best
and still loves us most.**



Jesus said of him:

"Because you have seen me, you have believed. Blessed are those who have not seen and yet have believed."



There is hope for the doubting Thomas's of this world.



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1. Doubting is Normal.

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2. Jesus Welcomes Our Doubts.

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3. Admit Your Doubts

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3. Admit Your Doubts

4. Doubt Your Doubts

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4. Doubt Your Doubts

5. Act on the Faith You Already Have.